

# **ABERDEEN AMATEUR ATHLETIC CLUB**

www.aberdeenaac.co.uk

## **THE 2016 YEAR BOOK**

**INCLUDING CLUB RECORDS  
AND OTHER ITEMS  
OF INTEREST**

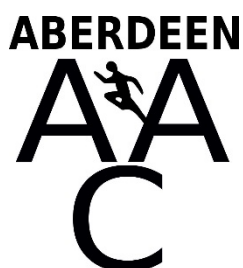
**No. 27**

**2016**

**Free to AAAC Members**

**Club Indoor Records for  
all age groups**

**Club All-time lists of  
Senior Scottish  
Champions**



**Highlights of the Club's  
2014-2015 & 2015 seasons**

**All-time British, European  
and World Champions**



**Scottish Athletics 2015 Club of the Year**

**All the Club's major  
games representatives**

**Club All-time Top 20  
lists - Senior events**

**Club All-time Top 10  
lists - U20, U17 & U15  
events**

**Club All-time Indoor  
Rankings - Senior  
events**

**Club All-time Top 10  
lists – Veteran men &  
women**

**2015 Top 5 Rankings for  
all age groups**

The AAAC Yearbook 2016 is edited and compiled by Denis Shepherd with assistance from Mark Davidson, Lewis Clow, Joyce Hogg, and Bob Masson

## ABERDEEN AAC - MAJOR GAMES REPRESENTATIVES

### Commonwealth Games

1962	Alastair Wood	Marathon
1982	Graham Laing	Marathon
1986	Martin Johnston	400m, 4 x 400m
1986	Fraser Clyne	Marathon
1986	Dawn Kitchen	400m (W)
1990	Mark Davidson	400H, 4x100m, 4x400m
1990	Duncan Mathieson	Dec, 4x400m
1994	Duncan Mathieson	LJ, 4x100m
2014	Zoey Clark	4x400 (W)
2014	Lewis Clow	100 (T37)

### Commonwealth Youth Games

2011	Zoey Clark	400m
2011	Yasmin Milne	100H (U18W)

### World Cup

1985	Fraser Clyne	Marathon
1985	Jack Maitland	Hill
1987	Fraser Clyne	Marathon
1989	Fraser Clyne	Marathon
1989	Ian Matheson	Hill
1992	Fraser Clyne	Hill
1995	Sonia Armitage	Hill (W)
1996	Sonia Armitage	Hill (W)
1997	Tracey Brindley	Hill (W)
1998	Sonia Armitage	Hill (W)
1998	Tracey Brindley	Hill (W)
1999	Sonia Armitage	Hill (W)
2001	Sonia Armitage	Hill (W)
2001	Clare Miller	Hill (W)

### European Championships

1962	Alastair Wood	Marathon
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### European Under-23 Championships

2013	Rhona Auckland	Cross-country (women)
2013	Rhona Auckland	10,000m (women)
2014	Rhona Auckland	Cross-country (women)
2015	Rhona Auckland	10,000m (women)
2015	Zoey Clark	4x400m (women)

### European Junior Championships

2011	Zoey Clark	4x400m (women)
2012	Rhona Auckland	Cross-country (women)
2015	Kelsey Stewart	4x400m (women)

### Paralympic Games

2008	Neil Fachie	100m, 200m
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### World Cross-Country Championships

1980	Sonia McLaren	Women
1981	Fraser Clyne	
1982	Fraser Clyne	
1982	Kathryn Mearns	Women
1983	Fraser Clyne	
1983	Kathryn Mearns	Women
1984	Fraser Clyne	
1984	Kathryn Mearns	Women
1985	Lynda Bain	Women
1986	Fraser Clyne	
2015	Rhona Auckland	Women

### World Student Games

1991	Mark Davidson	400H
1991	Duncan Mathieson	Decathlon

### European Cup

1983	Graham Laing	Marathon
1987	Jim Doig	Marathon
1996	Tracey Brindley	Hill (Women)
1996	Sonia Armitage	Hill (Women)
1997	Tracey Brindley	Hill (Women))
1998	Sonia Armitage	Hill (Women)

1998	Tracey Brindley	Hill (Women))
1999	Tracey Brindley	Hill (Women)
2001	Sonia Armitage	Hill (Women)
2001	Clare Miller	Hill (Women)
2014	Rhona Auckland	10,000m (Women)

## WORLD CHAMPIONS

1974	Alastair Wood	O45 Marathon
1980	James Youngson	O65 Marathon team (SCO)
1985	Dave Clark	O40 25km Road
1990	Don Ritchie	Indoor 24 hours
1999	Colin Youngson	O50 Cross-country team (GB)
2001	Sonia Armitage	O40 women's Hill
2008	Sonia Armitage	Indoor O45 women's 1500m
2010	Sonia Armitage	Indoor O45 women's 800m
2010	Sonia Armitage	Indoor O45 women's 1500m
2013	Laura Mahady	O55 women's 800m
2014	Laura Mahady	Indoor O55 women's 400m
2014	Laura Mahady	Indoor O55 women's 800m
2015	Fiona Davidson	O40 women's TJ

## EUROPEAN CHAMPIONS

1992	Don Ritchie	O40 100km Road
2013	Laura Mahady	Indoor O55 women's 800m
2011	Zoey Clark	U20 women's 4x400m
2014	Rhona Auckland	U23 women's cross-country
2015	Eddie McKenzie	O45 SP
2015	Eddie McKenzie	O45 HT
2015	Stan Walker	Indoor O45 4x200m
2015	Zoey Clark	U23 women's 4x400m

## BRITISH CHAMPIONS

### British Men's Champions

1984	Don Ritchie	100km Road
1985	Don Ritchie	100km Road
1986	Don Ritchie	100km Road
1989	Roddy MacFarquhar	Indoor O45 3000m
1990	Don Ritchie	100km Road
1991	Don Ritchie	24-hour Track
1992	Don Ritchie	24-hour Track
1992	Don Ritchie	100km Road
1992	Colin Youngson	O45 10km Road
1993	Colin Youngson	O45 Marathon
1994	Don Ritchie	24-hour Track
1995	Colin Youngson	O45 Cross-country
1996	Fraser Clyne	O40 Marathon
1998	Colin Youngson	Indoor O50 3000m
1998	Bob Masson	Indoor O50 PV
1999	Colin Youngson	O50 10,000m
2002	Bob Masson	Indoor O50 PV
2003	Colin Youngson	Indoor O55 3000m
2003	Bill Lonsdale	Indoor O50 HJ
2003	Kenny Lyon	Indoor O40 PV
2005	Eddie McKenzie	O35 Dec
2005	Bill Lonsdale	Indoor O50 HJ
2006	Eddie McKenzie	O35 Weight
2006	Eddie McKenzie	O35 Weight Pent
2006	Trevor Madigan	O60 HJ
2006	Bill Lonsdale	O50 TJ
2007	Bill Lonsdale	Indoor O55 HJ
2007	Bill Lonsdale	Indoor O55 TJ
2007	Trevor Madigan	O60 LJ
2007	Bob Masson	O60 Decathlon
2008	Bill Lonsdale	O55 indoor HJ
2014	Mark Davidson	Indoor O45 200m
2015	Trevor Madigan	O70 HJ
2015	Trevor Madigan	Indoor O70 HJ

### British Women's Champions

1989	Joyce Hogg	Indoor O40 SP
1989	Heather Wisley	Indoor O35 1500m
1990	Joyce Hogg	O40 400H

1990	Joyce Hogg	O40 TJ
1997	Janet Lyon	Indoor O35 PV
1998	Janet Lyon	O35 PV
1998	Janet Lyon	Indoor O35 PV
1998	Janet Lyon	O35 PV
2002	Janet Lyon	O40 PV
2003	Janet Lyon	Indoor O40 PV
2005	Kathleen Madigan	O35 100m
2005	Kathleen Madigan	O35 200m
2005	Janet Lyon	O40 100
2005	Janet Lyon	O40 PV
2006	Kathleen Madigan	Indoor O35 60m
2006	Kathleen Madigan	Indoor O35 200m
2006	Kathleen Madigan	O35 100m
2006	Janet Lyon	O40 PV
2007	Kathleen Madigan	O35 100m
2007	Janet Lyon	O45 PV
2009	Laura Mahady	O50 400, 800
2010	Laura Mahady	O50 400, 800
2011	Laura Mahady	O50 400, 800
2012	Janet Lyon	O45 PV
2012	Fiona Davidson	O35 TJ
2013	Fiona Davidson	O40 LJ
2013	Fiona Davidson	O40 TJ
2013	Fiona Davidson	Indoor O40 TJ
2013	Laura Mahady	O55 400
2013	Laura Mahady	O55 800
2013	Laura Mahady	Indoor O55 800
2014	Laura Mahady	O55 400
2014	Laura Mahady	O55 800
2014	Fiona Davidson	Indoor O40 LJ
2014	Fiona Davidson	Indoor O40 TJ
2015	Kathleen Madigan	O45 100m
2015	Rhona Auckland	10,000m
2015	Fiona Davidson	Indoor O40 TJ

#### British Age-group Champions

2002	Iain Donnan	U18 Fell
2003	Iain Donnan	U18 Fell
2006	Alan Wales	U23 1500m
2006	Emma Cloggie	Indoor U20W 400m
2015	Rhona Auckland	U23W 5,000m

#### **SCOTTISH SENIOR CHAMPIONS**

##### SAL (formerly SAAA) Men's Champions

1961	Steve Taylor	3 miles
1961	John Waters	Javelin
1962	Steve Taylor	3 miles
1962	Alastair Wood	Marathon
1964	Alastair Wood	Marathon
1965	Alastair Wood	Marathon
1967	Bill Ewing	Steeplechase
1968	Alastair Wood	Marathon
1970	Steve Taylor	10 miles
1972	Alastair Wood	Marathon
1979	Graham Laing	10000m
1980	Graham Laing	Marathon
1981	Colin Youngson	Marathon
1982	Colin Youngson	Marathon
1983	Peter Wilson	Marathon
1984	George Reynolds	Marathon
1988	Fraser Clyne	Road
1989	Fraser Clyne	Road
1990	Fraser Clyne	Road
1990	Mark Davidson	400H
1990	Duncan Mathieson	Long Jump
1992	Donald Ritchie	100Km Road
1992	Mark Davidson	400H
1992	Fraser Clyne	Marathon
1992	Don Ritchie	100km Road
1993	Fraser Clyne	Marathon
1994	Fraser Clyne	Marathon
1995	Mark Davidson	400H
1995	Duncan Mathieson	Long Jump
1995	Duncan Mathieson	Decathlon
1996	Barry Middleton	400H
1996	Fraser Clyne	Marathon
1997	Barry Middleton	400H
1997	Duncan Mathieson	Decathlon

1999	Barry Middleton	400H
1999	Chris Smith	3000m Steeplechase
2004	Robert Miller	Decathlon
2010	Scot Thompson	Shot
2012	Chukwudi Onyia	TJ
2013	Chukwudi Onyia	TJ
2013	Scot Thompson	Shot
2015	Myles Edwards	1500m
2015	Will MacKay	10,000m
2015	Jools Peters	Decathlon

##### SAL (formerly SAAA) Men's Indoor Champions

1988-89	Mark Davidson	400m
1989-90	Paul Allan	Heptathlon
1990-91	Mark Davidson	400m
1990-91	Duncan Mathieson	Long Jump
2003-04	Robert Miller	Long Jump
2009-10	Scot Thompson	Shot
2012-13	Sam Lyon	LJ
2013-14	Chukwudi Onyia	TJ
2013-14	S Dunlop, R Shaw, E Calder, G Irvine	4x200
2014-15	Myles Edwards	1500m
2015-16	Stephen Dunlop	200m

##### SAL (formerly SWAAA) Women's Champions

1955	Pat Bellamy	High Jump
1956	Pat Bellamy	High Jump
1956	Alice Robertson	100 yards
1956	Alice Robertson	220 yards
1959	Gwen Summers	Javelin
1960	Gwen Summers	Javelin
1962	Gwen Watt	Javelin
1985	K Madigan, J Edon, D Kitchen, C Sheehan	Medley
1986	Dawn Kitchen	400m
1990	Shona Simpson	Heptathlon
1991	Helen Cowe	Shot
1992	Helen Cowe	Shot
1992	Helen Cowe	Discus
1992	Linda Davidson	Long Jump
1993	Linda Davidson	Triple Jump
1994	Debbie Kilner	10km Road
1995	Helen Cowe	Discus
1995	Linda Davidson	Long Jump
1996	Susan Hendry	800m
1996	Sonia Armitage	Hill Running
1997	Sarah Still	Heptathlon
1999	Sarah Still	Long Jump
2006	Nicola Gauld	1500m
2007	Nicola Gauld	1500m
2011	Catriona Pennet	100H
2014	Jade Halket	Heptathlon
2015	Zoey Clark	400m

##### SAL Women's Indoor Champions

1999-		
-2000	Sarah Still	Long Jump
2003-04	Nicola Gauld	1500m
2009-10	Sonia Armitage	1500m
2012-13	Zoey Clark	60m
2014-15	Zoey Clark	60m
2015-16	Kelsey Stewart	400m

##### SAL (formerly SWCCU) Cross-country Champions

1959	Agnes Paterson	Cross-country
1985	Lynda Bain, Sonia McLaren, Janine Robertson	Road Relays
1996	Debbie Kilner	Cross-country
1999	Tracey Brindley, Claire Miler, Carin Hume	Cross-country team
2012	Rhona Auckland	4km Cross-country
2014	Rhona Auckland	Cross-country
2014	Rhona Auckland	4km Cross-country

**WORLD CHAMPIONS, 2014-15**

**Veteran Women (Over 40):**

Fiona Davidson TJ

**EUROPEAN CHAMPIONS, 2014-15**

**Veteran Men (Over 45):**

Stan Walker Indoor 4x200m  
Eddie McKenzie SP, HT

**Under-23 Women:**

Rhona Auckland Cross-country  
Zoey Clark 4x400m

**BRITISH CHAMPIONS, 2014-15**

**Veteran Men (Over 70)**

Trevor Madigan HJ, Indoor HJ

**Women:**

Rhona Auckland 10,000m

**Under-23 Women:**

Rhona Auckland 5000m

**Veteran Women (Over 40):**

Fiona Davidson Indoor TJ

**Veteran Women (Over 45):**

Kathleen Madigan 100

**SCOTTISH CHAMPIONS, 2014-15**

**Senior Men**

Myles Edwards 1500  
Will MacKay 10,000  
Jools Peters Dec  
Matthew Kilner, Michael Ferguson,  
James Joy 3x800

**Under-17 Men**

Aaron Odentz, Charlie Beeson, Stewart Millar  
3x800

**Under-15 Boys:**

Harry Hall 800

**Veteran Men (Over 45):**

Stan Walker 100, 200  
James Macgregor HJ

**Veteran Men (Over 65):**

Alan Fulton 400, 800, Indoor 400, 800  
Colin Youngson 1500  
Bob Masson DT, JT

**Veteran Men (Over 70):**

Trevor Madigan HJ, LJ  
Indoor 60, HJ, LJ

**Senior Women**

Zoey Clark 400  
Rhona Auckland 4km cross-country

**Under-20 Women**

Kelsey Stewart 400

**Under-17 Women:**

Rebecca Matheson 100  
Alix Still 80H, Hept  
Rhia Badial, Katie Forbes, Alix Still, Rebecca Matheson  
4x100

**Veteran Women (Over 40):**

Fiona Davidson LJ, TJ  
Indoor LJ

**Veteran Women (Over 45):**

Kathleen Madigan 100  
Indoor 60

**Veteran Women (Over 50):**

Penny Johnson 200  
Sonia Armitage Indoor 1500

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## QUICK QUIZ

Test your knowledge of athletics and particularly Aberdeen AAC with the following quick quiz. Again it's multi-choice (with only one correct answer for each question) so at least you have a slim chance of getting full marks even if you don't know any of the answers!

- 1 Which current AAAC member was a AAA age-group indoor hurdles champion in 1980?  
A Mark Davidson      B Tom Leeson      C James Macgregor      D Eddie McKenzie
- 2 Which former AAAC athlete, now running for Thames Valley Harriers, set a fastest stage time in the 2015 ERRA (English) road relay championships in Birmingham?  
A Tracy Barlow      B Christie Noble      C Darren Shinnie      D Chris Smith
- 3 Who was Aberdeen AAC's only winner and medallist at the East District cross-country championships in January 2011?  
A Sam Burgess      B. Rebecca Eggeling      C Ben Hukins      D Eilidh Prise
- 4 Where was the Aberdeen AAC "Shire Harriers Open Meeting" held in 1986?  
A Balgownie      B Dundee      C Linkfield      D Meadowbank
- 5 Who won two "A" events for AAAC at the final of the 2015 Petrofac League?  
A Lewis Bisset      B Ryan Hewitson      C Scott Macgregor      D Ben Renton
- 6 Aberdeen AAC athletes won all the under-17 women's events at the 2015 Petrofac final except which one?  
A 100m      B 800m      C High jump      D Discus
- 7 Alan Bews, one of the AAAC members recently given honorary life membership, has for many years represented the club as an official in which capacity?  
A Field judge      B Marksman      C Timekeeper      D Track judge
- 8 Which AAAC member struck relay gold in the 2013 Sainsbury's Schools Games in Sheffield?  
A Ewan Calder      B Steven Murray      C Bruce Sorbie      D Kelsey Stewart
- 9 What colour are the lines between which you must stand and run during a 4x400m relay changeover?  
A Blue      B Green      C White      D Yellow
- 10 Which one of these famous AAAC members has never served as club president?  
A Trevor Madigan      B Miller Mathieson      C John Shepherd      D Hunter Watson

Answers on Page 18



**Ally Love looks delighted with the club's award. Not so sure Steve Cram is as happy as Ally though.**

## CROSS-COUNTRY, 2014-2015

### International & Representative Matches

#### IAAF World Championships

##### Guiyang, China, March 28<sup>th</sup>, 2015

###### **Women (8km):**

Rhona Auckland: 19<sup>th</sup> (2<sup>nd</sup> Briton), 28:17 (winner: Agnes Jebet Tirop, Kenya, 26:01)

#### European Championships

##### Samokov, Bulgaria, December 14<sup>th</sup>, 2014

###### **Under-23 women (6km):**

Rhona Auckland: 1<sup>st</sup>, 22:23 (won by 2 sec from Militsa Rirdeva, Bulgaria).

British team 2<sup>nd</sup>

#### Scottish Inter District

##### Holyrood Park, Edinburgh, January 10<sup>th</sup>, 2015

###### **Senior & Junior men (8km):**

Michael Ferguson (Scottish Students): 7<sup>th</sup> (first U20), 28:13 (winner: Daniel Cliffe, North of England, 27:13). Team: 1 North of England 51pt; 2 East 72; 3 Scottish Students 90

###### **Under-17 men (6km):**

Conor O'Riordan: 29<sup>th</sup>, 24:00 (winner: Connor MacLean, North, 20:58. Team: 1 East 30; 2 West 77; 3 North 105

###### **Under-13 boys (3km):**

Harry Hall: 7<sup>th</sup>, 13:08 (winner: Hamish Armit, West, 12:30). Team: 1 West 33; 2 East 59; 3 North 135

###### **Senior women (6km):**

Ellie Buchan (Scottish Students): 38<sup>th</sup>, 27:07 (winner: Morag MacLarty, Central AC, 23:17). Team: 1 East 43; 2 West 122; 3 Scottish Students 129

###### **Under-17 women (4km):**

Lucy McLeod: 13<sup>th</sup>, 18:27; Lise Theron: 25<sup>th</sup>, 19:40 (winner: Gilliam Black, West, 15:55). Team: 1 West 26; 2 East 81

### Scottish Medallists

#### Scottish 4km Championships

##### Bellahouston, Glasgow, November 9<sup>th</sup>, 2014

###### **Senior women:**

Rhona Auckland: 1st, 13:38 (won by 10 sec from Maddie Murray, Edinburgh AC)



Rhona Auckland proudly shows her silver medal from the European U23 10,000m Championships

#### Scottish Championships

##### Falkirk, February 22<sup>nd</sup>, 2015

###### **Under-15 girls (4km):**

Naomi Lang: 2<sup>nd</sup>, 14:28 (winner: Erin Wallace, Giffnock North, 14:16)

## District Medallists

### East District Championships

#### Camperdown, Dundee, December 6<sup>th</sup>, 2014

##### **Under-20 men (8km):**

Michael Ferguson: 1<sup>st</sup>, 27:03 (won by 21sec from Dale Colley, Central AC)

##### **Under-13 boys (3.2km):**

Harry Hall: 1<sup>st</sup>, 11:46 (won by 17sec from David Addison, Corstorphine AAC)

Harry Hall, Adam Brown (13<sup>th</sup>), Adam Robertson (22<sup>nd</sup>): 2<sup>nd</sup> team, 36pt (winners: Edinburgh AC, 29)

##### **Under-17 women (5km):**

Lucy McLeod (5<sup>th</sup>), Lise Theron (8<sup>th</sup>), Emily Cossar (13<sup>th</sup>): 3<sup>rd</sup> team, 26pt (winners: Edinburgh AC 13)

##### **Under-15 girls (4km):**

Naomi Lang: 3<sup>rd</sup>, 15:31 (winner: Eloise Walker, Edinburgh AC, 15:06)

## Club Champions

### Club Championships

#### Balgownie, March 15<sup>th</sup>, 2015 (race winners & points winners for the season)

**Senior men:** Andrew Ferguson (points: James Joy)

**Veteran:** Athol Burnett (also won points)

**Under-20:** Michael Ferguson (points: Jordan Chapman)

**Under-17:** Conor O'Riordan (also points)

**Under-15:** Jack Gillespie (also points)

**Under-13:** Harry Hall (also points)

**Under-11:** Lewis Watt (also points)

**Senior women:** Gemma Cormack (points only)

**Veteran:** Veronique Oldham (also points)

**Under-20:** Katie Watson (also points)

**Under-17:** Eva Prato Luna (points: Lise Theron)

**Under-15:** Rebecca Eggeling (points: Talia Mathers)

**Under-13:** Kirsty Oldham (points: Eilidh Dempsey)

**Under-11:** Adele Gillespie (also points)



Senior Men's cross country team – from left to right: Jordan Chapman, Michael Ferguson, Andrew Ferguson, Callum Symmons, Mathew Kilner, Euan Webster, Will Mackay, James Joy



## CROSS-COUNTRY, 2015-2016

### International & Representative Matches

#### Great Britain and Ireland Masters' International Dublin, November 14<sup>th</sup>, 2015

##### **Over-65 men (6km)**

Colin Youngson: 14<sup>th</sup> (3<sup>rd</sup> Scot), 26:39 (winner: Martin McEvilly, Ireland, 23:21)  
Scotland 3<sup>rd</sup> team

##### **Over-55 women (6km)**

Sonia Armitage: 9<sup>th</sup> (2<sup>nd</sup> Scot), 25:37 (winner: Clare Donald, England, 23:48)  
Scotland 3<sup>rd</sup> team

#### Celtic Nations International

##### Holyrood Park, Edinburgh, January 9<sup>th</sup>, 2016

##### **Under-17 women (4km):**

Naomi Lang: 10<sup>th</sup>, 16:36 (winner: Erin Wallace, Scotland, 15:09)

#### Scottish Inter District

##### Holyrood Park, Edinburgh, January 9<sup>th</sup>, 2016

##### **Senior & Junior men (8km):**

Michael Ferguson (Scottish Students): 5<sup>th</sup>, 26:41; Will Mackay (East): 15<sup>th</sup>, 27:14 (winner: Andrew Douglas, West, 26:16). Team: 1 West 52pt; 2 Scottish Students 81; 3 East 82

##### **Under-17 men (6km):**

Conor O'Riordan: 19<sup>th</sup>, 22:07; Aaron Odentz: 21<sup>st</sup>, 22:25 (winner: Ben Greenwood, East, 21:08)

##### **Under-15 boys (4km):**

Harry Hall: 19<sup>th</sup>, 14:55 (winner: Robert Sparks, East, 13:59)

##### **Under-13 boys (3km):**

Samuel Griffin: 35<sup>th</sup>, 12:22 (winner: Lewis Dow, East, 10:54)

##### **Senior women (6km):**

Ellie Buchan (Scottish Students): 14<sup>th</sup>, 24:08; Gemma Cormack: 23<sup>rd</sup>, 24:31 (winner: Fionnuala Ross, West,

22:40). Team: 1 Scottish Students 62pt; 2 East 70; 3 West 75

##### **Under-17 women (4km):**

Rebecca Eggeling: 7<sup>th</sup>, 16:05; Naomi Lang: 13<sup>th</sup>, 16:36; Anisha Badial: 22<sup>nd</sup>, 17:27 (winner: Erin Wallace, West, 15:09). Team: 1 East 32; 2 West 73; 3 North 98

##### **Under-15 girls (4km):**

Kirsty Oldham: 24<sup>th</sup>, 16:56 (winner: Heather Barnes, West, 15:15)

### Scottish Medallists

#### Scottish Masters' Championships

##### Forres, January 30<sup>th</sup>, 2016

##### **Over-45 women:**

Veronique Oldham: 1<sup>st</sup>, 25:33 (won by 8 sec from Shona Robertson, Shettleston Harriers)

##### **Over-50 women:**

Sonia Armitage: 1<sup>st</sup>, 28:01 (won by 26 sec from Isobel Burnett, Carnegie Harriers)

### District Medallists

#### East District Championships

##### Livingston, December 12<sup>th</sup>, 2015

##### **Under-15 boys (3.9km):**

Harry Hall (6<sup>th</sup>), Jack Gillespie (17<sup>th</sup>), Nicholas Tierney (18<sup>th</sup>): 3<sup>rd</sup> team, 41pt (winners: Central, 16)

##### **Veteran women 40-49 (6.4km):**

Veronique Oldham: 3<sup>RD</sup>, 26:20 (winner: Megan Wright, Hunters Bog Trotters, 25:44)

##### **Over-40 women:**

Veronique Oldham (4<sup>TH</sup>), Sonia Armitage (19<sup>th</sup>), Rhona Buchan (20<sup>th</sup>): 3<sup>rd</sup> team, 43pt (winners: Gala Harriers 20)

##### **Under-17 women (5.1km):**

Naomi Lang: 2<sup>nd</sup>, 18:31 (winner: Kate Gallagher, Central AC, 18:23)

Naomi Lang, Rebecca Eggeling (6<sup>th</sup>), Anisha Badial (9<sup>th</sup>): 1<sup>st</sup> team, 17pt (won by 9 from Central AC)

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## INDOOR TRACK & FIELD, 2014-2015

### International & Representative Matches

#### British and Scottish International Representative Match

##### Emirates Arena, January 24<sup>th</sup>, 2015

###### **Men:**

Myles Edwards: 4<sup>th</sup>, 1500m (3:50.47)

###### **Women:**

Zoey Clark, Kelsey Stewart: 2<sup>nd</sup> 4x400m (3:37.60)

### European Medallists

#### European Masters' Championships

##### Torun, Poland, March 24<sup>th</sup>-28<sup>th</sup>, 2015

###### **Over-45 men:**

Stan Walker: 1<sup>st</sup>, 4x200m (95.31)

###### **Over-40 women:**

Fiona Davidson: 3<sup>rd</sup>, LJ (4.92m); 2<sup>nd</sup>, TJ (10.93m)

### British Medallists

#### British Masters' Championships

##### Lee Valley, March 7<sup>th</sup> 8<sup>th</sup>, 2015

###### **Over-45 men**

Stan Walker: 2<sup>nd</sup>, 200m (25.10)

###### **Over-70 men:**

Trevor Madigan: 2<sup>nd</sup>, 60m (9.14); 2<sup>nd</sup>, 200m (31.60); 1<sup>st</sup>, HJ (1.25m); 2<sup>nd</sup>, LJ (4.03m)

###### **Over-40 women:**

Fiona Davidson: 2<sup>nd</sup>, LJ (4.89m); 1<sup>st</sup>, TJ (9.97m)

###### **Over-45 women:**

Kathleen Madigan: 3<sup>rd</sup>, 60m (8.81); 2<sup>nd</sup>, 200m (29.66)

### Scottish Medallists

#### 3,000m Championships

##### Emirates Arena, January 3<sup>rd</sup>, 2015

###### **Men:**

Myles Edwards: 3<sup>rd</sup>, 3,000m (8:23.10).

#### Veteran Championships

##### Emirates Arena, January 31<sup>st</sup>, 2015

###### **Over-45 men:**

Stan Walker: 3<sup>rd</sup>, 60m (7.93); 2<sup>nd</sup>, 200m (25.07).

###### **Over-65 men:**

Alan Fulton: 1<sup>st</sup>, 400m (72.31); 1<sup>st</sup>, 800m (2:59.37).

###### **Over-70 en:**

Trevor Madigan: 1<sup>st</sup>, 60m (9.02); 1<sup>st</sup>, HJ (1.21m); 1<sup>st</sup>, LJ (3.97m).

###### **Over-40 women:**

Fiona Davidson: 1<sup>st</sup>, LJ (4.93m).

###### **Over-45 women:**

Kathleen Madigan: 1<sup>st</sup>, 60m (8.78); 2<sup>nd</sup>, 200m (29.13)

###### **Over-50 women:**

Sonia Armitage: 2<sup>nd</sup>, 800m (2:32.59); 1<sup>st</sup>, 1500m (5:18.28)

#### Senior Championships

##### Emirates Arena, February 1<sup>st</sup>, 2015

###### **Men:**

Myles Edwards: 1<sup>st</sup>, 1500m (3:56.59)

###### **Women:**

Zoey Clark: 1<sup>st</sup>, 60m (7.58); 1<sup>st</sup>, 200m (23.96)

Catriona Pennet: 3<sup>rd</sup>, 60H (8.86)



Kelsey Stewart



Myles Edwards



Zoey Clark



Our masters with their medal hall from the British Indoor Championships – Kathleen Madigan, Stan Walker, Trevor Madigan and Fiona Davidson.

**Scottish Under-17 and Under-13 Championships**  
**Emirates Arena, February 14<sup>th</sup>, 2015**

**Under-17 Men:**

Stewart Millar: 3<sup>rd</sup>, 800m (1:57.89)

**Scottish Under-20 and Under-15 Championships**  
**Emirates Arena, February 15<sup>th</sup>, 2015**

**Under-20 men:**

Daniel Rees: 3<sup>rd</sup>, 400m (51.07)

Calum Symmons: 2<sup>nd</sup>, 1,500m (4:13.58)

Ryan Hewitson: 2<sup>nd</sup>, 60H (8.50)

**Under-15 boys:**

Lewis Bisset: 3<sup>rd</sup>, 60m (7.70)

Harry Hall: 1<sup>st</sup>, 800m (2:13.66)

John Angus: 2<sup>nd</sup>, SP (10.60m)

**Under-20 women:**

Kelsey Stewart: 1<sup>st</sup>, 400m (56.16)

**INDOOR TRACK & FIELD, 2015-2016**

**Scottish Medallists**

**Senior and Under-17 Championships**  
**Emirates Arena, January 30<sup>th</sup>, 2016**

**Men:**

Stephen Dunlop: 1<sup>st</sup>, 200m (21.86)

Hamish Leeson: 3<sup>rd</sup>, PV (3.00m)

**Women:**

Kelsey Stewart: 1<sup>st</sup>, 400m (57.10)

Catrina Pennet: 2<sup>nd</sup>, 60H (8.88)

**Under-17 women:**

Katie Forbes: 1<sup>ST</sup>, 60m (7.93); 1<sup>st</sup>, LJ (5.61m)

Alix Still: 2<sup>nd</sup>, 60H (9.03)

Grace Carter: 3<sup>rd</sup>, 60H (9.04)

Kate MacKay: 1<sup>st</sup>, HJ (1.66m); 2<sup>nd</sup>, TJ (10.48m)

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## ROAD RUNNING, 2015

### Club Champions

#### 10km Championships Inverurie, March 22<sup>nd</sup>, 2015

**Men:** Michael Simpson 37:17

**Women:** Nicola Gauld 36:23

#### Half-Marathon Championships Dyce, August 16th, 2015

**Men, over-40 and over-50:** Ray Creswell 82:56

**Women:** Kerry Prise 85:56

## FELL RUNNING, 2015

### International & Representative Matches

#### Home Countries Junior International Betws y Coed, September 19<sup>th</sup>, 2015

##### Under-20 women (4.7km/240m):

Lucy McLeod: 12<sup>th</sup>, 25:14 (winner: Megan Carter-Davies, Wales, 22:29)

### Scottish Medallists

#### Points Championships (based on best 4 from 6 races)

##### Women Over-40:

Veronique Oldham: 2<sup>nd</sup>, 160pt (winner: Shona Robertson, Shettleston Harriers, 164)

## TRAIL RUNNING, 2015

### International & Representative Matches

### Scottish Medallists

#### Scottish Mid-Trail Championships

##### Falkland, September 5<sup>th</sup>, 2015

##### Under-17 women (5km):

Anisha Badial: 1<sup>st</sup>, 24:34 (won by 14sec from Heather Addison, East Kilbride AC)



Lewis Clow



Union Street Mile – Mathew Kilner, James Joy, Will MacKay and Lukasz Czyzycki

## TRACK & FIELD, 2015

### International & Representative Matches

#### Fazaa International (IPC Grand Prix) Dubai, February 23<sup>rd</sup>-25<sup>th</sup>, 2015

##### Men T37:

Lewis Clow: 4<sup>th</sup>, 100m (13.05); 4<sup>th</sup>, 200m (27.07)

#### Sharjah International Open

##### Sharjah, UAE, February 27<sup>th</sup>-28<sup>th</sup>, 2015

##### Men T37:

Lewis Clow: 1<sup>st</sup>, 100m (12.65); 2<sup>nd</sup>, 200 (26.70)

#### Loughborough International

##### Loughborough, May 17<sup>th</sup>, 2015

##### Men:

Myles Edward: 7<sup>th</sup>, 1500m (3:50.84)

##### Women:

Zoey Clark: 2<sup>nd</sup>, 400m (53.62)

Zoey Clark and Kelsey Stewart: 2<sup>nd</sup>, 4x400m (Scotland) (3:38.01)

#### British Schools International

##### Grangemouth, July 18<sup>th</sup>, 2015

##### Under-17 men:

Stewart Millar: 6<sup>th</sup>, 800m (1:58.46)

##### Under-17 women:

Alix Still: 7<sup>th</sup>, 80H (11.89)

#### Sainsbury's Anniversary Games

##### Olympic Park, London, July 25<sup>th</sup>, 2015

##### Women:

Rhona Auckland: 7<sup>th</sup> (15:27.60)

#### EAP International Combined Events Meeting

##### Hexham, July 25<sup>th</sup>-26<sup>th</sup>, 2015

##### Under-17 women:

Alix Still: 2<sup>nd</sup>, Hept (4250)

#### Celtic Games

##### Dublin, August 1<sup>st</sup>, 2015

##### Under-16 women:

Alix Still: 2<sup>nd</sup>, 80H (11.81);

## **CPIRSA World Games**

**Nottingham, August 13<sup>th</sup>-15<sup>th</sup>, 2015**

### **Men T37:**

Lewis Clow: 4<sup>th</sup>, 100m (13.20); 3<sup>rd</sup>, 200m (26.97); 4<sup>th</sup>, 400m (66.07);

### **World Medallists**

## **World Masters Championships**

**Lyon, France, August 15<sup>th</sup>, 2015**

### **Women Over-40:**

Fiona Davidson: 1<sup>st</sup>, TJ (11.35m)

### **European Medallists**

## **European Under-23 Championships**

**Tallinn, Estonia, July 12<sup>th</sup>, 2015**

### **Under-23 women:**

Rhona Auckland: 2<sup>nd</sup>, 10,000m (32:22.79)

Zoey Clark: 1<sup>st</sup>, 4x400m (GB) (3:30.07)

## **European Masters Games**

**Nice, October 3<sup>rd</sup>-6<sup>th</sup>, 2015**

### **Over-45 men:**

Eddie McKenzie: 1<sup>st</sup>, SP (10.90m); 3<sup>rd</sup>, DT (30.40m); 1<sup>st</sup>, HT (29.55m)

### **British Medallists**

## **British 10,000m Championships**

**Parliament Hill, May 16<sup>th</sup>, 2015**

### **Women:**

Rhona Auckland: 1<sup>st</sup> (32:28.32)

## **England Athletics Under-23 and Under-20 Championships**

**Bedford, June 21<sup>st</sup>, 2015**

### **Under-23 women:**

Zoey Clark: 2<sup>nd</sup>, 400m (53.73)

Rhona Auckland: 1<sup>st</sup>, 5000m (15:59.21)

## **British Masters' Championships**

**Birmingham, July 25<sup>th</sup>-26<sup>th</sup>, 2015**

### **Over-70 men:**

Trevor Madigan: 1<sup>st</sup>, HJ (1.24m); 2<sup>nd</sup>, LJ (4.12m)

### **Over-45 women:**

Kathleen Madigan: 1<sup>st</sup>, 100m (13.72); 3<sup>rd</sup>, 200m (29.14)

## **British Masters' Decathlon and Heptathlon Championships**

**Birmingham, September 19<sup>th</sup>-20<sup>th</sup>, 2015**

### **Over-45 men:**

Eddie McKenzie: 2<sup>nd</sup>, Dec (4451); 3<sup>rd</sup>, Wt Pent (2534)

### **Scottish Medallists**

## **Scottish 10,000m Championships**

**Hutcheson's, Glasgow, April 17<sup>th</sup>, 2015**

### **Senior men:**

Will MacKay: 1<sup>st</sup>, 10,000m (30:30.35)

## **Scottish Masters Championships**

**Grangemouth, July 11<sup>th</sup>, 2015**

### **Over-40 men:**

John McKeown: 2<sup>nd</sup>, 100m (12.39); 2<sup>nd</sup>, 200m (25.63)

### **Over-45 men:**

Stan Walker: 1<sup>st</sup>, 100m (12.01); 1<sup>st</sup>, 200m (24.35)

James Macgregor: 1<sup>st</sup>, HJ (1.63m)

### **Over-65 men:**

Alan Fulton: 1<sup>st</sup>, 400m (75.60); 1<sup>st</sup>, 800m (2:51.1)

Colin Youngson: 1<sup>st</sup>, 1500m (5:59.6); 3<sup>rd</sup>, 5000m (21:44.6)

Bob Masson: 1<sup>st</sup>, DT (36.43m); 1<sup>st</sup>, JT (31.15m)

### **Over-70 men:**

Trevor Madigan: 2<sup>nd</sup>, 100m (14.96); 1<sup>st</sup>, HJ (1.25m); 1<sup>st</sup>, LJ (3.97m)

### **Over-40 women:**

Fiona Davidson: 1<sup>st</sup>, LJ (5.25m); 1<sup>st</sup>, TJ (10.44m)

### **Over-45 women:**

Kathleen Madigan: 1<sup>st</sup>, 100m (13.78); 2<sup>nd</sup>, 200m (28.90)

### **Over-50 women:**

Penny Johnson: 2<sup>nd</sup>, 100m (15.32); 1<sup>st</sup>, 200m (32.31)

Sonia Armitage: 2<sup>nd</sup>, 800m (2:34.7); 2<sup>nd</sup>, 1500m (5:28.0)

## **Scottish Combined Events Championships**

**Grangemouth, July 11<sup>th</sup>-12<sup>th</sup>, 2015**

### **Senior men:**

Jools Peters: 1<sup>st</sup>, Dec (4,967)

### **Under-20 men:**

Daniel Rees: 2<sup>nd</sup>, Dec (5852)

### **Under-17 women:**

Alix Still: 1<sup>st</sup>, Hept (4,412)

## **Scottish Relay Championships**

**Grangemouth, July 12<sup>th</sup>, 2015**

### **Senior men:**

Matthew Kilner, Michael Ferguson, James Joy: 1<sup>st</sup>, 3x800m (5:57.90)

### **Under-17 men:**

Aaron Odentz, Charlie Beeson, Stewart Millar: 1<sup>st</sup>, 3x800m (6:14.37)

## **Scottish Senior Championships**

**Aberdeen, August 15<sup>th</sup>-16<sup>th</sup>, 2015**

### **Men:**

Stephen Dunlop: 3<sup>rd</sup>, 100m (10.84)

Myles Edwards: 1<sup>st</sup>, 1500m (3:54.20)

Jools Peters: 2<sup>nd</sup>, PV (3.70m)

Sam Lyon: 2<sup>nd</sup>, TJ (14.81m)

### **Women:**

Zoey Clark: 1<sup>st</sup>, 400m (53.31)

Kelsey Stewart: 3<sup>rd</sup>, 400m (56.11)

Emma Leask: 3<sup>rd</sup>, 800m (2:11.12)

Gemma Cormack: 3<sup>rd</sup>, 1500m (4:29.94)

Catriona Pennet: 2<sup>nd</sup>, 100H (14.61)

## **Scottish Relay Championships**

**Aberdeen, August 16<sup>th</sup>, 2015**

### **Under-15 Boys:**

Arron Phommavanh, Harry Hall, John Angus, Lewis Bisset: 3<sup>rd</sup>, 4x100m (48.55)

### **Under-17 Women:**

Rhia Badial, Katie Forbes, Alix Still, Rebecca Matheson: 1<sup>st</sup>, 4x100m (48.74)

**Scottish Age Group Championships**  
**Grangemouth, August 22<sup>nd</sup>-23<sup>rd</sup>, 2015**

**Under-20 men:**

Ryan Hewitson: 3<sup>rd</sup>, 110H (15.69)

Daniel Rees: 2<sup>nd</sup>, 400H (56.48)

**Under-17 men:**

Ben Renton: 3<sup>rd</sup>, 400m (51.79)

Stewart Millar: 2<sup>nd</sup>, 800m (1:59.09)

**Under-15 boys:**

Harry Hall: 1<sup>st</sup>, 800m (2:07.42)

Jack Gillespie: 2<sup>nd</sup>, 800m (2:07.73)

Robbie Farquhar: 2<sup>nd</sup>, TJ (11.86m)

**Under-20 women:**

Kelsey Stewart: 1<sup>st</sup>, 400m (56.23)

Erin Runcie: 2<sup>nd</sup>, DT (31.94m)

**Under-17 women:**

Rebecca Matheson: 1<sup>st</sup>, 100m (12.64); 2<sup>nd</sup>, 200m (25.47)

Naomi Lang: 2<sup>nd</sup>, 1500m (4:39.60)

Alix Still: 1<sup>st</sup>, 80H (11.87)

Grace Carter: 3<sup>rd</sup>, 80H (12.09)

Katie Forbes: 2<sup>nd</sup>, LJ (5.27m)

**District Medallists**

**East District Championships**

**Grangemouth, May 22<sup>nd</sup>-23<sup>rd</sup>, 2015**

**Senior men:**

James Macgregor: 1<sup>st</sup>, HJ (1.60m)

**Under-20 men:**

Ewan Calder: 2<sup>nd</sup>, 400m (52.11)

Matthew Kilner: 3<sup>rd</sup>, 800m (2:00.06)

Ryan Hewitson: 2<sup>nd</sup>, 110H (15.23); 2<sup>nd</sup>, HJ (1.90m)

Grant Robertson: 3<sup>rd</sup>, HJ (1.70m)

Conor Hewitson: 3<sup>rd</sup>, SP (9.32m)

**Under-17 men:**

Scott Macgregor: 3<sup>rd</sup>, 100H (15.29); 3<sup>rd</sup>, 400H (70.63); 3<sup>rd</sup>, HJ (1.65m)

**Under-15 boys:**

Lewis Bisset: 1<sup>st</sup>, 200m (24.19)

Harry Hall: 2<sup>nd</sup>, 800m (2:06.87)

Jack Gillespie: 2<sup>nd</sup>, 1500m (4:29.93)

John Angus: 2<sup>nd</sup>, SP (10.24m); 1<sup>st</sup>, DT (30.80m); 2<sup>nd</sup>, HT (28.63m)

**Senior women:**

Zoey Clark: 1<sup>st</sup>, 400m (53.76)

Gemma Cormack: 1<sup>st</sup>, 1500m (4:36.76)

Catriona Pennet: 1<sup>st</sup>, 100H (14.57)

Marie Dobson: 1<sup>st</sup>, 400H (66.22)

**Under-20 women:**

Kelsey Stewart: 2<sup>nd</sup>, 200m (24.82); 1<sup>st</sup>, 400m (55.10)

Grace Angus: 2<sup>nd</sup>, LJ (4.84m)

Erin Runcie: 2<sup>nd</sup>, SP (8.90m); 1<sup>st</sup>, DT (30.48m); 2<sup>nd</sup>, HT (28.59m)

**Under-17 women:**

Katie Forbes: 3<sup>rd</sup>, 100m (12.86); 1<sup>st</sup>, LJ (5.15m)

Naomi Lang: 3<sup>rd</sup>, 1500m (4:40.48)

Georgia Summers: 1<sup>st</sup>, 80H (12.23)

Kate MacKay: 3<sup>rd</sup>, 300H (48.17); 3<sup>rd</sup>, HJ (1.55m)

Iona Colquhoun: 3<sup>rd</sup>, JT (27.53m)



Naomi Lang

**North District Championships**

**Inverness, May 23<sup>rd</sup>, 2015**

**Senior men:**

Edward McKenzie: 1<sup>st</sup>, PV (2.50m); 2<sup>nd</sup>, SP (9.99m); 2<sup>nd</sup>, DT (29.67m); 1<sup>st</sup>, HT (27.41m)

**Under-13 boys:**

Ryan Matheson: 2<sup>nd</sup>, 100m (14.29); 3<sup>rd</sup>, 200m (30.074)

**Under-20 women:**

Alison Horne: 1<sup>st</sup>, SP (9.83m); 1<sup>st</sup>, DT (27.63m)

**Under-17 women:**

Rebecca Matheson: 1<sup>st</sup>, 100m (12.97); 1<sup>st</sup>, 200m (26.69)



Anisha Badial

# Club Champions

## Senior men:

Robbie Shaw (sprints)  
No award (middle distance)  
Sam Lyon (jumps)  
Eddie McKenzie (throws).

## Under-20:

David McLean (track)  
Kieran Gauld (field)

## Under-17:

Areeb Sherjil (track)  
Callum Davidson (field)

**Veteran:** Eddie McKenzie

**Veteran Over 40:** Eddie McKenzie

**Veteran Over 50:** James Macgregor

**Overall age-graded:** James Macgregor

## Boys

**Under-15:** Murray Addison

**Under-13:** Ryan Matheson

**Under-11:** Callum McGregor

## Senior women:

Marie Dobson (sprints)  
No award (middle distance)  
No award (jumps)  
Erin Runcie (throws)

## Under-20:

Sophia Hamilton (track)  
No award (field)

## Under-17:

Rebecca Matheson (track)  
Kate MacKay (field)

**Veteran:** No awards

## Girls

**Under-15:** Carmen Neat

**Under-13:** Ella Sherwood

**Under-11:** Angela Kell

AAAC would like to thank

*Friends of Aberdeen AAC*

for providing trophies for all the Club Track and Cross-Country Championships



U13 girls who took part in the Scottish 4x100m relay championships – Morag Shepherd, Ella McKinnon, Sophie Jennings and Iona Hamilton-Thompson



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Fiona Davidson – World W40 Triple Jump Champion



# ABERDEEN AAC'S CLUB PERFORMANCES IN 2015

## Scottish Men's League (Div.1)

1	<b>Aberdeen AAC</b>	<b>28</b>
2	VP Glasgow	24
2	Central AC	20
4	Shettleston Harriers (1025)	19
5	Kilbarchan AAC (962)	18
6	Edinburgh AC	16
7	Falkirk Victoria Harriers	8
8	Inverness Harriers	7

## Scottish Women's League

1	Edinburgh AC	23
2	Forth Valley	18
3	<b>Aberdeen AAC Select</b>	<b>17</b>
4	Tayside & Fife	16
5	Team West	10
6	Pitreavie AAC	9
7	Lothian	8
8	Victoria Park City of Glasgow	7



Kelsey Stewart – Scottish  
Champion U20 400m

## Youth Development League Under-17 Challenge NE Section (Men and Women combined)

1	<b>Aberdeen AAC</b>	<b>13</b>
2	Team North (398)	11
3	Inverness Harriers (319)	11
4	Banchory Stonehaven AC	9
5	Arbroath & District AC (141)	5
6	Montrose and Perth (105)	5

## Youth Development League (Under-15 and Under-13) NE Section (Boys and Girls combined)

1	Inverness Harriers	14
2	<b>Aberdeen AAC (956)</b>	<b>11</b>
3	Team North (918.5)	11
4	Dundee Hawkhill Harriers	8
5	Banchory Stonehaven AC (578.5)	5
6	Arbroath & District AC (550.5)	5
7	Montrose and Perth	2

## Youth Development League Under-17 Challenge Scottish Final (Men and Women combined)

1	North Lanarkshire	191
2	<b>Aberdeen AAC</b>	<b>190</b>
3	Edinburgh AC	171
4	Giffnock North	156
5	Inverness Harriers	147
6	Ayr Seaforth	145
7	Victoria Park Glasgow	128
8	Ayrshire Harriers	96

## Youth Development League (Under-15 and Under-13) Scottish Final (Boys and Girls combined)

1	Edinburgh AC	784
2	Giffnock North	598.5
3	Inverness Harriers	528.5
4	Pitreavie AAC	486.5
5	Central AC	466.5
6	Ayr Seaforth	459
7	North Lanarkshire	455
8	<b>Aberdeen AAC</b>	<b>428</b>

## Petrofac League (East Section) – Men

1	<b>Aberdeen AAC</b>	<b>32</b>
3	Dundee Hawkhill Harriers	28
1	Arbroath & District AC	23
4	Fife AC	19
5	Banchory Stonehaven AC	18
6	Perth Strathay Harriers	12
7	Montrose & District AC	6
8	Ellon AAC	5



Scottish championship finalists in U17 80m hurdles –  
Grace Carter, Alix Still and Georgia Summers

**Petrofac League (East Section) – Women**

1	<b>Aberdeen AAC</b>	<b>31</b>
2	Arbroath & District AC	29
3	Dundee Hawkhill Harriers	23
4	Banchory Stonehaven AC	21
5	Perth Strathtay Harriers (742)	14
6	Fife AC (715)	14
7	Ellon AAC	6
8	Montrose & District AC	5

**Petrofac League – Final**

**Aberdeen AAC placings:**

<b>Senior Men:</b>	<b>1st</b>
<b>U17 Men:</b>	<b>1st</b>
<b>U15 Boys</b>	<b>1st</b>
U13 Boys	5th
<b>U11 Boys 1<sup>st</sup>=</b>	
<b>Senior women</b>	<b>1st</b>
<b>U17 Women:</b>	<b>1st</b>
<b>U15 Girls:</b>	<b>1st</b>
U13 Girls:	2 <sup>nd</sup>
U11 Girls:	NQ

**East District Cross-Country League 2014-2015**

**Overall Male:**

1	Central AC	980
2	Edinburgh AC	1229
3	Corstorphine AAC	1426
<b>4</b>	<b>Aberdeen AAC</b>	<b>2797</b>
5	Dundee Hawkhill Harriers	3300

**Senior Men:**

1	Central AC	209
2	Hunters Bog Trotters	345
3	Corstorphine AAC	528
<b>10</b>	<b>Aberdeen AAC</b>	<b>1932</b>

**U17 Men:**

1	Team Border	69
2	Fife AC	95
3	Central AC	154
<b>7</b>	<b>Aberdeen AAC</b>	<b>227</b>

**U15 Boys:**

1	Fife AC	30
2	Edinburgh AC	78
3	Pitreavie AAC	116
<b>8</b>	<b>Aberdeen AAC</b>	<b>281</b>

**U13 Boys:**

1	Team Border	112
2	Corstorphine AAC	139
3	Pitreavie AAC	149
<b>9</b>	<b>Aberdeen AAC</b>	<b>364</b>

**U11 Boys:**

<b>1</b>	<b>Aberdeen AAC</b>	<b>93</b>
2	Edinburgh AC	153
3	Central AC	167

**Senior Women:**

1	Central AC	892
2	Hunters Bog Trotters	111
3	Edinburgh AC	142
<b>8</b>	<b>Aberdeen AAC</b>	<b>288</b>

**U17 Women and U15 Girls combined:**

1	Central AC	73
2	Lasswade AC	100
3	Corstorphine AAC	113
<b>7</b>	<b>Aberdeen AAC</b>	<b>191</b>

**U13 Girls:**

1	Edinburgh AC	59
2	Team Border	86
3	Pitreavie AAC	102
<b>10</b>	<b>Aberdeen AAC</b>	<b>589</b>

Quiz Answers

1 - B; 2 - A; 3 - A; 4 - B; 5 - C; 6 - D; 7 - C; 8 - A; 9 - A; 10 - D



Scottish championship finalists in U15 800m – Nic Tierney, Harry Hall and Jack Gillespie



Rebecca Matheson crosses the line picking up a gold in the U17 Scottish Championships 100m.



Petrofac League winners

## CLUB RECORDS AS AT 01/01/2016

### SENIOR MEN

60	7.0	S Walker/M Davidson/B Middleton	87/94/97	200	22.6	Mark Davidson	85
100	10.50	Mark Davidson	89	300	36.0	Ahmed Al-Kowarri	95
200	21.07	Mark Davidson	89	400	49.21	Ahmed Al-Kowarri	95
300	34.4	Martin Johnston	85	800	1:54.8	Colin Donald	84
400	46.9	Mark Davidson	89	1500	4:01.1	Ross Arbuckle	78
800	1:49.3	Ewan Calvert	94	3000	8:42.4	Ross Arbuckle	78
1500	3:44.67	Alan Wales	06	100H	13.9	Richard Singer	95
3000	8:14.6	Fraser Clyne	81	400H	55.37	Richard Singer	95
5000	14:18.90	Ian Matheson	89	1500SC	4:25.0	Frank Boyne	82
10000	29:23	F Clyne / G Laing	83	HJ	1.98	Keith Oag	94
110H	14.9	Duncan Mathieson	89	PV	3.77	Alasdair Lowe	14
400H	50.79	Mark Davidson	89	LJ	6.82	Derek Elmslie	77
2000SC	5:37.8	Bill Ewing	67	TJ	13.82	William Stark	93
3000SC	8:47.8	Bill Ewing	68	SP	13.27	Kevin Lutton	01
½ Mar	61:34	Graham Laing	83	DT	41.46	Peter Fraser	94
Mar	2:11:50	Fraser Clyne	84	JT	58.36	Peter Fraser	94
HJ	2.07	Duncan Mathieson	90/97	HT	45.50	David Robinson	78
PV	4.20	Duncan Mathieson	90	Oct.	4327	Stephen Miller	02
LJ	7.62	Duncan Mathieson	95	Pent.	5238	Stephen Miller	02
TJ	15.16	Chukwudi Onyia	13	4x100	45.92	Milne, Rankin, Oxley, Maslen	01
SP	16.29	Gordon Smith	94	4x200	1:36.0	Gray, Rankin, Oxley, Maslen	01
DT	53.66	Scot Thompson	10	4x400	3:29.87	Chapman, Murray, Alexander, Calder	13
JT	58.75	Peter Fraser	98				
HT	62.73	Padraig White	10	3x800	6:11.77	M Kilner, Symmons, Murray	13
Dec.	7535	Duncan Mathieson	90				
4x100	42.1	D Mathieson, King, Drummond, M Davidson	88				
		Fachie, McCabe, Mutch, J Joy	08				
4x200	1:35.3	P Davidson, Middleton, D Mathieson, Al-Kowarri	97				
4x400	3:19.3	S Murray, M Kilner, J Joy	14				
3x800	5:54.10						

### UNDER-15 BOYS

100	11.5	Alexander Carnie	86
200	23.1	Alexander Carnie	86
300	40.40	Ben Renton	13
400	52.5	Colin Donald	82
800	2:00.77	Steven Rusling	02
1500	4:21.2	Steven Rusling	02
3000	9:34.4	Alex Thoires	03
80H	11.95	Bruce Sorbie	12
HJ	1.75	Kevin Lutton	99
PV	3.10	Alasdair Lowe	12
LJ	6.02	Robbie Farquhar	15
TJ	12.10	William Stark	91
SP	12.91	John Angus	15
DT	33.91	Kevin Lutton	99
JT	50.70	Keith Simpson	96
HT	32.76	John Angus	15
Pent.	2202	Stuart Mathieson	95
4x100	49.3	Legge, Lemon, Braun, S Mathieson	95
4x200	2:07.6	Young, Crighton, Irvine, Walton	09
4x400	3:57.1	Masson, Graham, K McCallum, Al-Kowarri	93

### UNDER-13 BOYS

60	8.5	Christopher Maslen	97
100	13.04	Stuart Mathieson	93
200	26.0	Mark Davidson	81
400	59.4	Andrew Keelan	86
800	2:14.21	Harry Hall	14
1500	4:49.4	Harry Hall	14
75H	12.9	William Stark	89
HJ	1.52	Duncan Mathieson	81
LJ	5.03	Harry Hall	14
TJ	10.13	Douglas Cumming	93
SP	10.27	Adam Crighton	08
DT	26.42	Kevin Lutton	97
JT	36.42	Kevin Lutton	97
Pent.	1802	David Braun	93
4x100	54.7	Forbes, Flett, B Benzie, Maslen	97
4x200	1:56.7	Forbes, Flett, B Benzie, Maslen	97
4x400	4:35.8	Rose, Watt, Maitland, Sullivan	94

### T37 MEN

100	12.65	Lewis Clow	15
200	26.56	Lewis Clow	15
300	43.79	Lewis Clow	15
400	66.07	Lewis Clow	15

### UNDER-20 MEN

60	7.1	Barry Middleton	94
100	10.8	C Paterson / S Walker	72/88
200	21.6	Martin Johnston	83
300	35.4	Ahmed Al-Kowarri	96
400	48.17	Mark Davidson	87
800	1:51.86	Ewan Calvert	92
1500	3:50.34	Alan Wales	02
3000	8:34.65	Darren Shinnie	04
5000	14:46.0	Ian Matheson	83
10000	30:49.0	Ian Matheson	83
110H	14.93	Duncan Mathieson	88
400H	53.53	Barry Middleton	94
2000SC	6:02.66	Stephen Wright	89
3000SC	9:12.0	Stephen Wright	90
HJ	2.00	Duncan Mathieson	87
PV	4.00	David Mann	13
LJ	7.21	Duncan Mathieson	88
TJ	14.55	William Stark	95
SP	14.24	Paul Allan	89
DT	42.26	Paul Allan	89
JT	57.48	Peter Fraser	96
HT	48.83	Matthew Maitland	02
Dec.	6652	Duncan Mathieson	88
4x100	44.7	Cruickshank, Walker, Mackland, King	87
4x200	2:07.6	Young, Crighton, Irvine, Walton	09
4x400	3:25.93	M Ferguson, Chapman, Calder, Alexander	14
3x800	6:11.77	M Kilner, Symmons, S Murray	13

### UNDER-20 T37 MEN

100	12.82	Lewis Clow	14
200	27.13	Lewis Clow	14

### UNDER-17 MEN

60	7.3	Ahmed Al-Kowarri	95
100	11.1	Alexander Carnie	88

**UNDER-11 BOYS**

60	9.0	Ruari Neil	01
100	13.8	Bruce Benzie	95
200	29.2	Andrew Keelan	84
800	2:34.1	Steven Bruce	87
HJ	1.35	Duncan Mathieson	79
LJ	4.40	Duncan Mathieson	79
TJ	9.21	Duncan Mathieson	79
SP	7.92	Gregor Coull	06
JT	24.84	Bruce Benzie	95
4x100	60.8	Maitland, Sullivan, R Smith, C Mathieson	93
4x200	2:09.6	Maitland, C Mathieson, R Smith, Sullivan	93

**VETERAN MEN (Over 35) (as from 2005)**

60	7.4	Stan Walker	09
100	11.6	Stan Walker	08
200	23.4	Stan Walker	09
300	37.85	Stan Walker	09
400	53.97	Fintan McCabe	09
800	2:10.2	Alasdhair Love	13
1500	4:29.8	David Duguid	05
3000	10:13.2	Keith Charlton	05
5000	16:53.94	Frank Boyne	07
10000	38:42.3	Dave Armitage	07
110H	19.66	Edward McKenzie	06
400H	61.71	Alasdhair Love	13
3000SC	10:11.2	Frank Boyne	05
HJ	1.60	Fintan McCabe	08
PV	3.25	Kenny Lyon	06
LJ	6.05	Fintan McCabe	07
TJ	11.55	Kenny Lyon	05
SP	12.45	Fintan McCabe	08
DT	36.15	Fintan McCabe	08
JT	43.95	Fintan McCabe	09
HT	32.20	Edward McKenzie	08
WT	10.35	Edward McKenzie	06
Pent	1986	Edward McKenzie	06
Dec.	4053	Edward McKenzie	05
Wt Pent	2190	Edward McKenzie	06
4x200	1:40.06	Astell, McKeown, McCabe, Walker	08

**VETERAN MEN (Over 40)**

60	7.7	Stan Walker	11
100	11.7	Rilley/Mackenzie/Walker	79/90/09
200	23.83	Stan Walker	11
300	37.85	Stan Walker	09
400	53.0	Denis Shepherd	93
800	2:01.0	Denis Shepherd	93
1500	4:08.0	Hunter Watson	77
3000	8:50.9	Colin Youngson	90
5000	14:58	Alastair Wood	75
10000	30:35.2	Alastair Wood	75
100H	16.4	Denis Shepherd	92
110H (sen)	20.2	Edward McKenzie	08
400H	59.0	Denis Shepherd	93
400H (sen)	72.3	Kenny Lyon	10
3000SC	10:25.99	Frank Boyne	09
½ Mar	67:13	David Clark	85
Mar	2:18:07	David Clark	84
HJ	1.67	Denis Shepherd	92
LJ	5.95	Kenny Lyon	01
TJ	12.21	Trevor Madigan	85
PV	3.65	Kenny Lyon	01
SP	13.04	Darren Chapman	10
SP (sen)	13.04	Darren Chapman	10
DT	39.86	Robert Masson	92
DT (sen)	33.89	Edward McKenzie	09
HT	36.95	Edward McKenzie	09
HT (sen)	33.57	Edward McKenzie	09
JT	43.88	Robert Masson	89
JT (sen)	40.15	Edward McKenzie	09
WT	9.66	Edward McKenzie	10
Dec.	5647	Kenny Lyon	01
Wt Pent	2260	Edward McKenzie	09
4x100	47.4	Clarkson, Gordon, Madigan, Stirling	89

**VETERAN MEN (Over 45)**

60	7.8	T Madigan / G Middleton	95
100	11.91	Mark Davidson	14
200	24.02	<b>Stan Walker</b>	<b>15</b>
300	39.10	<b>Stan Walker</b>	<b>15</b>
400	54.8	Frank Gauld	00
800	2:06.1	Alan Fulton	95
1500	4:18.7	Colin Youngson	93
3000	9:29.0	John Ballentine	92
5000	15:42.7	Colin Youngson	93
10000	32:45.10	Colin Youngson	93
3000SC	10:48.23	Frank Boyne	11
110H	20.51	<b>Edward McKenzie</b>	<b>15</b>
110H (sen)	21.12	<b>Edward McKenzie</b>	<b>15</b>
400H	72.3	Kenny Lyon	10
400H (sen)	72.3	Kenny Lyon	10
½ Mar	70:50	Bill Adams	94
Mar	2:30:40	Donald Ritchie	91
HJ	1.65	Bill Lonsdale/ <b>James MacGregor</b>	03/11&15
LJ	5.52	Kenny Lyon	06
TJ	11.32	Trevor Madigan	90
PV	3.45	Robert Masson	99
SP	12.74	<b>Edward McKenzie</b>	<b>15</b>
SP (sen)	11.60	Edward McKenzie	12
DT	39.86	Robert Masson	92
DT (sen)	33.45	Darren Chapman	12
HT	34.35	Robert Masson	98
HT (sen)	31.30	Edward McKenzie	12
JT	40.64	Robert Masson	95
JT (sen)	38.04	Edward McKenzie	11
WT	9.20	Edward McKenzie	12
Pent	2805	Kenny Lyon	06
Dec.	4616	<b>Edward McKenzie</b>	<b>15</b>
Wt Pent	2652	Edward McKenzie	12

**VETERAN MEN (Over 50)**

60	7.8	Trevor Madigan	95
100	12.5	Trevor Madigan	94
200	25.7	Trevor Madigan	94
300	42.4	Alan Fulton	00
400	57.6	Alan Fulton	00
800	2:13.1	John Ballentine	93
1500	4:24.3	John Ballentine	93
3000	9:29.0	John Ballentine	92
5000	16:30.1	John Ballentine	92
10000	34:06.7	John Ballentine	92
100H	18.13	Kenny Lyon	11
400H	77.1	Bill Lonsdale	02
½ Mar	76:45	Roderick MacFarquhar	93
Mar	2:31:48	Alastair Wood	83
HJ	1.65	Bill Lonsdale/ <b>James Macgregor</b>	03/15
PV	3.45	Robert Masson	99
LJ	5.42	<b>Tom Leeson</b>	<b>15</b>
TJ	11.23	<b>Tom Leeson</b>	<b>15</b>
SP	11.34	Robert Masson	97
DT	38.09	Robert Masson	98
JT	40.24	<b>Tom Leeson</b>	<b>15</b>
HT	34.35	Robert Masson	98
Dec	6251	Robert Masson	99



Sport Aberdeen 2015 Team of the Year – AAAC senior men

**VETERAN MEN (Over 55)**

60	8.5	Trevor Madigan	01
100	12.9	Trevor Madigan	00
200	27.09	Bill Skinner	14
300	44.4	Trevor Madigan	00
400	61.21	Allan Stirling	01
800	2:27.20	Alan Fulton	05
1500	4:56.0	Bill Scullion	02
3000	10:21.5	Colin Youngson	04
5000	17:18.0	Colin Youngson	03
10000	36:59.4	John Ballentine	97
100H	19.1	Robert Masson	04
½ Mar	82:42	Bill Scullion	04
Mar	2:57:41	Bill Scullion	00
HJ	1.50	Robert Masson	02
PV	3.20	Robert Masson	03
LJ	5.02	Trevor Madigan	06
TJ	10.04	Bill Skinner	14
SP	10.84	Robert Masson	04
DT	35.83	Robert Masson	02
JT	40.53	Robert Masson	02
HT	32.40	Robert Masson	10
DEC	6006	Robert Masson	04

**VETERAN MEN (Over 60)**

60	8.6	Trevor Madigan	06
100	13.4	Trevor Madigan	05
200	27.8	Trevor Madigan	05
300	46.8	Trevor Madigan	08
400	66.8	Alan Fulton	10
800	2:37.5	E Dunster / H Fletcher	90/95
1500	5:23.5	Ernie Dunster	90
3000	11:36.7	Colin Youngson	10
5000	19:03.22	Colin Youngson	08
10000	41:14.0	Ernie Dunster	90
100H	19.85	Robert Masson	07
300H	53.09	Robert Masson	08
½ Mar	1:26:36	Colin Youngson	08
Mar	3:14:19	Ronnie Wilson	03
HJ	1.41	Trevor Madigan	06/07
PV	3.00	Robert Masson	10
LJ	5.02	Trevor Madigan	06
TJ	9.79	Trevor Madigan	06
SP	10.15	Robert Masson	07
DT	42.45	Robert Masson	12
JT	37.37	Robert Masson	08
HT	32.40	Robert Masson	10
Dec	6490	Robert Masson	07



Petrofac League winners

**VETERAN MEN (Over 65)**

60	9.0	Trevor Madigan	10/11
100	13.8	Trevor Madigan	09
200	29.49	Trevor Madigan	11
300	51.4	Trevor Madigan	10
400	70.45	Alan Fulton	14
800	2:50.8	Hugo Fletcher	99
1500	5:33.41	Colin Youngson	13
3000	11:57.36	Colin Youngson	13

5000	20:32.94	Colin Youngson	13
½ Mar	96:08	Colin Youngson	13
Mar.	3:31:16	James Youngson	81
300H	57.5	Robert Masson	12
HJ	1.35	Trevor Madigan	09
PV	2.90	Robert Masson	12/13
LJ	4.32	Trevor Madigan	11
TJ	8.95	Trevor Madigan	09
SP	9.41	Robert Masson	12
DT	42.45	Robert Masson	12
HT	29.51	Robert Masson	12
JT	33.36	Robert Masson	12

**VETERAN MEN (Over 70)**

60	11.2	Hugo Fletcher	06
100	14.58	Trevor Madigan	14
200	35.5	Hugo Fletcher	05
300	63.4	Hugo Fletcher	06
400	80.0	Hugo Fletcher	05
800	3:12.5	Hugo Fletcher	04
1500	6:45.8	George Cruickshank	05
5000	23:57.5	George Cruickshank	05
HJ	1.30	Trevor Madigan	14
<b>LJ</b>	<b>4.12</b>	<b>Trevor Madigan</b>	<b>15</b>
SP	6.49	Miller Mathieson	09
DT	18.21	Miller Mathieson	08
HT	19.08	Ian Morrison	05
JT	10.16	Hugo Fletcher	10

**VETERAN MEN (Over 75)**

60	13.1	Hugo Fletcher	10
100	20.2	Hugo Fletcher	10
200	43.6	Hugo Fletcher	11
300	74.4	Hugo Fletcher	10
400	97.3	Hugo Fletcher	09
800	3:34.8	George Cruickshank	09
1500	7:15.3	George Cruickshank	09
Mar	4:32:14	George Cruickshank	09
	(chip time 4:31:31)		
SP	5.01	Hugo Fletcher	10
DT	13.12	Hugo Fletcher	11
HT	12.60	Hugo Fletcher	10
JT	10.16	Hugo Fletcher	10

**SENIOR WOMEN**

60	7.5	Dawn Kitchen	85
100	11.8	Dawn Flockhart/Sarah Still	94/99
<b>200</b>	<b>23.62</b>	<b>Zoey Clark</b>	<b>15</b>
300	38.66	Kelsey Stewart	13
<b>400</b>	<b>53.11</b>	<b>Zoey Clark</b>	<b>15</b>
800	2:05.11	Nicola Gauld	06
1500	4:11.80	Nicola Gauld	08
3000	9:04.21	Nicola Gauld	08
<b>5000</b>	<b>15:27.60</b>	<b>Rhona Auckland</b>	<b>15</b>
<b>10000</b>	<b>32:22.79</b>	<b>Rhona Auckland</b>	<b>15</b>
100H	13.97	Catriona Pennet	04
400H	61.80	Sylvia Kamyra	09
½ Mar	73:22	Lynda Bain	85
Mar	2:33:38	Lynda Bain	85
PV	3.00	Laura Kutt	11
HJ	1.69	Ellie Workman	09
LJ	5.95	Linda Davidson	92
TJ	12.06	Fiona Watt	96
SP	14.24	Helen Cowe	93
DT	48.64	Helen Cowe	94
JT	38.28	Linda Low	96
HT	43.79	Jacqui Loney	03
Pent.	2691	Lyndsay Peddie	83
Hept.	5014	Sarah Still	00
4x100	48.4	Madigan, Edon, Leslie, Vaughan	86
4x200	1:51.0	Humphreys, Dawson, Stirling, Milne	09
4x400	3:50.0	Windass, Hendry, Watt, Flockhart	96
Medley	4:07.7	Madigan, Edon, Kitchen, Sheehan	85

**UNDER-20 WOMEN**

60	7.8	K Madigan/S Still	86/93
100	11.9	Louise Paterson	91
200	24.45	Zoey Clark	13
300	38.66	Kelsey Stewart	13
400	54.46	Zoey Clark	13
<b>800</b>	<b>2:09.05</b>	<b>Kelsey Stewart</b>	<b>15</b>
1500	4:30.92	Kate Rice	90
3000	9:29.28	Rhona Auckland	12
10000	34:53.24	Rhona Auckland	12
100H	14.36	Catriona Pennet	02
400H	63.20	Rebecca Dougall	99
HJ	1.69	Ellie Workman	09
LJ	5.74	Sarah Still	94
TJ	11.48	Kirsten Young	04
PV	2.90	Sam Somers	12
SP	10.29	Sarah Lyon	99
<b>DT</b>	<b>32.90</b>	<b>Erin Runcie</b>	<b>15</b>
HT	39.58	Marian Simpson	96
JT	35.98	Ellie Workman	09
Hept.	4643	Sarah Still	94
<b>4x100</b>	<b>48.74</b>	<b>Badial, Forbes, A Still, R Matheson</b>	<b>15</b>
4x400	4:06.6	L Still, Keenan, Hendry, H Pirie	94

**UNDER-17 WOMEN**

60	7.8	Kathleen Madigan	86
100	11.9	Louise Paterson	91
200	24.7	Louise Paterson	90
300	38.66	Kelsey Stewart	13
400	55.10	Kelsey Stewart	13
800	2:13.29	Kelsey Stewart	13
1500	4:32.7	Kathryn Shepherd	74
3000	10:20.6	Eilidh Prise	12
80H	11.48	Yasmin Milne	10
100H	15.5	Lyndsay Peddie	83
300H	44.14	Sylvia Kanya	05
400H	66.0	Bridie McGlashan	86
HJ	1.69	Ellie Workman	09
PV	2.80	Sam Somers	11
LJ	5.71	Kirsten Young	05
TJ	11.48	Kirsten Young	04
SP (4K)	11.85	Helen Cowe	83
SP (3K)	12.45	Alison Horne	14
DT	38.08	Helen Cowe	83
HT (4K)	31.58	Marian Simpson	94
HT (3K)	30.96	Erin Runcie	14
JT (600g)	35.98	Ellie Workman	09
<b>JT (500g)</b>	<b>30.91</b>	<b>Iona Colquhoun</b>	<b>15</b>
<b>Pent.</b>	<b>3000</b>	<b>Alix Still</b>	<b>15</b>
<b>Hept.</b>	<b>4412</b>	<b>Alix Still</b>	<b>15</b>
<b>4x100</b>	<b>48.74</b>	<b>Badial, Forbes, A Still, R Matheson</b>	<b>15</b>
4x200	1:49.3	Barlow, Shearer, C Pennet, L Johnston	00
Medley	4:31.5	Keenan, C Fraser, N Fraser, Clarkson	94

**UNDER-15 GIRLS**

100	12.37	Lesley-Ann Mearns	05
200	25.05	Lesely-Ann Mearns	05
300	43.87	Talia Mathers	14
800	2:13.36	Dawn Simpson	88
1500	4:43.6	Carolyn Sheehan	84
75H	11.24	Sandra Gunn	90
HJ	1.58	Ann Watt/Kate MacKay	81/14
PV	2.20	Erin Runcie/Freya McKay	12/14
LJ	5.38	Deidre Auld	77
SP (3.25K)	12.18	Helen Cowe	81
SP (3K)	9.37	Alix Still	14
DT	31.92	Helen Cowe	81
HT	24.69	Kristie Hindle	13
JT (600g)	30.32	Emily Dougall	92
JT (500g)	29.15	Iona Colquhoun	14
Pent.	2754	Catriona Pennet	98
4x100	51.1	Kelly, Beveridge, Grant, Bruce	82
4x200	1:58.4	Murdoch, Williams, MacDonald.	
		Somers	09
3x800	7:12.6	Cherry, McInnes, Sheehan	84

**UNDER-13 GIRLS**

60	8.6	Lisa Burr	98
75	10.4	Lesley-Ann Mearns	03
100	12.8	Michelle Bruce	81
150	20.1	Lesley-Ann Mearns	03
200	26.3	Michelle Bruce	81
800	2:19.0	M Cherry / D Simpson	83/86
1200	3:59.52	Rebecca Eggeling	12
1500	4:54.7	Dawn Simpson	86
70H	11.21	Sandra Gunn	88
HJ	1.45	Kate MacKay/Carmen Neat	12/14
LJ	5.01	Sarah Still	88
SP	9.53	Laura Crockford	94
DT	26.54	Laura Crockford	94
JT	26.31	Sophie Anderson	10
Pent.	2335	Catriona Pennet	96
4x100	53.7	Carle, Stephen, Mathieson, Bole	77
4x200	1:58.7	H Mathieson, Rossiter, S Mathieson, Shearer	97
3x800	7:57.8	L Still, Simpson, Clarkson	90

**UNDER-11 GIRLS**

60	9.3	Hannah Mathieson	96
100	14.1	Bruce / Madigan / Gunn	79/80/86
200	30.0	Mathieson / Marshall / Pirie	76/82/90
800	2:34.8	Dawn Simpson	84
HJ	1.26	Sophie Anderson	08
LJ	4.22	Lesley-Ann Mearns	01
SP	6.46	Sophie Anderson	08
JT	15.01	Meghan Maslen	99
4x100	60.3	Stewart, Wilson, Still, Gunn	86
4x200	2:10.3	Henderson, Wilson, Still, Gunn	86



Smiley faces – Morag Shepherd and Adele Gillespie

**VETERAN WOMEN (OVER 35)**

60	8.1	J Lyon/K Madigan	97/07
100	12.82	Kathleen Madigan	07
200	26.5	Janet Lyon	97
300	44.03	Kathleen Madigan	08
400	61.05	Laura Mahady	09
800	2:19.3	Sonia Armitage	04
1500	4:39.12	Sonia Armitage	96
3000	9:51.9	Heather Wisley	90
5000	17:48.80	Sonia Armitage	99
10000	37:18.2	Heather Wisley	89
80H	14.6	Janet Lyon	04
100H	17.6	Janet Lyon	04
400H	73.0	Janet Lyon	00
½ Mar	82:09	Ulli Simpson	90
Mar	3:00:32	Margaret Stafford	90
HJ	1.40	Fiona Davidson	08
PV	2.81	Janet Lyon	04
<b>LJ</b>	<b>5.25</b>	<b>Fiona Davidson</b>	<b>15</b>
<b>TJ</b>	<b>11.35</b>	<b>Fiona Davidson</b>	<b>15</b>
SP	8.82	Linda Michie	06
DT	23.94	Anne Lindsay	88
JT	28.40	Barbara MacDonald	96
HT	31.86	Kathleen Madigan	14
Hept	2751	Shona McKinnon	02

**VETERAN WOMEN (OVER 40)**

60	8.3	Kathleen Madigan	10
100	13.09	Kathleen Madigan	10
200	26.9	Janet Lyon	04
300	44.6	Kathleen Madigan	10
400	61.05	Laura Mahady	09
800	2:19.3	Sonia Armitage	04
1500	4:45.36	Sonia Armitage	07
3000	10:25.4	Sonia Armitage	02
5000	18:15.3	Sonia Armitage	03
10000	38:18.5	Sonia Armitage	02
80H	14.6	Janet Lyon	04
100H	17.6	Janet Lyon	04
400H	75.5	Joyce Hogg	90
½ Mar	1:29:01	Ulli Simpson	96*
Mar	3:24:22	Olive Fraser	89
HJ	1.35	Fiona Davidson	13
PV	2.81	Janet Lyon	04
<b>LJ</b>	<b>5.25</b>	<b>Fiona Davidson</b>	<b>15</b>
<b>TJ</b>	<b>11.35</b>	<b>Fiona Davidson</b>	<b>15</b>
SP	8.43	Kathleen Madigan	12
DT	22.34	Ann Imrie	97
JT	28.40	Barbara MacDonald	96
HT	31.86	Kathleen Madigan	14

**VETERAN WOMEN (OVER 45)**

60	8.7	Ann Imrie	95
100	13.6	Ann Imrie	95
200	28.2	Ann Imrie	94
300	46.8	Laura Mahady	11
400	61.05	Laura Mahady	09
800	2:19.50	Laura Mahady	09
1500	4:45.36	Sonia Armitage	07
3000	10:37.65	Sonia Armitage	07
5000	19:02.1	Laura Mahady	08
10000	42:20.6	Kathryn Mearns	03
80H	16.6	Ann Imrie	99
100H	21.4	Ann Imrie	94

½ Mar	1:36:38	Maureen MacInnes	06
Mar	3:32:33	Betty May	91
HJ	1.30	Shona McKinnon	09
PV	2.60	Janet Lyon	07/08
LJ	4.28	Janet Lyon	08
TJ	8.27	Shona McKinnon	09
SP	6.79	Janet Lyon	08
DT	22.34	Ann Imrie	97
HT	20.26	Joyce Hogg	97
JT	19.36	Shona McKinnon	10

**VETERAN WOMEN (OVER 50)**

60	9.4	Penny Johnson	12
100	14.5	Ann Imrie	00
200	28.7	Laura Mahady	09
300	46.8	Laura Mahady	11
400	61.05	Laura Mahady	09
800	2:19.50	Laura Mahady	09
1500	4:50.73	Laura Mahady	09
3000	11:02.41	Laura Mahady	08
5000	19:02.1	Laura Mahady	08
10000	49:33.1	Ann Clark	09
80H	15.8	Ann Imrie	00
½ Mar	1:52:23	Janice Forsyth	10
Mar	4:20:27	Janice Forsyth	11
PV	2.60	Janet Lyon	12
LJ	3.94	Janet Lyon	12
SP	7.32	Janet Lyon	12
DT	20.69	Ann Imrie	00

**VETERAN WOMEN (OVER 55)**

400	64.6	Laura Mahady	13
800	2:27.05	Laura Mahady	13
3000	14:44.8	Janice Forsyth	12
5000	24:19.9	Ann Clark	10
10000	50:37.5	Ann Clark	10

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## INDOOR RECORDS AS AT 01/01/2015

### SENIOR MEN

60	6.89	Stephen Dunlop	14
200	21.90	Mark Davidson	90
400	47.44	Barry Middleton	97
800	1:51.90	Myles Edwards	14
1000	2:30.94	Mark Kennedy	04
<b>1500</b>	<b>3:50.47</b>	<b>Myles Edwards</b>	<b>15</b>
<b>3000</b>	<b>8:23.10</b>	<b>Myles Edwards</b>	<b>15</b>
60H	8.32	Duncan Mathieson	97
HJ	1.99	Duncan Mathieson	89
PV	4.10	David Mann	13
LJ	7.14	Duncan Mathieson	91
TJ	15.24	Chukwudi Onyia	14
SP	16.98	Scot Thompson	10
DT	31.62	Edward McKenzie	07
Hept.	5275	Duncan Mathieson	97
4x200	1:31.20	Dunlop, Shaw, Calder, G Irvine	14

### T37 MEN

<b>60</b>	<b>8.28</b>	<b>Lewis Clow</b>	<b>15</b>
<b>200</b>	<b>28.34</b>	<b>Lewis Clow</b>	<b>15</b>

### UNDER-20 MEN

60	7.1	Gavin Irvine	12
200	22.38	Gavin Irvine	13
400	49.30	Barry Middleton	94
800	1:57.31	Adam Watt	02
1000	2:30.94	Mark Kennedy	04
1500	4:02.6	Mark Kennedy	04
3000	9:34.81	Michael Ferguson	12
<b>60H</b>	<b>8.48</b>	<b>Ryan Hewitson</b>	<b>15</b>
<b>HJ</b>	<b>1.97</b>	<b>Ryan Hewitson</b>	<b>15</b>
PV	4.10	David Mann	13
LJ	6.72	Robert Miller	03
TJ	13.97	William Stark	94
SP	13.46	Paul Allan	89
Hept.	4529	Robert Miller	03

### UNDER-20 T37 MEN

<b>60</b>	<b>8.47</b>	<b>Lewis Clow</b>	<b>14</b>
<b>200</b>	<b>29.94</b>	<b>Iain Boyd</b>	<b>15</b>

### UNDER-17 MEN

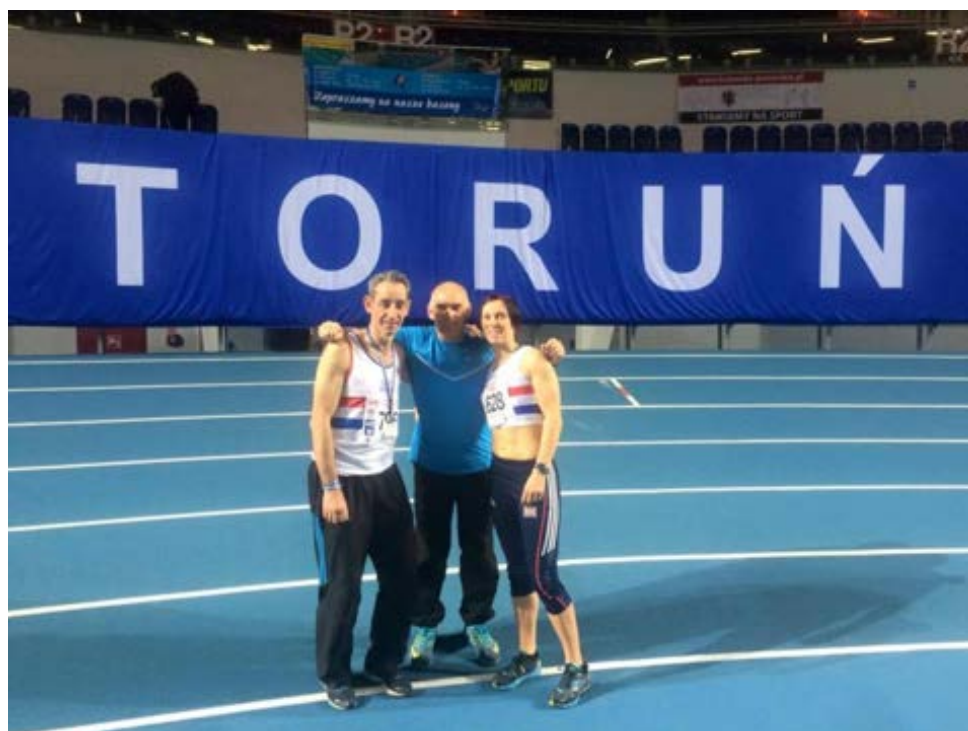
60	7.39	Scott Rankin	02
200	23.63	Cameron Brown	14
400	51.1	Ahmed Al-Kowarri	94
<b>800</b>	<b>1:57.89</b>	<b>Stewart Millar</b>	<b>15</b>
1000	2:52.75	Barry Middleton	91
1500	4:15.27	Adam Watt	01
60H	8.50	Richard Singer	95
HJ	1.90	K Lutton/R Hewitson	01/12
PV	3.60	Alasdair Lowe	14
LJ	6.36	William Stark	93
TJ	12.67	William Stark	93
SP	12.48	Kevin Lutton	01
Hept.	4094	Richard Singer	95
Pent	3045	Richard Singer	95

### UNDER-15 BOYS

<b>60</b>	<b>7.66</b>	<b>Lewis Bisset</b>	<b>15</b>
200	24.97	Stuart Mathieson	95
400	59.55	Jamie Thomson	04
800	2:13.02	Myles Edwards	03
1000	3:09.68	William Stark	91
1500	4:36.10	Steven Rusling	02
60H	9.92	Stephen Miller	00
HJ	1.68	Kevin Lutton	99
PV	2.95	Alasdair Lowe	12
LJ	5.54	William Stark	91
TJ	9.31	Alasdair Lowe	12
<b>SP</b>	<b>10.60</b>	<b>John Angus</b>	<b>15</b>
Pent	2484	William Stark	91

### UNDER-13 BOYS

60	8.57	Scott Rankin	98
200	29.47	Ruairi Neil	03
800	2:27.69	Mark Kennedy	98
60H	11.08	Bruce Benzie	97
HJ	1.35	Kevin Lutton	97
LJ	4.32	Craig Mathieson	95
SP	9.00	Kevin Lutton	97
Pent	1188	Bruce Benzie	97



Medal winners from 2015 European Indoor Masters Championships – Stan Walker, Bill Skinner and Fiona Davidson



**VETERAN MEN (OVER 35) (as from 2005)**

60	7.52	Stan Walker	09
<b>200</b>	<b>24.50</b>	<b>Stan Walker</b>	<b>15</b>
400	57.36	John McKeown	10
<b>800</b>	<b>2:24.67</b>	<b>Nicol Baird</b>	<b>15</b>
1000	3:16.17	Bill Lonsdale	06
1500	4:34.71	Frank Boyne	08
3000	10:07.39	Frank Boyne	08
60H	10.61	Edward McKenzie	06
HJ	1.57	Bill Lonsdale	06
PV	3.02	Robert Masson	09
LJ	5.44	Kenny Lyon	07
TJ	10.04	Bill Lonsdale	06
SP	12.18	Fintan McCabe	08
DT	31.62	Edward McKenzie	07
Weight	8.57	Edward McKenzie	07
Pent	2162	Edward McKenzie	07

**VETERAN MEN (OVER 40)**

60	7.6	Alan MacKenzie / Stan Walker	89/10&11
<b>200</b>	<b>24.50</b>	<b>Stan Walker</b>	<b>15</b>
400	54.60	Denis Shepherd	93
800	2:07.45	Denis Shepherd	93
1000	3:16.27	Kenny Lyon	03
1500	4:17.4	Colin Youngson	92
3000	8:58.7	Colin Youngson	89
60H	10.1	Darren Chapman	10
HJ	1.68	Denis Shepherd	93
LJ	5.62	Trevor Madigan	87
TJ	11.64	Kenny Lyon	01
PV	3.60	Robert Masson	89
SP	12.27	Darren Chapman	10
SP (sen)	12.27	Darren Chapman	10
DT	31.62	Edward McKenzie	07
Weight	9.63	Edward McKenzie	11
Pent	2239	Edward McKenzie	11
Hept	3851	Kenny Lyon	03
4X200	1:41.2	Mackenzie, Madigan, Stirling, Clarkson	90

**VETERAN MEN (OVER 45)**

60	7.65	Mark Davidson	14
<b>200</b>	<b>24.50</b>	<b>Stan Walker</b>	<b>15</b>
400	56.33	Frank Gauld	00
800	2:11.97	Alan Fulton	96
1000	3:20.43	Bill Lonsdale	03
1500	4:23.23	John Ballentine	94
3000	9:12.4	Roderick MacFarquhar	89
60H	10.98	Kenny Lyon	08
HJ	1.65	Bill Lonsdale	03
LJ	5.43	Trevor Madigan	90
TJ	11.14	Trevor Madigan	90
PV	3.45	Robert Masson	98
SP	11.44	Darren Chapman	12
SP (sen)	11.44	Darren Chapman	12
Hept	3896	Kenny Lyon	08

**VETERAN MEN (OVER 50)**

60	7.86	Allan Stirling	97
200	26.61	Trevor Madigan	95
400	57.74	Allan Stirling	99
800	2:12.9	John Ballentine	93
1000	3:16.47	Bill Lonsdale	06
1500	4:23.23	John Ballentine	94
3000	9:29.15	John Ballentine	94
60H	11.20	Robert Masson	99/00
HJ	1.65	Bill Lonsdale	03
LJ	5.24	Trevor Madigan	95
TJ	11.14	Trevor Madigan	95
PV	3.45	Robert Masson	98
SP	9.89	Kenny Lyon	12
Pent	2978	Bill Lonsdale	06
Hept	4403	Robert Masson	99

**VETERAN MEN (OVER 55)**

60	8.38	Trevor Madigan	06
200	28.46	Trevor Madigan	06
400	61.05	Alan Fulton	04
800	2:24.00	Bill Scullion	04
1000	3:29.45	Bill Lonsdale	07
1500	5:07.65	Colin Youngson	04
3000	9:56.91	Colin Youngson	03
60H	12.27	Bill Lonsdale	07
HJ	1.46	Bill Lonsdale	07
PV	3.21	Robert Masson	03
<b>LJ</b>	<b>4.74</b>	<b>Bill Skinner</b>	<b>15</b>
TJ	9.93	Trevor Madigan	06
SP	8.24	Trevor Madigan	06
Pent	2947	Bill Lonsdale	07

**VETERAN MEN (OVER 60)**

60	8.38	Trevor Madigan	06
200	28.46	Trevor Madigan	06
400	66.29	Alan Fulton	10
800	2:44.3	Ernie Dunster	90
1000	3:42.60	Robert Masson	09
1500	5:23.96	Colin Youngson	08
3000	11:14.58	Colin Youngson	08
60H	11.7	Robert Masson	10
HJ	1.40	Trevor Madigan	10
PV	3.02	Robert Masson	09
LJ	4.45	Trevor Madigan	06
TJ	9.93	Trevor Madigan	06
SP	10.16	Robert Masson	11
Hept	4304	Robert Masson	09

**VETERAN MEN (OVER 65)**

60	8.76	Trevor Madigan	10
<b>200</b>	<b>31.60</b>	<b>Trevor Madigan</b>	<b>15</b>
400	73.31	Hugo Fletcher	00
800	3:09.0	Hugo Fletcher	00
1500	5:40.87	Colin Youngson	13
3000	11:35.87	Colin Youngson	13
60H	12.04	Robert Masson	13
HJ	1.40	Trevor Madigan	10
PV	2.90	Robert Masson	12
LJ	4.17	Trevor Madigan	11
TJ	8.99	Trevor Madigan	10
SP	9.86	Robert Masson	14
Hept	3239	Robert Masson	13

**VETERAN MEN (OVER 70)**

<b>60</b>	<b>9.02</b>	<b>Trevor Madigan</b>	<b>15</b>
<b>200</b>	<b>31.60</b>	<b>Trevor Madigan</b>	<b>15</b>
400	80.72	Hugo Fletcher	05
800	3:52.23	Hugo Fletcher	08
1500	8:25.05	Hugo Fletcher	09
<b>HJ</b>	<b>1.25</b>	<b>Trevor Madigan</b>	<b>15</b>
<b>LJ</b>	<b>4.03</b>	<b>Trevor Madigan</b>	<b>15</b>
SP	5.24	Hugo Fletcher	06

**VETERAN MEN (OVER 75)**

60	12.39	Hugo Fletcher	12
200	46.00	Hugo Fletcher	10
400	1:40.40	Hugo Fletcher	12
SP	5.04	Hugo Fletcher	10

**SENIOR WOMEN**

<b>60</b>	<b>7.52</b>	<b>Zoey Clark</b>	<b>15</b>
<b>200</b>	<b>23.96</b>	<b>Zoey Clark</b>	<b>15</b>
400	55.27	Emma Cloggie	06
800	2:11.47	Nicola Gauld	04
1500	4:26.20	Nicola Gauld	06
3000	9:56.20	Rhona Auckland	12
60H	8.79	Catrina Pennet	04
HJ	1.71	Ellie Workman	09
LJ	5.88	Linda Davidson	93
TJ	11.18	Linda Davidson	92
PV	2.95	Laura Kutt	11
SP	13.89	Helen Cowe	93
Pent.	3778	Sarah Still	00

**UNDER-20 WOMEN**

60	7.69	Zoey Clark	13
200	24.94	Zoey Clark	13
400	55.27	Emma Cloggie	06
800	2:14.32	Emma Cloggie	05
1500	4:46.81	Ellie Buchan	08
3000	9:56.20	Rhona Auckland	12
60H	9.03	Catriona Pennet	01
HJ	1.71	Ellie Workman	09
PV	2.90	Sam Somers	12
LJ	5.36	Kirsten Young	05
TJ	11.00	Kirsten Young	05
<b>SP</b>	<b>10.86</b>	<b>Alison Horne</b>	<b>15</b>
Pent.	3212	Sarah Still	94

**UNDER-17 WOMEN**

60	7.82	Zoey Clark	11
200	25.16	Zoey Clark	11
300	39.81	Zoey Clark	11
400	57.64	Kelsey Stewart	13
800	2:17.60	Emma Cloggie	02
1500	4:46.81	Ellie Buchan	08
3000	12:23.44	Chantelle Clark	06
60H	8.83	Yasmin Milne	10
HJ	1.71	Ellie Workman	09
PV	2.85	Sam Somers	11
LJ	5.36	Kirsten Young	05
TJ	11.00	Kirsten Young	05
SP (4kg)	8.99	Sarah Lyon	99
<b>SP (3kg)</b>	<b>9.93</b>	<b>Alix Still</b>	<b>93</b>
Pent.	3337	Ellie Workman	09

**UNDER-15 GIRLS**

60	7.83	Lesley-Ann Mearns	05
200	25.51	Lesley-Ann Mearns	05
800	2:17.60	Emma Cloggie	02
1500	4:57.90	Hannah Smith	94
60H	9.30	Hannah Mathieson	00
HJ	1.56	Kate MacKay	14
PV	2.06	Sophie Anderson	11
LJ	5.02	Donna Quirie	91
SP (3.25kg)	8.68	Catriona Pennet	98
<b>SP (3kg)</b>	<b>6.64</b>	<b>Ellie Summers</b>	<b>15</b>
Pent.	2794	Jennifer Reid	92

**UNDER-13 GIRLS**

60	8.56	Lesley-Ann Mearns	03
200	28.66	Lesley-Ann Mearns	03
800	2:34.77	Laura Henderson	94
60H	10.00	Catriona Pennet	96
HJ	1.46	Kate MacKay	12
LJ	4.48	Sandra Gunn	88
SP	7.58	Sophie Anderson	10
Pent.	2030	Catriona Pennet	96

**VETERAN WOMEN (OVER 35)**

60	8.19	Kathleen Madigan	05
200	27.41	Kathleen Madigan	06
400	64.11	Laura Mahady	13
800	2:22.77	Sonia Armitage	06
1500	4:45.85	Sonia Armitage	06
3000	11:19.1	Laura Mahady	06
60H	10.80	Janet Lyon	01
HJ	1.36	Shona McKinnon	03
PV	2.70	Janet Lyon	02/04
<b>LJ</b>	<b>4.93</b>	<b>Fiona Davidson</b>	<b>15</b>
TJ	11.02	Fiona Davidson	14
SP	8.48	Kathleen Madigan	13
Pent.	2380	Shona McKinnon	02

**VETERAN WOMEN (OVER 40)**

60	8.32	Fiona Davidson	13
200	27.96	Janet Lyon	04
400	64.11	Laura Mahady	13
800	2:22.77	Sonia Armitage	06
1500	4:45.85	Sonia Armitage	06
3000	11:19.1	Laura Mahady	06
60H	10.90	Janet Lyon	02
HJ	1.32	Shona McKinnon	09
PV	2.70	Janet Lyon	02/04
<b>LJ</b>	<b>4.93</b>	<b>Fiona Davidson</b>	<b>15</b>
TJ	11.02	Fiona Davidson	14
SP	8.48	Kathleen Madigan	13
Pent	2286	Shona McKinnon	04

**VETERAN WOMEN (OVER 45)**

<b>60</b>	<b>8.78</b>	<b>Kathleen Madigan</b>	<b>15</b>
<b>200</b>	<b>29.13</b>	<b>Kathleen Madigan</b>	<b>15</b>
400	64.11	Laura Mahady	13
800	2:22.77	Sonia Armitage	06
1500	4:45.85	Sonia Armitage	06
3000	11:19.1	Laura Mahady	06
HJ	1.32	Shona McKinnon	09
PV	2.50	Janet Lyon	11
LJ	3.87	Shona McKinnon	11
TJ	8.09	Shona McKinnon	10

**VETERAN WOMEN (OVER 50)**

60	9.33	Penny Johnson	14
200	31.22	Penny Johnson	14
400	64.11	Laura Mahady	13
800	2:27.84	Laura Mahady	13
PV	2.35	Janet Lyon	14
LJ	3.59	Shona McKinnon	13
<b>SP</b>	<b>7.02</b>	<b>Ruth Watson</b>	<b>15</b>

**VETERAN WOMEN (OVER 55)**

400	64.11	Laura Mahady	13
800	2:27.84	Laura Mahady	13



U15 girls 4x100m relay Petrofac League Final- Jane Davidson, Katie MacDonald, Kirsty Oldham and Eilidh Shanks



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## ALL TIME TOP 20s - SENIOR EVENTS

### MEN 60m

7.0	MARK DAVIDSON	CA Stadium	03.04.94
7.0	MURRAY KING	Balgownie	02.09.88
7.0	BARRY MIDDLETON	CA Stadium	06.04.97
7.0	STAN WALKER	Grangemouth	29.03.87
7.1	Martin Johnston	Balgownie	06.06.84
7.1	Duncan Mathieson	Balgownie	02.09.88
7.1	Donald Ross	CA Stadium	03.04.94
7.1	Ray Smith	Balgownie	02.07.85
7.2	Ahmed Al-Kowarri	CA Stadium	07.04.02
7.2	Paul Davidson	CA Stadium	03.04.94
7.2	Bob Drummond	CA Stadium	04.04.93
7.2	Neil Fachie	CA Stadium	02.04.06
7.2	Kenny Lyon	Balgownie	02.09.88
7.2	Lee Williamson	CA Stadium	05.04.09
7.23	Gavin Irvine	CA Stadium	06.04.13
7.3	Ray Elrick	CA Stadium	02.04.95
7.3	Ian Garioch	CA Stadium	12.05.08
7.3	Craig Loney	CA Stadium	07.04.02
7.3	Alasdhair Love	CA Stadium	02.04.95
7.3	Sam Lyon	CA Stadium	31.03.12
7.3	Stuart Mathieson	CA Stadium	05.04.98
7.3	Kevin Morice	CA Stadium	11.07.00

### MEN 100m

10.50	MARK DAVIDSON	Crown Point	12.08.89
10.56	Stephen Dunlop	Eton	10.05.14
10.7	Martin Johnston	Grangemouth	27.04.85
10.8	Murray King	CA Stadium	25.06.89
10.8	Stan Malone	Balgownie	11.09.77
10.8	Campbell Paterson	Balgownie	06.05.72
10.8	Stan Walker	Pitreavie	14.05.88
10.9	Michael Catto	Balgownie	20.04.80
10.9	Richard Chessor	Meadowbank	27.04.03
10.9	Brian Gordon	Balgownie	17.05.72
10.90	Gavin Irvine	Scotstoun	30.08.14
10.9	Alan Mackenzie	Meadowbank	09.06.73
10.91	Barry Middleton	Meadowbank	05.06.96
10.92	Paul Allan	Stadthagen	23.06.90
10.94	Ian Garioch	Inverness	12.04.08
11.0	Duncan Mathieson	Iceland	01.07.90
11.0	David Oliver	Balgownie	27.04.76
11.0	Don Oliver	Arboretum	15.05.74
11.08	Sam Lyon	Scotstoun	30.08.14
11.1	Fairley/Carnie/Smith/Drummond/Ross/Elrick/ Fachie/Irvine		

### MEN 200m

21.07	MARK DAVIDSON	Crown Point	12.08.89
21.4	Martin Johnston	Crown Point	19.07.86
21.6	Murray King	Linkfield	06.09.88
21.8	Barry Middleton	CA Stadium	28.07.96
21.9	Brian Gordon	Balgownie	01.07.73
21.96	Stephen Dunlop	Eton	10.05.14
21.99	Ian Garioch	Inverness	08.05.10
22.1	David Oliver	Balgownie	18.08.76
22.2	Ahmed Al-Kowarri	CA Stadium	28.08.02
22.3	Paul Allan	CA Stadium	05.09.90
22.3	Campbell Paterson	Meadowbank	17.07.71
22.3	Duncan Mathieson	CA Stadium	07.04.91
22.34	Stan Walker	Meadowbank	10.07.88
22.35	Richard Chessor	Meadowbank	27.04.03
22.4	Paul Davidson	CA Stadium	23.07.95
22.4	John Dixon	Freiburg	12.07.66
22.5	Ray Smith	Livingston	24.05.86
22.6	Alexander Carnie	Grangemouth	17.06.89
22.6	Bruce Gibb	Perth	07.06.09
22.62	Gavin Irvine	CA Stadium	06.04.13

### MEN 300m

34.4	MARTIN JOHNSTON	Grangemouth	10.03.85
34.8	Barry Middleton	CA Stadium	06.04.97
35.1	Mark Davidson	CA Stadium	05.04.92
35.30	Sam Lyon	CA Stadium	29.08.13
35.4	Ahmed Al-Kowarri	CA Stadium	07.04.96
35.5	Ronald Smith	London (Par Hill)	12.04.09
35.9	Paul Davidson	CA Stadium	06.04.97
36.3	Ray Elrick	CA Stadium	05.04.98

36.3	Murray King	CA Stadium	07.04.96
36.6	Richard Gray	CA Stadium	06.04.03
36.6	Stuart Mathieson	CA Stadium	10.08.97
36.82	Robbie Shaw	CA Stadium	29.08.13
37.0	Cameron Brown	CA Stadium	28.08.14
37.1	Alasdhair Love	CA Stadium	18.07.93
37.1	Colin Wilson	CA Stadium	26.07.92
37.3	Gareth Lake	CA Stadium	28.08.14
37.4	David Braun	CA Stadium	05.04.98
37.4	Neil Fachie	CA Stadium	04.04.04
37.4	Tim Roads	CA Stadium	12.05.08
37.5	Peter Mutch	CA Stadium	24.05.12

### MEN 400m

46.9	MARK DAVIDSON	E Kilbride	29.07.89
46.97	Martin Johnston	Meadowbank	25.05.85
47.49	Ian Garioch	Wishaw	08.08.10
48.1	Barry Middleton	Scotstoun	16.07.00
48.8	John Dixon	Glasgow	15.06.66
48.8	Brian Gordon	Meadowbank	11.06.72
48.99	Ahmed Al-Kowarri	Carmarthen	16.07.96
49.1	Murray King	Crown Point	15.08.93
49.20	Duncan Mathieson	Stadthagen	23.06.90
49.32	Paul Allan	Middlesbrough	31.08.91
49.45	Michael Ferguson	CA Stadium	25.08.13
49.58	Paul Davidson	Meadowbank	16.06.96
49.8	David Oliver	Coatbridge	29.08.76
<b>49.95</b>	<b>Daniel Rees</b>	<b>Grangemouth</b>	<b>11.07.15</b>
50.08	Bruce Gibb	Newham	22.08.09
50.1	Thomas Blackie	Grangemouth	16.06.85
50.3	Steven Ledingham	Balgownie	02.07.85
50.50	Richard Singer	Meadowbank	23.06.95
50.58	David Braun	Meadowbank	01.08.99
50.7	Kenny Lyon	Crown Point	18.06.89

### MEN 800m

1:49.3	EWAN CALVERT	Stretford	23.08.94
1:50.37	Myles Edwards	Lokeren (BEL)	24.05.14
<b>1:52.09</b>	<b>Michael Ferguson</b>	<b>Bedford</b>	<b>20.06.15</b>
1:52.4	Michael Murray	Inverness	19.08.84
1:52.91	Alan Wales	Loughborough	18.05.05
1:53.00	Thomas Blackie	Meadowbank	22.06.85
1:53.4	Frank Boyne	CA Stadium	28.07.93
1:53.46	Adam Watt	Manchester	31.05.03
1:53.5	Ross Arbuckle	Pitreavie	27.05.79
1:53.51	James Joy	Solihull	10.07.10
1:54.24	Ray Creswell	Meadowbank	05.06.88
1:54.3	Brian Gordon	Meadowbank	23.06.73
1:54.7	David Stephen	Balgownie	28.07.84
1:54.8	Colin Donald	Crawley	21.07.84
1:54.82	Mark Haskett	Grangemouth	20.06.10
1:54.9	Michael Turner	Cosford	05.07.89
1:54.9	Lewis Walker	Meadowbank	08.05.77
1:54.91	Stuart Forbes	Manchester	31.05.03
1:55.04	Mark Kennedy	Manchester	21.05.05
1:55.1	Robert Mitchell	Coatbridge	28.06.81

### MEN 1500m

3:44.67	ALAN WALES	Manchester	15.07.06
3:46.91	Myles Edwards	Stretford	22.07.14
3:48.95	Frank Boyne	Solihull	21.08.94
3:49.7*	Bill Ewing	Pitreavie	29.06.66
3:50.0	Ray Creswell	Crown Point	31.08.88
<b>3:50.35</b>	<b>Michael Ferguson</b>	<b>Solihull</b>	<b>22.08.15</b>
3:50.58	Michael Murray	Meadowbank	01.07.84
3:51.8	Michael Turner	Cosford	14.06.89
3:52.6*	Steve Taylor	New Meadowbank	22.06.62
3:53.3	Robert Mitchell	Cwmbran	04.07.81
3:53.55	Mark Haskett	Watford	11.06.11
3:53.9	Stephen Wright	Gateshead	01.07.92
3:53.95	David Stephen	Meadowbank	22.06.85
3:54.32	Ben Hukins	Scotstoun	28.07.00
3:54.7*	Mel Edwards	Chiswick	25.07.64
3:55.1	Fraser Clyne	Coatbridge	28.06.81
3:55.8	Ross Arbuckle	Meadowbank	26.08.79
3:55.9	Colin McClean	Grangemouth	14.05.86
3:56.39	Ewan Calvert	Meadowbank	30.05.92
3:56.8	Darren Shinnie	Wishaw	25.07.04

\*Converted from mile time

**MEN 3000m**

8:14.6	FRASER CLYNE	Grangemouth	28.05.81
8:18.8	Graham Laing	Brisbane	25.09.82
8:19.5	Mel Edwards	Twickenham	25.08.68
8:23.07	Stephen Wright	Gateshead	15.07.92
8:24.82	Ray Creswell	Meadowbank	12.07.89
8:26.1	Gary Zeuner	Gateshead	15.07.87
8:28.3	Frank Boyne	CA Stadium	18.07.93
8:31.2	Alan Reid II	Inverness	01.07.90
8:33.2	Michael Turner	Sutton Coldfield	24.06.89
8:34.4	Ian Matheson	Elgin	08.06.86
8:34.6	Ben Hukins	CA Stadium	13.08.00
8:34.65	Darren Shinnie	Cardiff	17.07.04
8:35.9	Simon Axon	Inverness	05.07.87
8:36.69	Iain Donnan	Scotstoun	30.08.03
8:39.1	David Duguid	CA Stadium	23.07.89
8:40.4	Myles Edwards	CA Stadium	13.06.12
8:42.3	Robert Mitchell	Balgownie	17.06.80
8:42.4	Ross Arbuckle	Meadowbank	19.08.78
8:45.19	William Duncan	Sheffield	16.08.03
8:45.8	Alan Wales	CA Stadium	21.05.03

**MEN 5000m**

14:18.90	IAN MATHESON	Crown Point	22.07.89
13:46:0*	STEVE TAYLOR	Pitreavie	08.06.66
14:19.62	Fraser Clyne	Meadowbank	20.06.81
14:20.5	Graham Laing	Meadowbank	30.05.81
14:20.58	Chris Hall	Birmingham	22.05.88
14:22.5	Mel Edwards	Crystal Palace	20.08.68
<b>13:55.2*</b>	<b>Alastair Wood</b>	<b>Westerlands</b>	<b>12.06.62</b>
	14:48.0	Meadowbank	07.05.82
14:26.6	Bruce Chinnick	Inverness	23.05.87
14:28.77	Alan Reid II	Grangemouth	26.08.89
14:30.8	Bill Ewing	Grangemouth	31.05.69
14:32.5	Graham Milne	Melbourne	11.03.75
14:33.4	Stephen Wright	Coatbridge	18.08.91
14:42.5	Gary Zeuner	Crown Point	13.06.87
<b>14:45.08</b>	<b>Will MacKay</b>	<b>Oxford</b>	<b>18.07.15</b>
14:45.59	Ben Hukins	Grangemouth	17.04.11
14:45.73	Ray Creswell	Meadowbank	05.08.90
14:47.9	Peter Wilson	Balgownie	24.05.83
14:48.0	Donald Ritchie	Grangemouth	31.05.69
14:48.9	George Harper	Meadowbank	28.08.83
14:49.33	Iain Donnan	Meadowbank	16.05.04

\*3-mile race (shorter distance)

**MEN 10,000m**

29:23	FRASER CLYNE	Balgownie	06.05.83
29:23	GRAHAM LAING	Balgownie	06.05.83
28:27.0*	Mel Edwards	Grangemouth	23.06.67
<b>28:45.0*</b>	<b>Alastair Wood</b>	<b>Linksfield</b>	<b>05.06.68</b>
	30:25.4	Grangemouth	27.06.69
<b>29:02.0*</b>	<b>Steve Taylor</b>	<b>Linksfield</b>	<b>31.05.67</b>
	30:18.6	Meadowbank	25.06.71
30:26.62	Chris Hall	Haringey	20.08.88
30:28.0	Peter Wilson	Balgownie	24.05.83
<b>30:30.35</b>	<b>Will MacKay</b>	<b>Hutcheson's</b>	<b>17.04.15</b>
30:34.0	Jim Doig	CA Stadium	08.05.90
30:41.9	Ian Matheson	Grangemouth	16.06.85
30:54	Donald Ritchie	Meadowbank	21.08.71
30:56.0	Chris Armstrong	Wishaw	17.05.87
30:56.0	Craig Ross	Balgownie	06.04.83
30:58.2	Graham Milne	Balgownie	24.04.84
31:04.8	David Duguid	CA Stadium	04.05.89
31:09.1	Colin Farquharson	Balgownie	04.06.85
31:11.4	Michael Murray	CA Stadium	04.05.89
31:15.5	Charles McIntyre	Balgownie	04.06.85
31:22.7	Ray Creswell	Meadowbank	03.07.92
31:38.3	Alan Reid II	Inverness	19.09.87

\*6-mile race (shorter distance)

**MEN HALF MARATHON**

61:34	GRAHAM LAING	The Hague	19.03.83
62:54	Fraser Clyne	Morpeth	01.01.85
64:25	Simon Axon	Gateshead	08.06.86
65:02	Chris Hall	Arbroath	28.06.87
65:38	Bruce Chinnick	Kinloss	02.05.87
66:11	Peter Wilson	Fraserburgh	14.10.84
66:29	Colin Youngson	Inverness	22.03.87
66:38	Alan Reid II	Inverness	15.03.92
66:41	Kevin Best	Peterhead	18.08.85

66:53	George Reynolds	Linksfield	31.08.86
66:57	Graham Milne	Fraserburgh	14.10.84
67:13	David Clark	Linksfield	07.07.85
67:27	Charles McIntyre	Buckie	30.06.85
67:39	Michael McCulloch	Inverness	23.03.85
67:42	Donald Ritchie	London	19.04.83
68:00	Pat McErlean	Ayr	08.09.85
68:36	David Duguid	Linksfield	27.08.89
68:42	Craig Ross	Blairgowrie	20.08.83
68:48	Jim Doig	Inverness	18.03.90
<b>68:55</b>	<b>Will MacKay</b>	<b>Lossiemouth</b>	<b>08.02.15</b>

**MEN MARATHON**

2:11:50	FRASER CLYNE	Sacramento	02.12.84
2:13:45	Alastair Wood	Inverness	09.07.66
2:13:59	Graham Laing	London	29.03.81
2:16:06	David Clark	London	17.04.83
2:17:07	Rab Heron	N.Berwick	12.05.73
2:17:33	Colin Youngson	Maasluis	02.04.83
2:17:58	Jim Doig	London	22.04.90
2:18:25	Mel Edwards	Harlow	21.10.67
2:18:43	Joseph Clare	Inverness	06.07.68
2:19:28	Steve Taylor	Maxol	13.06.71
2:19:35	Donald Ritchie	London	17.04.83
2:19:53	Simon Axon	London	20.04.86
2:20:05	Peter Wilson	London	17.04.83
2:20:41	George Reynolds	London	17.04.83
2:21:27	Graham Milne	London	17.04.83
2:21:27	Kevin Best	Malmö	06.09.85
2:22:24	Craig Ross	Barcelona	13.03.83
2:23:07	John Lamont	London	17.04.83
2:23:28	Jack Maitland	Cumbria	00.10.83
2:23:40	Pat McErlean	Glasgow	22.09.85

**MEN 3000m STEEPLECHASE**

8:47.8	BILL EWING	Grangemouth	08.06.68
9:05.87	Gary Zeuner	Meadowbank	20.06.87
9:06.3	Frank Boyne	Crown Point	15.08.93
9:08.1	Fraser Clyne	Meadowbank	07.07.79
9:08.11	Stephen Wright	Crown Point	06.07.91
9:13.9	David Duguid	Balgownie	02.09.87
9:14.46	Ray Creswell	Crown Point	22.07.89
9:20.8	Chris Armstrong	Cosford	16.06.87
9:28.6	Ian Matheson	Ayr	19.06.88
9:30.6	Michael Turner	Meadowbank	28.07.85
9:33.19	Philip Stankler	Meadowbank	06.07.86
9:33.9	Alan Reid II	Inverness	16.05.93
9:36.5	Robin Sutherland	Coatbridge	17.05.92
9:37.64	David Munro	Grangemouth	05.08.12
9:40.79	Chris Smith	Scotstoun	26.06.99
9:41.0	Ian Johnstone	Balgownie	08.05.77
9:42.6	Michael Murray	Balgownie	03.06.86
9:47.2	Graham Laing	Balgownie	11.09.77
9:48.1	Mark Caird	Crown Point	26.05.91
9:48.3	Raph Murray	Meadowbank	30.05.81

**MEN 110m HURDLES**

14.9	DUNCAN MATHIESON	CA Stadium	12.06.90
15.28	Ryan Hewitson	Grangemouth	13.07.14
15.38	Paul Allan	Stadthagen	24.06.90
15.4	Murray King	Inverness	24.08.86
15.51	Mark Davidson	C A Stadium	09.07.89
15.6	Andrew Grant	Grangemouth	28.04.02
15.63	Tom Leeson	Ayr	21.07.96
15.65	Robert Miller	Hexham	18.07.04
15.7	Ivan Van Cleef	Meadowbank	29.04.01
16.2	Steven Ledingham	Pitreavie	12.05.85
16.4	David Polson	Balgownie	17.04.83
16.6	Michael Catto	Balgownie	17.05.80
16.6	Mark Dobbie	Kilkenny	27.08.95
<b>16.19</b>	<b>Daniel Rees</b>	<b>Meadowbank</b>	<b>30.08.15</b>
16.6	Allan Kenny	Coatbridge	16.05.76
16.8	Dinkar Sabnis	Cardiff	30.08.92
16.9	Martin Hoile	Balgownie	13.04.80
17.0	Jonathan Gregory	Dundee	22.08.99
17.0	David Low	Coatbridge	12.05.92
17.0	Keith Oag	Inverness	20.08.95

**MEN 400m HURDLES**

50.79	MARK DAVIDSON	Sittard	17.06.89
51.18	Barry Middleton	Birmingham	16.06.96
53.70	Steve Ledingham	Meadowbank	25.05.85
54.15	Jonathan Mann	Gateshead	15.06.12
54.98	Andrew Grant	Scotstoun	14.08.04
55.1	Robert Miller	Dundee	11.07.04
<b>55.99</b>	<b>Daniel Rees</b>	<b>Kilmarnock</b>	<b>05.07.15</b>
56.1	Paul Allan	CA Stadium	29.06.89
56.50	Ronald Smith	Grangemouth	11.07.99
56.6	Alasdair Love	Ayr	18.07.95
56.8	Murray King	Crown Point	07.06.86
57.1	Denis Shepherd	Balgownie	09.09.79
57.82	Sam Lyon	Grangemouth	12.06.10
58.0	Richard Singer	CA Stadium	06.06.96
58.3	Kenny Lyon	Balgownie	31.08.80
58.4	Brian Turnbull	Balgownie	10.09.78
58.44	Edward McKenzie	Meadowbank	19.08.84
58.59	Gareth Lake	CA Stadium	25.07.13
58.9	Frank Boyne	Balgownie	13.08.85
58.99	Simon Brame	Meadowbank	23.07.83

**MEN HIGH JUMP**

2.07	DUNCAN MATHIESON	Stadthagen	23.06.90
2.00	David Polson	Meadowbank	19.07.81
2.00	Dinkar Sabnis	Grangemouth	29.08.93
1.98	Keith Oag	Dublin	13.08.94
1.95	Paul Allan	CA Stadium	08.09.91
1.95	Ian Bailey	Meadowbank	29.06.86
1.95	Miller Mathieson	Coatbridge	22.07.84
1.91	Ryan Hewitson	Ashford	21.07.12
1.91	Kevin Lutton	CA Stadium	09.05.01
1.90	Grant Robertson	CA Stadium	05.04.14
1.90	William Stark	Scotstoun	16.05.99
1.88	George Stewart	Meadowbank	11.06.72
1.85	Andrew Grant	Meadowbank	13.05.01
1.85	Craig Noble	CA Stadium	07.06.92
1.85	William Smy	Dundee	02.08.09
1.84	Michael Corrie	Balgownie	22.06.75
1.83	James Shand	Aberdeen	02.06.62
1.83	Michael Spink	CA Stadium	20.05.93
1.80	Lyon/Petrie/Catto/Kennedy/Lind/Wright/ Leeson/Miller/Sutherland/Rees		

79/79/80/82/89/92/96/03/04/15

**MEN POLE VAULT**

4.20	DUNCAN MATHIESON	London	07.07.90
4.00	Paul Allan	Meadowbank	14.07.93
4.00	David Mann	Grangemouth	21.07.13
3.91	Douglas McAllister	Meadowbank	27.08.78
3.90	Tom Leeson	Ayr	21.07.96
3.77	Alasdair Lowe	CA Stadium	23.08.14
3.75	Kenny Lyon	Meadowbank	06.07.86
3.70	Robert Masson	Meadowbank	07.09.80
<b>3.70</b>	<b>Jools Peters</b>	<b>CA Stadium</b>	<b>16.08.15</b>
3.50	Mark Dobbie	CA Stadium	16.07.95
3.50	Frank Fenton	Balgownie	26.04.79
<b>3.50</b>	<b>Daniel Rees</b>	<b>Grangemouth</b>	<b>12.07.15</b>
3.40	Fraser Benzie	Grangemouth	25.06.00
3.40	Michael Kennedy	Balgownie	28.04.84
3.40	Sam Lyon	Grangemouth	20.06.10
3.35	Derek Beaton	Meadowbank	09.08.92
3.35	Miller Mathieson	Balgownie	02.04.84
3.30	Dinkar Sabnis	Cardiff	30.08.92
3.23	Paul Torry	Sheffield	02.09.01
3.10	W Stark/J Gregory/R Miller		93 / 99 / 04

**MEN LONG JUMP**

7.62	DUNCAN MATHIESON	West London	30.07.95
7.07	William Stark	Pitreavie	08.07.95
7.06	Dinkar Sabnis	CA Stadium	22.08.93
7.05	Sam Lyon	Scotstoun	10.08.13
6.98	Paul Allan	Prague	26.05.90
6.91	Charles Smith	Linksfield	10.06.63
6.88	Chukwudi Onyia	Grangemouth	20.04.14
6.87	Robert Miller	CA Stadium	18.05.03
6.83	Murray King	Balgownie	15.06.88
6.82	Derek Elmslie	Heriot-Watt	07.05.77
6.78	James Laird	Linksfield	03.05.62
6.73	Kenny Lyon	Balgownie	14.06.80
6.73	David Polson	Balgownie	17.05.83

6.73	John Waters	Linksfield	19.06.61
6.69	Tom Leeson	Antrim	31.08.96
6.67	Michael Catto	Balgownie	02.08.80
6.66	Michael Ashford	Meadowbank	29.06.74
6.65	Mark Dobbie	Meadowbank	15.05.94
6.63	Simon Sawhney	CA Stadium	20.05.07
6.62	David Fairley	Meadowbank	19.08.84

**MEN TRIPLE JUMP**

15.16	CHUKWUDI ONYIA	Eton	06.07.13
<b>14.81</b>	<b>Sam Lyon</b>	<b>CA Stadium</b>	<b>15.08.15</b>
14.55	William Stark	Crown Point	11.06.95
14.43	Stan Malone	Grangemouth	12.05.79
14.42	Duncan Mathieson	Birmingham	15.07.90
14.09	Dinkar Sabnis	Banchory	29.08.91
13.68	Paul Allan	CA Stadium	14.06.89
13.58	Kenny Lyon	Meadowbank	06.07.86
13.57	James Laird	Dundee	17.09.60
13.52	Miller Mathieson	Meadowbank	19.08.84
13.43	John Waters	Linksfield	19.06.61
13.27	Stewart Clark	Grangemouth	14.08.11
13.23	James Shand	Linksfield	02.06.62
13.12	David Polson	Inverness	24.07.82
13.10	Paul McAndrew	CA Stadium	02.06.96
13.06	Michael Spink	CA Stadium	26.07.92
12.98	David Fairley	Coatbridge	22.07.84
12.84	Robert Miller	CA Stadium	01.05.02
12.83	Ian Bailey	Meadowbank	29.06.86
12.75	D Parham/S Ledingham		77 / 83

**MEN SHOT**

16.29	GORDON SMITH	Banchory	01.05.94
16.28	Scot Thompson	Newham	22.08.09
14.42	Paul Allan	Crown Point	15.08.93
14.21	Bruce Shepherd	Inverness	05.04.92
13.79	James Laird	Dundee	23.04.67
13.55	Duncan Mathieson	Linwood	19.07.97
13.45	Craig Anderson	CA Stadium	19.04.98
13.42	Bruce MacKay	Newtonmore	04.08.76
13.12	Tekis Lekkas	Inverness	02.08.98
13.04	Darren Chapman	CA Stadium	18.04.10
12.90	Peter Venters	Grangemouth	11.07.82
12.45	Fintan McCabe	Grangemouth	13.07.08
12.09	Tom Leeson	Ayr	20.07.96
11.86	John Fyvie	CA Stadium	26.06.14
11.82	Edward McKenzie	Inverness	13.05.01
11.82	David Minty	Inverness	12.09.92
11.80	Padraig White	Pitreavie	24.04.10
11.58	Jack Davidson	Balgownie	17.06.80
11.58	Craig Loney	Inverness	11.05.02
<b>11.51</b>	<b>Jools Peters</b>	<b>Grangemouth</b>	<b>11.07.15</b>



Without them we can't compete –Linda Kemp  
and Alison Mathieson

**MEN DISCUS**

53.66	SCOT THOMPSON	Barnet Cothall	05.06.10
43.66	Paul Allan	Dundee	22.08.93
42.76	Bruce Shepherd	CA Stadium	13.06.91
42.17	Tekas Lekkas	Inverness	02.08.98
40.90	Bruce MacKay	Meadowbank	22.06.74
40.46	Duncan Mathieson	Crown Point	11.06.95
40.00	Peter Venters	Balgownie	03.06.84
36.96	David Minty	Inverness	12.09.92
36.64	James Laird	Linksfield	17.05.67
36.15	Fintan McCabe	Inverness	12.04.08
35.98	Tom Leeson	CA Stadium	21.05.95
35.20	John McCorquodale	Birmingham	19.06.77
35.12	Douglas McAllister	Coatbridge	14.08.77
34.78	Edward McKenzie	Inverness	11.09.94
34.75	John Fyvie	Scotstoun	30.08.14
34.04	Jools Peters	Grangemouth	06.07.14
33.95	Robert Miller	Inverness	12.09.04
33.92	Robert Masson	Inverness	13.06.92
33.70	Ian Christie	Meadowbank	17.06.84
33.66	Peter Fraser	Greenock	26.04.98

**MEN HAMMER**

62.73	PADRAIG WHITE	Pitreavie	24.04.10
53.18	Bruce Shepherd	Inverness	13.07.96
49.44	Scot Thompson	CS Stadium	19.08.10
44.19	John Fyvie	Grangemouth	20.04.14
41.87	Barry Dobbie	CA Stadium	18.04.99
41.68	Peter Venters	Balgownie	29.05.83
41.48	Craig Loney	Inverness	11.05.03
41.38	David Minty	East Kilbride	26.04.92
41.22	Graham Applegate	Meadowbank	06.05.73
40.31	Matthew Maitland	Scotstoun	14.07.02
39.38	Paul Allan	Crown Point	18.06.89
39.01	Peter Fraser	CA Stadium	18.04.99
37.04	Bruce MacKay	Grangemouth	02.05.70
35.64	David Robinson	Coatbridge	22.07.79
33.57	Edward McKenzie	Invee4rrness	09.05.09
30.98	Bob Ingram	Dundee	25.08.85
30.58	Michael Spink	Crown Point	11.06.95
30.40	Robert Masson	CA Stadium	28.07.96
30.06	Ian Christie	Meadowbank	17.06.84
29.12	Paul Henderson	CA Stadium	20.05.07

**MEN JAVELIN**

<b>OLD:</b>			
56.02	JOHN WATERS	Linksfield	15.05.61
54.64	Kenneth McKenzie	Linksfield	23.05.71
52.98	Roger Benton	Meadowbank	29.06.86
52.42	John Wiseman	Scotstoun	14.06.75
49.40	James Laird	Linksfield	03.05.62
<b>NEW:</b>			
58.75	PETER FRASER	Greenock	26.04.98
57.70	Ben Jump	Meadowbank	02.08.92
57.14	Robert Miller	Walthamstow	18.08.02
55.90	Duncan Mathieson	Stadthagen	24.06.90
55.65	Ryan Knight	Dundee	07.08.11
55.45	Scot Thompson	Hendon	04.09.10
52.96	Paul Allan	Hendon	25.08.91
52.86	Tom Leeson	CA Stadium	28.04.96
49.62	Michael Spink	CA Stadium	02.04.95
49.26	Keith Simpson	Scotstoun	14.06.98
47.98	Edward McKenzie	CA Stadium	11.05.91
46.54	Sam Lyon	Grangemouth	13.07.14
45.92	Kenny Lyon	CA Stadium	02.04.89
45.88	Mark Dobbie	Pitreavie	02.06.96
44.46	Frank Fenton	Meadowbank	28.08.88

**MEN DECATHLON (TOP 19)**

<b>OLD:</b>			
5694	KENNY LYON	Balgownie	02/03.08.80 (11.50; 6.57; 9.04; 1.77; 53.0; 17.9; 24.26; 3.20; 39.36; 4:33.9)
5474	Douglas McAllister	Balgownie	21/22.08.76 (11.02; 6.02; 9.90; 1.57; 55.0; 17.6; 31.16; 3.75; 31.90; 5:18.7)
5188	Robert Masson	Grangemouth	11/12.07.81
5124	Michael Catto	Glenrothes	12/13.06.80
5028	Allan Kenny	Scotstoun	19/20.07.75
4727	Steven Ledingham	Grangemouth	04/05.08.84
4640	David Oliver	Balgownie	30/31.07.77
4529	Edward McKenzie	Coatbridge	17/18.05.86
3960	Ray Smith	Balgownie	02/03.08.80
<b>NEW:</b>			
7535	DUNCAN MATHIESON	Stadthagen	23/24.06.90 (11.06; 7.27; 12.94; 2.07; 49.20; 15.03; 36.54; 4.10; 55.90; 4:42.64)
7240	Paul Allan	Hendon	24/25.08.91 (11.28; 6.92; 13.82; 1.94; 49.99; 16.03; 43.52; 3.70; 52.96; 4:31.9)
6371	Tom Leeson	Antrim	31.08/01.09.96 (11.65; 6.69; 11.57; 1.79; 52.86; 15.56; 35.40; 3.80; 52.12; 5:12.97)
6058	Robert Miller	Hexham	17/18.07.04
5915	Mark Davidson	Stoke	25/26.06.87
5397	Paul Torry	Bedford	14/15.07.01
5264	Kenny Lyon	CA Stadium	22/23.06.91
5203	Dinkar Sabnis	Cardiff	29/30.08.92
5164	Mark Dobbie	Kilkenny	26/27.08.95
<b>4967</b>	<b>Jools Peters</b>	<b>Grangemouth</b>	<b>11/12.07.15</b>
4053	Edward McKenzie	Rotherham	17/18.09.05
3711	Kevin Morice	Grangemouth	14/15.07.07

**MEN 4x100m RELAY (TOP 10)**

42.1	MATHIESON, KING, DRUMMOND, DAVIDSON	Meadowbank	14.08.88
42.21	Mathieson, King, Walker, Davidson	Meadowbank	28.05.88
43.0	Mathieson, Stark, P Davidson, M Davidson	Crownpoint	11.06.95
43.3	Mathieson, Reaper, Davidson, King	Meadowbank	17.08.86
43.3	Mathieson, King, Allan, Davidson	Crown Point	17.07.88
43.3	Mathieson, Allan, Drummond, Davidson	Crown Point	17.06.90
43.4	Drummond, Davidson, Lyon, Allan	Ayr	21.05.89
43.4	Lyon, King, Davidson, Sabnis	CA Stadium	28.04.91
43.4	D Mathieson, Middleton, Drummond, Elrick	Grangemouth	03.08.97
43.48	Mathieson, Davidson, Ross, King	Meadowbank	24.04.94



Scottish 1500m champion – Myles Edwards

**MEN 4x400m RELAY (TOP 10)**

3:19.3	P DAVIDSON, MATHIESON, MIDDLETON, AL-KOWARRI	Grangemouth	03.08.97
3:19.5	P Davidson, Singer, Middleton, M Davidson	Meadowbank	06.08.95
3:21.0	Walker, M Davidson King, Allan	Dundee	26.06.88
3:22.9	Al-Kowarri, Middleton, P Davidson, M Davidson	CA Stadium	28.04.96
3:22.94	King, Smith, Mathieson, M.Davidson	Meadowbank	23.08.87
3:23.6	Ledingham, Murray, Creswell, Johnston	Meadowbank	21.08.83
3:24.5	Ledingham, Morrice, Lyon, M.Davidson	Crown Point	12.08.89
<b>3:24.59</b>	<b>Edwards, Rees, Ferguson, Calder</b>	<b>Inverness</b>	<b>14.06.15</b>
3:24.9	Morrice, Stephen, Kean, M.Davidson	Wishaw	17.05.87
3:25.03	P Davidson, G Smith Calvert, Middleton	Meadowbank	24.04.94

**WOMEN 60m**

7.5	DAWN KITCHEN	Balgownie	02.07.85
7.7	Katrina Leys	CA Stadium	04.04.93
7.7	Sarah Still	CA Stadium	01.04.01
7.8	Dawn Flockart	CA Stadium	02.04.95
7.8	Kathleen Madigan	Balgownie	28.05.86
7.9	Aileen Connelly	CA Stadium	03.04.05
7.9	Linda Davidson	CA Stadium	03.04.94
7.9	Catrina Pennet	CA Stadium	06.04.03
7.9	Kim Smith	Grangemouth	29.03.87
7.9	Susan Tengtenga	CA Stadium	05.04.09
7.9	Fiona Watt	CA Stadium	06.04.97
7.9	Alison Wylie	CA Stadium	03.04.11
8.0	Yasmin Milne	CA Stadium	03.04.11
8.0	Gail Murchie	CA Stadium	03.04.94
8.0	Louise Paterson	CA Stadium	05.04.92
8.0	Donna Quirie	CA Stadium	03.04.94
8.0	Angela Shearer	CA Stadium	07.04.02
8.0	Helen Windass	CA Stadium	06.04.97
8.1	Nicola Kemp/Janet Lyon/Suzanne Middleton/ Kirsten Young/Zoey Clark	95 / 97 / 00 / 05 / 10	

**WOMEN 100m**

11.8	DAWN FLOCKHART	CA Stadium	12.06.94
11.8	SARAH STILL	CA Stadium	05.09.99
11.9	Louise Paterson	CA Stadium	09.06.91
12.1	Katrina Leys	Crown Point	16.08.92
12.1	Kim Smith	Inverness	19.04.87
12.12	Aileen Connelly	Belfast	10.06.06
<b>12.12</b>	<b>Rebecca Matheson</b>	<b>CA Stadium</b>	<b>06.09.15</b>
12.2	Fiona Auld	Balgownie	22.08.76
12.2	Hayley Bowers	Peterhead	24.05.98
12.2	Zoey Clark	Perth	01.05.11
12.2	Dawn Kitchen	Dundee	25.08.85
12.2	Kathleen Madigan	Dundee	25.07.87
12.28	Gwen Vaughan	Meadowbank	14.06.86
12.37	Lesley-Ann Mearns	Birmingham	13.08.05
12.4	Michelle Bruce	Grangemouth	13.06.83
12.4	Debra Carle	Balgownie	17.06.80
12.4	Fiona Davidson	Inverness	15.06.97
12.5	Joan Simpson/Lesley Reid/Jenny Bole//Roslyn Duncan/Corrie Butler/Sandra Gunn/Fiona Lumsden/ Linda Davidson/Gail Murchie/Catrina Pennet/Saffron Cummings		

**WOMEN 200m**

<b>23.62</b>	<b>ZOEY CLARK</b>	<b>Meadowbank</b>	<b>06.06.15</b>
23.9	Dawn Flockhart	CA Stadium	09.06.96
24.4	Dawn Kitchen	Coatbridge	07.09.86
24.4	Sarah Still	CA Stadium	01.09.99
24.7	Louise Paterson	Crown Point	16.06.90
24.8	Kelsey Stewart	Pitreavie	23.05.14
24.94	Aileen Connelly	Grangemouth	07.08.05
25.0	Katrina Leys	Coatbridge	02.08.98
25.0	Kim Smith	Coatbridge	02.09.84
25.05	Lesley-Ann Mearns	Birmingham	14.08.05
25.1	Kathleen Madigan	Coatbridge	04.05.86
25.2	Helen Windass	Coatbridge	17.05.98

25.3	Suzanne Middleton	CA Stadium	25.07.99
<b>25.33</b>	<b>Rebecca Matheson</b>	<b>Grangemouth</b>	<b>30.08.15</b>
25.4	Nicola Imrie	Crown Point	20.06.92
25.4	Susan Hendry	CA Stadium	12.06.94
25.5	Fiona Auld	Balgownie	18.06.78
25.5	Michelle Bruce	Grangemouth	13.06.82
25.56	Catrina Pennet	Meadowbank	17.04.11
25.59	Lorna Johnston	Grangemouth	17.06.00

**WOMEN 300m**

38.66	KELSEY STEWART	Dublin	20.07.13
38.9	Dawn Flockhart	CA Stadium	07.04.96
39.44	Zoey Clark	Inverness	05.09.10
40.21	Louise Paterson	Crystal Palace	17.08.91
40.5	Susan Hendry	CA Stadium	10.08.00
40.6	Helen Windass	CA Stadium	05.06.97
40.7	Nicola Gauld	CA Stadium	07.04.02
40.9	Lorna Johnston	Grangemouth	16.06.00
41.0	Katrina Leys	CA Stadium	04.04.93
41.1	Aileen Connelly	CA Stadium	03.04.05
41.21	Rebecca Mortimer	Grangemouth	20.08.05
41.3	Morag Keenan	Meadowbank	19.06.93
41.4	Emma Cloggie	CA Stadium	18.04.04
41.42	Ademide Ademuyewo	CA Stadium	29.08.13
<b>41.7</b>	<b>Rebecca Matheson</b>	<b>Dundee</b>	<b>02.08.15</b>
41.9	Sarah Still	CA Stadium	04.04.93
42.0	Hayley Bowers	CA Stadium	26.05.99
42.1	Jaclyn Anderson	CA Stadium	12.06.94
42.1	Catrina Pennet	CA Stadium	06.04.03
42.3	Angela Shearer	Dundee	08.07.01



Catrina Pennet

**WOMEN 400m**

<b>53.11</b>	<b>ZOEY CLARK</b>	<b>Bedford</b>	<b>04.05.15</b>
53.99	Dawn Kitchen	Meadowbank	23.07.85
54.4	Dawn Flockhart	Birmingham	19.08.95
54.83	Kelsey Stewart	Bedford	22.06.14
55.69	Susan Hendry	Solihull	05.08.00
56.20	Emma Cloggie	Grangemouth	10.06.05
56.7	Helen Windass	Scotstoun	26.04.98
56.80	Aileen Connelly	Scotstoun	14.05.05
57.0	Nicola Gauld	CA Stadium	21.04.02
57.2	Bridie McGlashan	Meadowbank	26.04.87
57.24	Louise Paterson	Waterford	11.08.90
57.4	Lorna Johnston	CA Stadium	13.09.00
57.50	Ademide Ademuyewo	Meadowbank	25.08.13
<b>57.67</b>	<b>Emma Leask</b>	<b>Jersey</b>	<b>30.06.15</b>
57.77	Carmen Collins	Meadowbank	17.05.92
58.6	Debra Carle	Balgownie	11.08.81
58.85	Marie Dobson	Inverness	17.09.11
58.86	Jaclyn Anderson	Meadowbank	04.09.94
59.3	Sylvia Kamyra	Dundee	28.06.09
59.4	Linda Davidson	Coatbridge	13.09.92



**WOMEN 800m**

2:05.11	NICOLA GAULD	Birmingham	01.07.06
2:07.7	Susan Hendry	Scotstoun	29.07.00
<b>2:08.00</b>	<b>Emma Leask</b>	<b>Oxford</b>	<b>18.07.15</b>
<b>2:09.05</b>	<b>Kelsey Stewart</b>	<b>Hutcheson's</b>	<b>05.06.15</b>
2:10.67	Emma Cloggie	Solihull	24.06.06
2:13.36	Dawn Simpson	Ayr	13.08.88
2:14.3	Carolyn Sheehan	Inverness	19.08.84
2:14.44	Ellie Buchan	Trafford	27.06.09
<b>2:14.67</b>	<b>Gemma Cormack</b>	<b>Grangemouth</b>	<b>30.08.15</b>
2:16.09	Lynsey Still	Pitreavie	08.07.95
2:16.22	Carly Hall	Pitreavie	20.06.09
2:16.4	Sonia McLaren	Vancouver	02.07.82
2:16.6	Kathryn Mearns	Balgownie	15.08.82
2:16.8	Jaclyn Anderson	CA Stadium	18.07.93
<b>2:17.09</b>	<b>Rebecca Eggeling</b>	<b>Grangemouth</b>	<b>13.06.15</b>
2:17.63	Christie Noble	Watford	11.08.10
<b>2:17.70</b>	<b>Naomi Lang</b>	<b>CA Stadium</b>	<b>10.09.15</b>
2:18.12	Sarah Still	Stoke	30.07.00
2:18.2	Lisa Davidson	Coatbridge	20.05.90
2:18.7	Linda Falconer	Dublin	11.04.81

**WOMEN 1500m**

4:11.80	NICOLA GAULD	Twickenham	04.06.08
4:17.4	Kathryn Mearns	Grangemouth	18.07.82
<b>4:26.80</b>	<b>Gemma Cormack</b>	<b>Hutcheson's</b>	<b>24.07.15</b>
4:30.92	Kate Rice	Copeland	08.08.90
4:31.96	Rhona Auckland	CA Stadium	20.04.14
4:35.00	Sonia McLaren	Phoenix, USA	06.04.85
4:38.5	Debbie Kilner	CA Stadium	09.09.95
4:38.98	Christie Noble	Watford	28.07.10
<b>4:39.60</b>	<b>Naomi Lang</b>	<b>Grangemouth</b>	<b>22.08.15</b>
4:40.22	Carly Hall	Meadowbank	20.06.10
4:41.9	Lynda Bain	Inverness	22.05.88
4:41.9	Clare Miller	CA Stadium	04.08.02
4:42.0	Freyja Printice	Cheltenham	11.07.12
4:42.2	Carolyn Sheehan	Balgownie	20.08.86
<b>4:42.39</b>	<b>Rebecca Eggeling</b>	<b>Grangemouth</b>	<b>22.08.15</b>
4:43.5	Ellie Buchan	Dundee	27.04.08
4:44.95	Tracey Brindley	Meadowbank	09.05.97
4:45.6	Lynsey Still	CA Stadium	09.09.95
4:46.6	Allison Diamond	Grangemouth	05.06.82
4:47.3	Sue Lanham	CA Stadium	22.08.91



Alix Still - Sport Aberdeen 2015 Junior Sports Person of the Year

**WOMEN 3000m**

9:04.21	NICOLA GAULD	Watford	14.06.08
9:16.4	Kathryn Mearns	Grangemouth	10.07.82
<b>9:18.3</b>	<b>Rhona Auckland</b>	<b>London</b>	<b>25.07.15</b>
9:50.9	Sonia McLaren	Bellingham, US	16.04.83
9:51.0	Lynda Bain	Dundee	26.06.88
9:51.9	Heather Wisley	Coatbridge	20.05.90
9:53.2	Tracey Brindley	Crown Point	27.04.97
9:54.5	Kate Rice	Grangemouth	02.09.90
9:58.8	Debbie Kilner	CA Stadium	01.06.95
9:58.80	Christie Noble	London	14.08.10
<b>10:10.59</b>	<b>Ellie Buchan</b>	<b>Grangemouth</b>	<b>30.08.15</b>
10:13.65	Clare Miller	Meadowbank	28.04.02
10:15.51	Susan Lamb	Meadowbank	10.09.95
10:18.8	Sue Lanham	CA Stadium	22.07.90
10:20.6	Eilidh Prise	CA Stadium	13.06.12
10:21.1	Janet Fraser	Wishaw	07.08.88
10:22.2	Janine Robertson	Grangemouth	01.09.85

10:22.96	Gemma Cormack	Meadowbank	13.07.14
10:26.0	Helen Grant	Coatbridge	27.08.95
10:31.0	Jillian Grams	Coatbridge	31.05.92

**WOMEN 5000m**

<b>15:27.60</b>	<b>RHONA AUCKLAND</b>	<b>London</b>	<b>25.07.15</b>
16:44.63	Tracey Brindley	Birmingham	26.07.98
16:51.1	Lynda Bain	CA Stadium	04.07.89
17:09.8	Debbie Kilner	CA Stadium	29.06.95
17:09.94	Clare Miller	Meadowbank	12.05.02
<b>17:29.82</b>	<b>Ellie Buchan</b>	<b>CA Stadium</b>	<b>15.08.15</b>
17:48.80	Sonia Armitage	Chester-le-Street	31.07.99
17:56.37	Christie Noble	London	17.07.10
18:04.2	Helen Grant	CA Stadium	29.06.95
18:06.07	Charlotte Forbes	Oxford	20.05.06
18:49.7	Rhona Buchan	CA Stadium	29.08.07
19:02.1	Laura Mahady	CA Stadium	28.05.08
19:07.8	Kathryn Mearns	CA Stadium	14.08.97
19:09.99	Eilidh Prise	CA Stadium	24.08.14
19:18.1	Carly Hall	CA Stadium	01.07.09
20:15.9	Margaret Stafford	CA Stadium	04.06.91
20:19.86	Katie Watson	CA Stadium	08.05.14
20:46.7	Nicola Smith	CA Stadium	16.05.11
21:40.28	Sinead Stenhouse	CA Stadium	28.05.14
21:57.9	Bing Kerr	CA Stadium	07.07.89



Petrofac League winners

**WOMEN 10000m (TOP 16)**

<b>32:22.79</b>	<b>RHONA AUCKLAND</b>	<b>Tallinn</b>	<b>10.07.15</b>
36:22.7	Debbie Kilner	CA Stadium	02.05.95
37:18.2	Heather Wisley	CA Stadium	04.05.89
37:36.3	Helen Grant	CA Stadium	02.05.95
37:55.0	Sue Lanham	CA Stadium	05.05.92
38:18.5	Sonia Armitage	CA Stadium	04.07.02
38:30.0	Jillian Grams	CA Stadium	05.05.92
38:57.7	Pamela Tosh	CA Stadium	22.06.09
40:36.1	Susan Lamb	CA Stadium	03.05.94
42:20.6	Kathryn Mearns	CA Stadium	03.07.03
46:29.3	Trish McLauchlan	CA Stadium	22.06.09
46:43.0	Maureen MacInnes	CA Stadium	22.06.09
47:03.5	Jane MacKay	CA Stadium	22.06.09
48:40.8	Janice Gordon	CA Stadium	04.07.02
48:42.8	Nancy MacKinnon	CA Stadium	04.07.02
49:33.1	Ann Clark	CA Stadium	22.06.09

**WOMEN HALF MARATHON**

1:13:22	LYNDA BAIN	Aberdeen	07.07.85
1:16.47	Tracey Brindley	Inverness	09.03.97
1:18:17	Debbie Kilner	Newcastle	17.09.95
1:20:40	Pamela Tosh	Inverness	14.03.10
1:22:09	Ulli Simpson	Aberdeen	26.08.90
1:22.36	Sonia McLaren	Aberdeen	07.07.85
1:23:27	Janine Robertson	Inverness	22.03.87
1:23:40	Ginnie Pollard	Aberdeen	28.08.93
1:24:07	Margaret Stafford	Dyce	27.03.88
1:24:01	Helen Grant	Peterhead	24.09.95
1:24:53	Susan Lamb	Dyce	27.03.88
1:24:57	Clare Miller	Inverness	08.03.98
1:25:49	Valerie Allan	Elgin	07.08.88
1:25:51	Heather Wisley	Aberdeen	28.08.88
<b>1:25:56</b>	<b>Kerry Prise</b>	<b>Dyce</b>	<b>16.08.15</b>
1:27:48	Diana Jermieson	Rannoch	25.06.89
1:28:50	Angela Hepburn	Elgin	04.09.05
1:29:35	Jackie Nuttall	Dyce	27.03.88
1:30:01	Morag Taggart	Inverdee	13.03.83
1:30:58	Nancy MacKinnon	Peterhead	17.06.90

### WOMEN MARATHON

2:33:38	LYNDA BAIN	London	21.04.85
2:59:13	Pamela Tosh	Fort William	18.04.10
3:00:32	Margaret Stafford	London	22.04.90
3:01:57	Janine Robertson	Aberdeen	15.09.85
3:03:49	Morag Taggart	Aberdeen	19.09.82
3:15:52	Diana Jermieson	Aberdeen	28.05.89
3:17:27	Maggie Oliver	Rannoch	28.06.87
3:18:57	Angela Hepburn	Fort William	18.04.10
3:21:16	Margaret Buchan	Aberdeen	19.09.82
3:24:22	Olive Fraser	London	23.04.89
3:25:29	Margaret McDonald	Elgin	10.08.86
3:25:41	Jackie Nuttall	Aberdeen	16.09.84
3:27:42	Leona Hart	Dundee	28.04.85
3:28:21	Linda Trahan	Elgin	07.08.88
3:28:43	Joan Molloy	Fortrose	29.10.88
3:30:15	Ulli Simpson	Aberdeen	16.09.84
3:32:29	Lillian MacDonald	Aberdeen	15.09.85
3:32:33	Betty May	London	21.04.91
3:37:09	Maureen McInnes	Amsterdam	15.10.06
3:38:38	Isabel McDonald	Dublin	26.10.98

### WOMEN 400m HURDLES

61.80	SYLVIA KAMYA	CA Stadium	30.08.09
62.34	Catriona Pennet	Manchester	31.07.04
63.20	Rebecca Dougall	Grangemouth	12.06.99
64.7	Marie Dobson	CA Stadium	04.09.11
65.1	Jade Halket	CA Stadium	04.09.11
65.3	Valerie Tyrrie	Grangemouth	13.06.82
65.48	Angela Shearer	Caen	29.05.02
<b>65.80</b>	<b>Lise Theron</b>	<b>Grangemouth</b>	<b>23.05.15</b>
66.7	Fiona Davidson	Coatbridge	03.08.97
66.9	Janet Edon	Meadowbank	14.05.88
67.7	Gail Murchie	Pitreavie	14.06.92
67.9	Lynsey Still	CA Stadium	07.05.95
<b>68.1</b>	<b>Sophia Hamilton</b>	<b>Perth</b>	<b>17.05.15</b>
70.0	Rosslyn Duncan	Coatbridge	02.09.84
70.2	Laura Henderson	CA Stadium	05.08.01
70.40	Lisa Humphreys	Inverness	17.09.11
70.4	Joan Reid	Balgownie	08.06.82
70.7	Trisha Ronney	Wishaw	06.09.87
71.25	Linda Davidson	Meadowbank	03.09.89
71.3	Shirley Antoine/Wendy Pennet		82 / 00

### WOMEN HIGH JUMP

1.69	ELLIE WORKMAN	Birmingham	15.08.09
1.68	Sarah Still	CA Stadium	07.08.99
1.66	Lyndsay Peddie	Balgownie	30.07.83
1.65	Beth Philip	CA Stadium	07.07.91
1.61	Shirley Gray	Balgownie	19.06.77
1.60	Nicola Gauld	Scotstoun	30.04.00
<b>1.60</b>	<b>Kate MacKay</b>	<b>CA Stadium</b>	<b>06.09.15</b>
1.60	Heather Pirie	Coatbridge	13.09.92
1.60	Donna Quirie	CA Stadium	30.06.93
1.59	Emma Caldwell	Grangemouth	29.07.12
1.59	Deborah Johnston	Balgownie	27.02.85
1.58	Anne Watt	Balgownie	06.09.81
1.57	Suzie Robertson	Grangemouth	01.06.91
1.56	Linda Davidson	CA Stadium	17.05.95
1.56	Kimberley Miles	CA Stadium	02.07.00
1.55	Diane Burr	Coatbridge	21.05.95
1.55	Rosslyn Duncan	Banchory	13.05.84
1.55	Joan Reid	Coatbridge	08.06.80
1.54	Pat Bellamy	Nairn	14.08.54
<b>1.54</b>	<b>Alix Still</b>	<b>Grangemouth</b>	<b>11.07.15</b>

### WOMEN POLE VAULT (TOP 11)

3.00	LAURA KUTT	Grangemouth	16.04.11
2.90	Sam Somers	CA Stadium	20.04.12
2.81	Janet Lyon	CA Stadium	14.05.04
2.65	Sophie Hamilton	CA Stadium	19.05.13
2.30	Erin Runcie	CA Stadium	30.06.13
2.25	Wendy Pennet	Dundee	28.05.00
2.20	Freya McKay	CA Stadium	24.08.14
2.10	Samantha Edgar	CA Stadium	24.08.14
2.10	Alix Still	Hampden	20.06.14
2.05	Heather Pirie	CA Stadium	04.08.94
2.00	Fiona Watt	CA Stadium	31.08.96

### WOMEN LONG JUMP

5.95	LINDA DAVIDSON	Meadowbank	03.07.92
5.85	Sarah Still	CA Stadium	25.07.99
5.71	Lea Masson	Balgownie	08.04.79
5.71	Kirsten Young	CA Stadium	26.06.05
5.56	Deirdre Auld	Balgownie	13.04.80
5.53	Donna Quirie	CA Stadium	18.07.93
5.52	Lyndsay Peddie	Balgownie	11.09.83
5.48	Marie Fraser	Meadowbank	21.06.80
5.47	Ellie Workman	Grangemouth	13.06.09
5.40	Cheryl McHardy	CA Stadium	26.07.98
5.38	Laura Beveridge	Antrim	06.08.83
5.36	Jade Halket	CA Stadium	29.06.14
<b>5.32</b>	<b>Katie Forbes</b>	<b>Dundee</b>	<b>21.06.15</b>
5.30	Nicola Kemp	Peterhead	06.06.93
5.27	Saffron Cummings	Hmapden	21.06.14
5.25	Aileen Connelly	Inverness	12.09.04
<b>5.25</b>	<b>Fiona Davidson</b>	<b>Grangemouth</b>	<b>11.07.15</b>
5.24	Diane Burr	Grangemouth	15.05.94
5.22	Grace Angus	CA Stadium	20.04.14
5.22	Jenny Bole	Balgownie	13.04.80



Pam Auckland (Banchory Stonehaven AC)  
Scottish Athletics 2015 Official of the Year.

### WOMEN 100m HURDLES

13.97	CATRIONA PENNET	Bedford	26.06.04
14.37	Gail Murchie	Grangemouth	15.05.93
14.61	Sarah Still	CA Stadium	07.08.99
14.68	Yasmin Milne	Scotstoun	30.07.11
14.8	Sylvia Kamyra	Dundee	02.08.09
15.36	Lisa Humphreys	Meadowbank	24.05.13
15.62	Jade Halket	Grangemouth	05.07.14
15.7	Deirdre Auld	Balgownie	17.06.79
<b>15.9</b>	<b>Grace Angus</b>	<b>Dundee</b>	<b>28.06.15</b>
16.0	Valerie Tyrrie	Balgownie	06.09.81
16.1	Bridie McGlashan	Meadowbank	26.04.87
16.1	Lyndsay Peddie	Grangemouth	20.08.83
16.2	Lea Masson	Balgownie	09.04.78
16.24	Rebecca Dougall	Grangemouth	11.07.99
16.3	Wendy Pennet	CA Stadium	05.04.98
16.38	Sophia Hamilton	CA Stadium	29.06.14
16.5	Fiona Watt	Manchester	17.08.96
16.6	Nicola Kemp	Dundee	18.08.96
16.75	Ellie Workman	Pitreavie	10.07.10
17.0	Janet Lyon	CA Stadium	15.06.95

**WOMEN TRIPLE JUMP**

12.06	FIONA WATT	Meadowbank	02.06.96
11.81	Linda Davidson	Grangemouth	10.07.93
11.48	Kirsten Young	Birmingham	15.08.04
11.44	Donna Quirie	Birmingham	08.08.93
11.27	Sylvia Kamyra	CA Stadium	30.08.09
11.07	Dawn Flockhart	Grangemouth	10.07.93
11.03	Cheryl McHardy	Sheffield	16.08.98
10.70	Janet Abladey	London (O)	05.05.12
10.68	Nicola Gauld	CA Stadium	05.07.98
10.43	Nicola Kemp	Inverness	12.06.97
10.24	Zoe Davidson	Dundee	25.04.04
<b>10.21</b>	<b>Kate MacKay</b>	<b>Dundee</b>	<b>28.06.15</b>
10.11	Jennifer Reid	Banchory	27.08.94
10.02	Heather Pirie	Grangemouth	15.05.94
9.93	Elisa Primault	Grangemouth	26.04.14
9.87	Wendy Pennet	Dundee	12.04.98
9.83	Emma Cloggie	Banchory	31.08.02
9.77	Nikki Corsie	Meadowbank	20.06.98
9.72	Chloe Davie	Lerwick	14.09.14
9.65	Kimberley Miles	CA Stadium	30.07.00

**WOMEN SHOT**

14.24	HELEN COWE	Coatbridge	23.05.93
12.06	Emily Ruyle	CA Stadium	20.04.14
10.69	Alison Horne	Forres	05.07.14
10.29	Sarah Lyon	Tullamore	04.07.99
10.10	Jacqui Loney	Inverness	13.07.02
9.97	Linda Low	Inverness	11.05.97
9.93	Marie Fraser	Pitreavie	20.04.80
9.90	Fiona Pirie	Coatbridge	13.09.92
9.86	Jennifer Reid	Banchory	04.09.94
9.81	Sarah Still	Sheffield	01.09.01
9.73	Marian Simpson	CA Stadium	28.07.96
9.60	Shirley Gray	Balgownie	18.06.78
9.50	Wendy Brown	Balgownie	17.06.75
9.48	Rhona MacLennan	Coatbridge	04.05.86
9.43	Gail Murchie	Meadowbank	12.06.88
9.38	Jade Halket	CA Stadium	10.07.11
9.38	Lyndsay Peddie	Balgownie	13.05.86
9.35	Saffron Cummings	Kirkwall	08.09.13
9.33	Ellie Workman	Pitreavie	11.07.10
9.31	Anita Smith	Balgownie	12.06.83

**WOMEN DISCUS**

48.64	HELEN COWE	Bedford	17.09.94
38.89	Emily Ruyle	Meadowbank	13.07.14
38.39	Jacqui Loney	CA Stadium	29.08.02
35.21	Erin Runcie	CA Stadium	28.08.14
32.30	Marian Simpson	Meadowbank	17.06.95
32.14	Alison Horne	CA Stadium	23.08.14
30.66	Fiona Pirie	Banchory	02.05.93
30.38	Marie Fraser	Pitreavie	20.04.80
29.28	Pamela Bruce	Pitreavie	20.04.80
27.80	Cheryl McHardy	CA Stadium	31.08.00
27.41	Angela Smith	CA Stadium	02.09.99
26.75	Kathy Rapley	Barry	14.07.98
26.52	Lesley Fowler	CA Stadium	29.08.96
26.20	Pamela Morrison	CA Stadium	31.08.89
26.02	Jennifer Reid	Banchory	04.09.94
25.74	Gertrude Krenzien	Grangemouth	22.04.79
25.68	Lesley Munro	Inverness	10.04.88
25.57	Michelle Mackintosh	Grangemouth	12.04.03
25.34	Lorraine Dearie	Glenrothes	14.09.86
25.28	Julie Forbes	Meadowbank	10.05.87

**WOMEN HAMMER**

43.79	JACQUI LONEY	Coatbridge	27.07.03
43.52	Helen Cowe	CA Stadium	06.07.93
39.58	Marian Simpson	CA Stadium	26.09.96
37.77	Emily Ruyle	Meadowbank	13.07.14
37.60	Linda Low	Inverness	11.05.97
<b>33.89</b>	<b>Erin Runcie</b>	<b>Grangemouth</b>	<b>12.06.15</b>
31.86	Kathleen Madigan	Dundee	08.06.14
29.18	Fiona Pirie	Elgin	03.07.93
25.87	Catrin Dickson	Grangemouth	09.06.06
<b>28.34</b>	<b>Fiona Davidson</b>	<b>CA Stadium</b>	<b>20.08.15</b>
24.27	Kristie Hindle	Meadowbank	18.05.14
23.16	Katherine Masson	CA Stadium	16.06.95
22.70	Kylie Davidson	Grangemouth	11.06.04
21.24	Laura Hepburn	Inverness	16.09.07

21.22	Angela Smith	CA Stadium	30.07.00
21.06	Lesley Fowler	Coatbridge	26.05.96
20.94	Joyce Hogg	CA Stadium	16.06.94
20.30	Zoe Davidson	Dundee	10.07.05
19.87	Sarah Lyon	Coatbridge	30.05.99
19.51	Mollie Hepburn	Inverness	16.09.07



Fiona Davidson

**WOMEN JAVELIN**

<b>OLD</b>			
38.70	LYNDSAY PEDDIE	Inverness	26.04.87
37.46	Gwen Summers	Linkfield	01.06.60
30.26	Pamela Bruce	Balgownie	21.07.79
30.12	Anita Smith	Pitreavie	24.04.83
29.64	Shirley Antoine	Pitreavie	24.04.83
<b>NEW</b>			
38.28	LINDA LOW	Inverness	12.05.96
35.98	Ellie Workman	Perth	26.04.09
35.78	Emily Dougall	CA Stadium	29.05.94
33.09	Kimberley Miles	Sheffield	02.09.01
31.26	Lesley Fowler	CA Stadium	07.05.95
30.66	Marian Simpson	Coatbridge	23.05.93
30.32	Gillian Wilson	Meadowbank	18.08.91
29.28	Kathy Rapley	CA Stadium	04.08.02
28.89	Sophie Anderson	Grangemouth	26.08.12
28.78	Emily Ruyle	Meadowbank	13.07.14
28.74	Gail Murchie	CA Stadium	22.08.91
28.46	Laura Hepburn	CA Stadium	30.08.09
28.40	Barbara MacDonald	CA Stadium	07.04.96
27.42	Vicky Clark	Grangemouth	16.05.93
27.38	Sarah Still	Stoke	30.07.00

**WOMEN HEPTATHLON (TOP 11)**

5014	SARAH STILL	Waterford	03.09.00
(14.73, 1.66, 9.45, 24.48, 5.68, 20.86, 2:18.59)			
4248	Jade Halket	Grangemouth	06.07.14
(15.62, 1.48, 9.38, 26.53, 5.27, 22.21, 2:30.78)			
3824	Ellie Workman	Pitreavie	
(16.75, 1.58, 9.33, 28.22, 4.96, 30.13, 3:00.56)			
3802	Gail Murchie	CA Stadium	20.09.92
(15.3; 1.42; 8.59; 26.2; 4.94; 24.94; 2:59.0)			
3783	Lyndsay Peddie	Grangemouth	20.08.83
(16.1; 1.60; 8.65; 28.0; 5.14; 30.18; 3:14.4)			
3623	Shona Simpson	Grangemouth	03.06.90
3318	Nicola Kemp	CA Stadium	09.06.93
3231	Joan Reid	Grangemouth	20.06.82
3126	Wendy Pennet	CA Stadium	08.08.99
3096	Kimberley Miles	Grangemouth	25.08.02
2904	Valerie Tyrrie	Balgownie	19.05.82

**WOMEN PENTATHLON (TOP 12)**

2691	LYNDSAY PEDDIE	Grangemouth	20.08.83
(16.1; 1.60; 8.65; 5.14; 3:14.4)			
<b>2610</b>	<b>Grace Angus</b>	<b>Livingston</b>	<b>08.08.15</b>
2539	Rebecca Dougall	Grangemouth	13.06.98
2511	Sylvia Kamyra	Grangemouth	03.06.06
2492	Sophia Hamilton	Grangemouth	14.06.14
2456	Joan Reid	Balgownie	10.08.80
2196	Valerie Tyrie	Balgownie	19.05.82
2095	Shona Simpson	Balgownie	26.08.86
2071	Shirley Antoine	Balgownie	15.08.81
1658	Shona McKinnon	Scotstoun	07.07.02
1487	Lindsey Campbell	Balgownie	15.08.81
(1962 Tables)			
2298	Teresa Anderson	Meadowbank	27/28.08.76

**WOMEN 4x100m (TOP 12)**

48.4	MADIGAN, EDON LESLIE, VAUGHAN	Meadowbank	17.08.86
<b>48.74</b>	<b>Badial, Forbes, A Still, R Matheson</b>	<b>CA Stadium</b>	<b>16.08.15</b>
48.9	Vaughan, Madigan, Leslie, Edon	Meadowbank	16.08.87
48.9	S Still, Windass, L Davidson, Flockhart	CA Stadium	09.06.96
49.0	L Davidson, Leys, Lyon, Flockhart	CA Stadium	18.07.93
49.3	Gauld, Leys, L Davidson, S Still	Scotstoun	25.04.99
49.33	Murchie, Leys, Quirie, L Davidson	Meadowbank	06.09.92
49.5	L Davidson, Walker, Kemp, S Still	CA Stadium	12.06.94

49.56	Summers, Cummings, Nicol, R Matheson	Pitreavie	15.06.14
49.6	Butler, Leys, Murchie, S Still	Inverness	13.06.93
49.6	Quirie, Leys, Murchie, L Davidson	Pitreavie	14.06.92
49.6	Kemp, S Still, Middleton, Flockhart	Crown Point	28.04.96

**WOMEN 4x400m (TOP 10)**

3:50.0	WINDASS, HENDRY, WATT, FLOCKHART	Coatbridge	04.08.96
3:55.04	Stewart, C Pennet, Dobson, Harrison	Grangemouth	06.07.1
3:57.5	Windass, L Davidson, Hendry, Flockhart	CA Stadium	09.06.96
3:57.5	Dobson, Pennet, Connelly, Gauld	Grangemouth	25.07.04
4:00.06	Michalska, Fraser, L Still, Hendry	Meadowbank	05.09.93
4:00.5	Dobson, Gauld, S Still, Hendry	Grangemouth	11.06.00
4:02.2	Hendry, Murchie, L Davidson, Michalska	Coatbridge	12.09.93
4:02.30	Wylie, Dobson, C Pennet, Kamyra	CA Stadium	06.09.09
4:04.9	Bowers, C Middleton, Gauld, Hendry	Coatbridge	27.08.00
4:05.4	Gauld, L Davidson, W Pennet, Hendry	Coatbridge	21.05.00

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## ALL TIME TOP 10s – U-20 EVENTS

(U-20 Women events recorded from 1985, when the age-group was introduced in Scotland)

### U-20 MEN 100m

10.8	CAMPBELL PATERSON	Balgownie	06.05.72
10.8	STAN WALKER	Pitreavie	14.05.88
10.90	Gavin Irvine	Scotstoun	30.08.14
10.9	Martin Johnston	Balgownie	14.08.83
10.94	Ian Garioch	Inverness	12.04.08
11.0	Murray King	Inverness	13.04.86
11.04	Mark Davidson	Stoke	25.07.87
11.1	Alexander Carnie	Grangemouth	22.06.88
11.1y	Kevin Carter	Grangemouth	00.04.67
11.1	David Fairley	Balgownie	26.08.84

y = 100 yards time plus 0.9s

### U-20 MEN 200m

21.6	MARTIN JOHNSTON	Balgownie	30.07.83
21.7	Mark Davidson	Meadowbank	30.05.87
22.0	Ian Garioch	Inverness	25.05.08
22.0	Murray King	Livingston	24.05.86
22.3	Campbell Paterson	Meadowbank	17.07.71
22.34	Stan Walker	Meadowbank	10.07.88
22.4	Ahmed Al-Kowarri	CA Stadium	02.06.96
22.40	Gavin Irvine	Scotstoun	30.08.14
22.6	Paul Allan	Linkfield	06.09.88
22.6	Alexander Carnie	Grangemouth	17.06.89

### U-20 MEN 400m

48.17	MARK DAVIDSON	Meadowbank	20.06.87
48.53	Ian Garioch	Grangemouth	15.06.08
48.6	Martin Johnston	Grangemouth	17.08.83
48.99	Ahmed Al-Kowarri	Carmarthen	16.07.96
49.40	Barry Middleton	Meadowbank	15.05.94
49.45	Michael Ferguson	CA Stadium	25.08.13
<b>49.95</b>	<b>Daniel Rees</b>	<b>Grangemouth</b>	<b>11.07.15</b>
50.01	Duncan Mathieson	Lorca	18.06.88
50.1	Thomas Blackie	Grangemouth	16.06.85
50.2	Paul Allan	Inverness	30.08.87

### U-20 MEN 800m

1:51.86	EWAN CALVERT	Corby	25.05.92
1:52.86	Michael Ferguson	Scotstoun	02.08.13
1:52.99	Alan Wales	Solihull	22.05.05
1:53.00	Thomas Blackie	Meadowbank	22.06.85
1:53.46	Adam Watt	Manchester	31.05.03
1:53.5	Ross Arbuckle	Pitreavie	27.05.79
1:54.13	Frank Boyne	Meadowbank	19.08.84
1:54.8	Colin Donald	Crawley	21.07.84
1:54.9	Lewis Walker	Meadowbank	08.05.77
1:54.91	Stuart Forbes	Manchester	31.05.03

### U-20 MEN 1500m

3:50.34	ALAN WALES	Namur	31.08.02
3:55.16	Michael Ferguson	Hutcheson's	17.05.14
3:55.8	Ross Arbuckle	Meadowbank	26.08.79
3:56.0	Frank Boyne	Dundee	26.08.84
3:56.39	Ewan Calvert	Meadowbank	30.05.92
3:56.8	Darren Shinnie	Wishaw	25.07.04
3:58.4	Ray Creswell	Grangemouth	11.07.82
3:58.74	James Joy	Grangemouth	12.06.09
3:59.10	Mark Kennedy	Meadowbank	15.05.04
3:59.2	Stephen Wright	Crown Point	17.06.90

### U-20 MEN 3000m

8:34.65	DARREN SHINNIE	Cardiff	17.07.04
8:36.69	Iain Donnan	Scotstoun	30.08.03
8:36.9	Stephen Wright	CA Stadium	22.07.90
8:42.4	Ross Arbuckle	Meadowbank	19.08.78
8:45.19	William Duncan	Sheffield	16.08.03
8:45.8	Alan Wales	CA Stadium	21.05.03
8:46.4	Ian Matheson	Balgownie	30.07.83
8:50.0	Colin McClean	Balgownie	28.07.84
8:52.1	Adam Watt	CA Stadium	21.05.03
8:54.7	Frank Boyne	Balgownie	28.07.84

### U-20 MEN 5000m

14:46.0	IAN MATHESON	Meadowbank	28.08.83
14:49.33	Iain Donnan	Meadowbank	16.05.04

14:53.0	Graham Laing	Meadowbank	28.06.75
14:53.3	Darren Shinnie	Bedford	22.07.06
15:00.30	Stephen Wright	Meadowbank	05.08.90
15:14.5	Joe Freel	Crown Point	31.05.86
15:16.0	Colin McKay	Glenrothes	16.04.78
15:26.10	Neil Martin	Meadowbank	23.07.83
15:38.58	Sam Burgess	Meadowbank	21.04.12
15:42.1	Calum Davidson	Balgownie	26.06.88
15:44.49	Cameron Strachan	Grangemouth	29.08.10

### U-20 MEN 10000m

30:49.0	IAN MATHESON	San Francisco	07.05.83
32:02.7	Stephen Wright	CA Stadium	08.05.90
33:11.0	Frank Boyne	Balgownie	24.04.84
33:17.2	Joe Freel	Balgownie	27.05.86
33:19.02	Sam Burgess	CA Stadium	25.08.13
33:23.9	David Duguid	Balgownie	04.06.85
33:50.2	Ross Milne	CA Stadium	02.05.96
34:15.0	Andrew Moffat	Balgownie	24.04.84
35:42.2	Eric Jenkins	Balgownie	01.05.79
35:42.7	Stewart Mason	CA Stadium	01.05.97

### U-20 MEN 2000m STEEPLECHASE

6:02.66	STEPHEN WRIGHT	Meadowbank	01.07.89
6:09.81	Frank Boyne	Meadowbank	06.09.81
6:10.8	Chris Smith	Ayr	18.07.95
6:18.97	Simon Walker	Carmarthen	16.07.96
6:19.0	Lewis Walker	Balgownie	25.05.75
6:21.4	Ewan Calvert	Grangemouth	26.08.90
6:23.53	David Duguid	Meadowbank	08.06.85
6:28.2	Kevin Byrne	Balgownie	19.06.84
6:30.0	Mark Caird	Meadowbank	08.09.85
6:31.65	Andrew Clark	Grangemouth	24.08.03

### U-20 MEN 3000m STEEPLECHASE

9:12.0	STEPHEN WRIGHT	Luton	08.09.90
9:30.7	Ian Matheson	Meadowbank	23.07.83
9:46.9	Frank Boyne	Balgownie	19.06.84
9:47.2	Graham Laing	Meadowbank	03.08.75
9:51.0	David Duguid	Balgownie	19.06.84
9:56.8	Ray Creswell	Balgownie	08.06.82
9:57.5	Mark Caird	Crown Point	31.08.86
10:06.3	Gary Riddell	CA Stadium	15.09.88
10:09.0	Robin Sutherland	Grangemouth	26.08.90
10:17.0	Neil Martin	Meadowbank	29.08.82

### U-20 MEN 110m HURDLES

14.93	DUNCAN MATHIESON	Meadowbank	10.07.88
14.97	Robert Miller	Derby	07.09.03
15.21	Ryan Hewitson	CA Stadium	24.08.14
15.3	Mark Davidson	Meadowbank	30.05.87
15.3	Murray King	Meadowbank	30.05.87
15.5	Steven Ledingham	Pitreavie	19.06.82
<b>15.53</b>	<b>Daniel Rees</b>	<b>Grangemouth</b>	<b>12.07.15</b>
15.60	Paul Allan	Crown Point	09.07.89
15.77	Mark Dobbie	Linwood	16.07.94
15.9	Andrew Grant/Stephen Miller		01 / 03

### U-20 MEN 400m HURDLES

53.53	BARRY MIDDLETON	Meadowbank	14.08.94
54.8	Mark Davidson	Crown Point	13.06.87
55.20	Robert Miller	Loughborough	08.06.03
55.9	Steven Ledingham	Meadowbank	17.06.83
<b>55.99</b>	<b>Daniel Rees</b>	<b>Kilmarnock</b>	<b>05.07.15</b>
56.1	Paul Allan	CA Stadium	29.06.89
56.50	Ronald Smith	Grangemouth	11.07.99
56.6	Alasdhair Love	Ayr	18.07.95
56.8	Murray King	Crown Point	07.06.86
57.24	Jonathan Mann	Leigh	02.07.11

### U-20 MEN HIGH JUMP

2.00	DUNCAN MATHIESON	Dundee	21.06.87
1.98	Keith Oag	Dublin	13.08.94
1.91	Ian Bailey	Pitreavie	16.06.84
1.91	Ryan Hewitson	Ashford	21.07.12
1.91	Kevin Lutton	CA Stadium	09.05.01
1.91	Miller Mathieson jun	Balgownie	28.08.83
1.90	Paul Allan	Crown Point	22.07.89
1.90	Grant Robertson	CA Stadium	05.04.14
1.90	Dinkar Sabnis	Meadowbank	09.05.92
1.88	George Stewart	Meadowbank	11.06.72

**U-20 MEN POLE VAULT**

4.00	DAVID MANN	Grangemouth	21.07.13
3.77	Alasdair Lowe	CA Stadium	23.08.14
3.60	Kenny Lyon	Oxford	15.06.79
3.50	Mark Dobbie	CA Stadium	16.07.95
3.50	Frank Fenton	Balgownie	26.04.79
3.50	Duncan Mathieson	Lorca	19.06.88
3.40	Fraser Benzie	Grangemouth	25.06.00
3.40	Sam Lyon	Grangemouth	20.06.10
3.35	Paul Allan	CA Stadium	25.06.89
3.35	Derek Beaton	Meadowbank	09.08.92

**U-20 MEN LONG JUMP**

7.21	DUNCAN MATHIESON	Balgownie	15.06.88
7.07	William Stark	Pitreeve	08.07.95
7.01	Dinkar Sabnis	Ayr	27.06.92
6.87	Robert Miller	CA Stadium	18.05.03
6.82	Derek Elmslie	Heriot-Watt	07.05.77
6.79	Murray King	Balgownie	29.06.87
6.78	James Laird	Linkfield	03.05.62
6.66	Mike Ashford	Meadowbank	29.06.74
6.65	Mark Dobbie	Meadowbank	15.05.94
6.62	David Fairley	Meadowbank	19.08.84

**U-20 MEN TRIPLE JUMP**

14.55	WILLIAM STARK	Crown Point	11.06.95
14.09	Dinkar Sabnis	Banchory	29.08.91
13.84	Sam Lyon	Grangemouth	20.06.10
13.68	Paul Allan	CA Stadium	14.06.89
13.45	James Laird	Linkfield	03.05.62
13.34	Kenny Lyon	Grangemouth	23.06.79
13.27	Stewart Clark	Grangemouth	14.08.11
13.13	Sam Lyon	Grangemouth	12.06.09
13.10	Paul McAndrew	CA Stadium	02.06.96
13.06	Michael Spink	CA Stadium	13.06.92

**U-20 MEN SHOT**

14.24	PAUL ALLAN	Dumfries	15.07.89
13.46	Gordon Smith	Grangemouth	13.05.87
13.25	David Minty	Grangemouth	13.05.92
13.13	Peter Venters	Meadowbank	28.05.77
12.46	Duncan Mathieson	Lorca	19.06.88
11.60	Mark Dobbie	Middlesbrough	30.09.95
11.56	Andrew McCallum	Grangemouth	17.06.95
11.27	Douglas McAllister	Scotstoun	19.07.75
11.26	Ryan Legge	CA Stadium	13.06.12
11.25	Matthew Maitland	CA Stadium	09.06.02

**U-20 MEN DISCUS**

42.26	PAUL ALLAN	CA Stadium	09.07.89
37.42	David Minty	Inverness	14.09.91
36.76	Peter Venters	Grangemouth	11.06.77
36.22	Duncan Mathieson	Gateshead	22.05.88
36.16	Fraser Benzie	Grangemouth	10.06.01
35.88	James Laird	Linkfield	25.06.62
35.54	Mark Dobbie	CA Stadium	16.07.95
34.38	Douglas McAllister	Pitreeve	15.06.74
34.36	Andrew McCallum	Inverness	07.08.94
34.18	Peter Fraser	Inverness	13.08.95

**U-20 MEN HAMMER**

48.83	MATTHEW MAITLAND	Grangemouth	26.05.02
47.00	David Minty	Meadowbank	01.06.91
41.87	Barry Dobbie	CA Stadium	18.04.99
39.38	Paul Allan	Crown Point	18.06.89
38.58	Peter Fraser	CA Stadium	28.05.96
35.84	David Robinson	Coatbridge	22.07.79
34.40	Paul Henderson	CA Stadium	07.09.06
32.50	Michael Spink	CA Stadium	16.06.94
<b>31.80</b>	<b>Conor Hewitson</b>	<b>CA Stadium</b>	<b>20.08.15</b>
28.86	Andrew McCallum	CA Stadium	16.06.94

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**U-20 MEN JAVELIN**

57.48	PETER FRASER	CA Stadium	28.04.96
57.14	Robert Miller	Walthamstow	18.08.02
49.26	Keith Simpson	Scotstoun	14.06.98
48.10	Duncan Mathieson	Wrexham	22.08.88
47.00	Michael Spink	CA Stadium	15.09.94
45.88	Mark Dobbie	Pitreevie	02.06.96
44.22	Fraser Benzie	Inverness	17.09.00
43.48	Stephen Miller	Meadowbank	10.05.03
43.47	Tom Brodie	CA Stadium	20.05.10
43.29	Paul Henderson	Dundee	06.08.06

**U-20 MEN DECATHLON**

6652	DUNCAN MATHIESON	Lorca	19.06.88
6560	Paul Allan	CA Stadium	30.07.89
5915	Mark Davidson	Stoke	26.07.87
<b>5852</b>	<b>Daniel Rees</b>	<b>Grangemouth</b>	<b>12.07.15</b>
5632	Mark Dobbie	CA Stadium	16.07.95
5397	Paul Torry	Bedford	15.07.01
5324	Miller Mathieson jun	Grangemouth	20.06.82
5308	Kenny Lyon	Oxford	15.06.79
5275	Robert Miller	Bedford	15.07.01
5203	Dinkar Sabnis	Cardiff	30.08.92

**U-20 WOMEN 100m**

11.9	LOUISE PATERSON	CA Stadium	09.06.91
12.1	Katrina Leys	Crown Point	16.08.92
<b>12.12</b>	<b>Rebecca Matheson</b>	<b>CA Stadium</b>	<b>06.09.15</b>
12.2	Hayley Bowers	Peterhead	24.05.98
12.2	Zoey Clark	Perth	01.05.11
12.2	Kathleen Madigan	Dundee	25.07.87
12.37	Lesley-Ann Mearns	Birmingham	13.08.05
12.5	Corrie Butler	Inverness	08.04.90
12.5	Saffron Cummings	Kirkwall	08.09.13
12.5	Sandra Gunn	CA Stadium	05.05.91
12.5	Fiona Lumsden	CA Stadium	09.06.91
12.5	Catriona Pennet	CA Stadium	05.09.99

**U-20 WOMEN 200m**

24.45	ZOEY CLARK	Wigan	07.07.13
24.7	Louise Paterson	Crown Point	16.06.90
24.8	Kelsey Stewart	Pitreevie	23.05.14
25.05	Lesley-Ann Mearns	Birmingham	14.08.05
25.1	Katrina Leys	Coatbridge	13.09.92
25.1	Kathleen Madigan	Coatbridge	04.05.86
25.26	Sarah Still	Linwood	16.07.94
<b>25.33</b>	<b>Rebecca Matheson</b>	<b>Grangemouth</b>	<b>30.08.15</b>
25.4	Susan Hendry	CA Stadium	12.06.94
25.4	Nicola Imrie	Crown Point	20.06.92

**U-20 WOMEN 400m**

54.46	ZOEY CLARK	Loughborough	19.05.13
54.83	Kelsey Stewart	Bedford	22.06.14
55.96	Susan Hendry	Bedford	02.07.94
56.20	Emma Cloggie	Grangemouth	10.06.05
57.2	Bridie McGlashan	Meadowbank	26.04.87
57.24	Louise Paterson	Waterford	11.08.90
57.4	Lorna Johnston	CA Stadium	13.09.00
57.77	Carmen Collins	Meadowbank	17.05.92
58.35	Nicola Gauld	Scotstoun	29.04.01
58.86	Jaclyn Anderson	Meadowbank	04.09.94

**U-20 WOMEN 800m**

<b>2:09.05</b>	<b>KELSEY STEWART</b>	<b>Hutcheson's</b>	<b>05.06.15</b>
2:10.67	Emma Cloggie	Solihull	24.06.06
2:12.64	Susan Hendry	Meadowbank	24.06.95
2:13.36	Dawn Simpson	Ayr	13.08.88
2:14.44	Ellie Buchan	Trafford	27.06.09
2:14.8	Carolyn Sheehan	Coatbridge	07.09.86
2:16.09	Lynsey Still	Pitreevie	08.07.95
2:16.8	Jaclyn Anderson	CA Stadium	18.07.93
<b>2:17.09</b>	<b>Rebecca Eggeling</b>	<b>Grangemouth</b>	<b>13.06.15</b>
<b>2:17.70</b>	<b>Naomi Lang</b>	<b>CA Stadium</b>	<b>10.09.15</b>

**U-20 WOMEN 1500m**

4:30.92	KATE RICE	Copeland	08.08.90
4:39.54	Rhona Auckland	Meadowbank	20.05.12
<b>4:39.60</b>	<b>Naomi Lang</b>	<b>Grangemouth</b>	<b>22.08.15</b>
4:42.2	Carolyn Sheehan	Balgownie	20.08.86
<b>4:42.39</b>	<b>Rebecca Eggeling</b>	<b>Grangemouth</b>	<b>22.08.15</b>
4:43.5	Ellie Buchan	Dundee	27.04.08

4:45.6	Lynsey Still	CA Stadium	09.09.95
4:47.91	Eilidh Prise	Meadowbank	13.07.14
4:49.9	Dawn Simpson	Wishaw	07.08.88
4:50.0	Anna Kyle	Inverness	08.09.96

**U-20 WOMEN 3000m**

9:29.28	RHONA AUCKLAND	CA Stadium	31.05.10
9:54.5	Kate Rice	Grangemouth	02.09.90
10:20.6	Eilidh Prise	CA Stadium	13.06.12
10:31.0	Jillian Grams	Coatbridge	31.05.92
10:34.23	Charlotte Forbes	Derby	14.08.05
10:35.0	Claire Becker	CA Stadium	26.07.92
10:38.9	Ellie Buchan	CA Stadium	31.05.10
<b>10:42.4</b>	<b>Rebecca Eggeling</b>	<b>Dundee</b>	<b>28.06.15</b>
10:42.8	Carolyn Sheehan	Balgownie	15.05.85
10:43.9	Suzie Reid	CA Stadium	23.07.89

**U-20 WOMEN 100m HURDLES**

14.36	CATRIONA PENNET	Derby	08.09.02
14.68	Yasmin Milne	Scotstoun	30.07.11
15.40	Sylvia Kamyra	Grangemouth	15.06.08
15.65	Sarah Still	Linwood	16.07.94
<b>15.9</b>	<b>Grace Angus</b>	<b>Dundee</b>	<b>28.06.15</b>
16.1	Bridie McGlashan	Meadowbank	26.04.87
16.1	Gail Murchie	CA Stadium	12.06.90
16.24	Rebecca Dougall	Grangemouth	11.07.99
16.3	Wendy Pennet	CA Stadium	05.04.98
16.38	Sophia Hamilton	CA Stadium	29.06.14

**U-20 WOMEN 400m HURDLES**

63.20	REBECCA DOUGALL	Grangemouth	12.06.99
63.76	Sylvia Kamyra	Grangemouth	09.06.07
65.48	Angela Shearer	Caen (France)	29.05.02
<b>65.80</b>	<b>Lise Theron</b>	<b>Grangemouth</b>	<b>23.05.15</b>
65.90	Catriona Pennet	Derby	08.09.02
66.0	Bridie McGlashan	Balgownie	19.08.86
66.51	Marie Dobson	Meadowbank	13.05.01
67.9	Lynsey Still	CA Stadium	07.05.95
<b>68.1</b>	<b>Sophia Hamilton</b>	<b>Perth</b>	<b>17.05.15</b>
70.2	Laura Henderson	CA Stadium	05.08.01

**U-20 WOMEN HIGH JUMP**

1.69	ELLIE WORKMAN	Birmingham	15.08.09
1.65	Beth Philip	CA Stadium	07.07.91
1.65	Sarah Still	Linwood	16.07.94
1.60	Nicola Gauld	Scotstoun	30.04.00
<b>1.60</b>	<b>Kate MacKay</b>	<b>CA Stadium</b>	<b>06.09.15</b>
1.60	Heather Pirie	Coatbridge	13.09.92
1.60	Donna Quirie	CA Stadium	30.06.93
1.59	Emma Caldwell	Grangemouth	29.07.12
1.59	Deborah Johnston	Balgownie	27.02.85
1.57	Suzie Robertson	Grangemouth	01.06.91



Petrofac League winners

**U-20 WOMEN POLE VAULT (Top 8)**

2.90	SAM SOMERS	Meadowbank	20.04.12
2.65	Sophia Hamilton	CA Stadium	19.05.13
2.30	Erin Runcie	CA Stadium	30.06.13
2.25	Wendy Pennet	Dundee	28.05.00
2.20	Freya McKay	CA Stadium	24.08.14
2.10	Samantha Edgar	CA Stadium	24.08.14
2.10	Alix Still	Hutcheson's	20.06.14
2.05	Heather Pirie	CA Stadium	04.08.94

<b>U-20 WOMEN LONG JUMP</b>				27.34	Cheryl McHardy	Coatbridge	03.08.97
5.74	SARAH STILL	CA Stadium	12.06.94	26.75	Kathy Rapley	Barry	14.07.98
5.71	Kirsten Young	CA Stadium	26.06.05	26.58	Fiona Pirie	CA Stadium	21.07.91
5.59	Linda Davidson	Crown Point	29.05.88	26.52	Lesley Fowler	CA Stadium	29.08.96
5.53	Donna Quirie	Grangemouth	27.06.93	26.02	Jennifer Reid	Banchory	04.09.94
5.47	Ellie Workman	Grangemouth	13.06.09	25.57	Michelle Mackintosh	Grangemouth	12.04.03
5.40	Cheryl McHardy	CA Stadium	26.07.98	<b>U-20 WOMEN HAMMER (4kg)</b>			
<b>5.32</b>	<b>Katie Forbes</b>	<b>Dundee</b>	<b>21.06.15</b>	39.58	MARIAN SIMPSON	CA Stadium	26.09.96
5.30	Nicola Kemp	Peterhead	06.06.93	<b>33.89</b>	<b>Erin Runcie</b>	<b>Grangemouth</b>	<b>12.06.15</b>
5.27	Saffron Cummings	Hutcheson's	21.06.14	25.87	Catrin Dickson	Grangemouth	09.06.06
5.24	Diane Burr	Grangemouth	15.05.94	24.27	Kristie Hindle	Meadowbank	18.05.14
<b>U-20 WOMEN TRIPLE JUMP</b>				23.16	Katherine Masson	CA Stadium	16.06.95
11.48	KIRSTEN YOUNG	Birmingham	15.08.04	22.70	Kylie Davidson	Grangemouth	11.06.04
11.44	Donna Quirie	Birmingham	08.08.93	21.24	Laura Hepburn	Inverness	16.09.07
11.03	Cheryl McHardy	Sheffield	16.08.98	21.22	Angela Smith	CA Stadium	30.07.00
10.68	Nicola Gauld	CA Stadium	05.07.98	21.06	Lesley Fowler	Coatbridge	26.05.96
10.67	Sylvia Kamyra	Dundee	22.06.08	20.16	Fiona Pirie	Inverness	14.09.91
10.38	Nicola Kemp	Coatbridge	21.05.95	<b>U-20 WOMEN JAVELIN (600g)</b>			
10.24	Zoe Davidson	Dundee	25.04.04	(Recorded from 1991, when the new specification javelin was introduced at club level)			
<b>10.21</b>	<b>Kate MacKay</b>	<b>Dundee</b>	<b>28.06.15</b>	35.98	ELLIE WORKMAN	Perth	26.04.09
10.11	Jennifer Reid	Banchory	27.08.94	35.78	Emily Dougall	CA Stadium	29.05.94
10.02	Heather Pirie	Grangemouth	15.05.94	33.09	Kimberley Miles	Sheffield	02.09.01
<b>U-20 WOMEN SHOT (4kg)</b>				31.26	Lesley Fowler	CA Stadium	07.05.95
10.69	ALISON HORNE	Forres	05.07.14	30.66	Marian Simpson	Coatbridge	23.05.93
10.29	Sarah Lyon	Tullamore	04.07.99	30.32	Gillian Wilson	Meadowbank	18.08.91
9.86	Jennifer Reid	Banchory	04.09.94	28.89	Sophie Anderson	Grangemouth	26.08.12
9.73	Marian Simpson	CA Stadium	28.07.96	28.50	Kathy Rapley	CA Stadium	25.05.97
9.64	Fiona Pirie	Newtonmore	03.08.91	28.46	Laura Hepburn	CA Stadium	30.08.09
9.48	Rhona MacLennan	Coatbridge	04.05.86	27.42	Vicky Clark	Grangemouth	16.05.93
9.43	Gail Murchie	Meadowbank	12.06.88	<b>U-20 WOMEN HEPTATHLON (Top 7)</b>			
9.43	Sarah Still	Linwood	16.07.94	4643	SARAH STILL	Linwood	17.07.94
9.35	Saffron Cummings	Kirkwall	08.09.13	3824	Ellie Workman	Pitreavie	11.07.10
9.33	Ellie Workman	Pitreavie	11.07.10	3318	Nicola Kemp	CA Stadium	09.06.93
9.19	Laura Crockford	Crown Point	27.04.97	3126	Wendy Pennet	CA Stadium	08.08.99
<b>U-20 WOMEN DISCUS</b>				3096	Kimberley Miles	Grangemouth	25.08.02
35.21	ERIN RUNCIE	CA Stadium	28.08.14	3013	Rebecca Mortimer	CA Stadium	29.05.05
32.30	Marian Simpson	Meadowbank	17.06.95	2957	Heather Pirie	CA Stadium	09.06.93
32.14	Alison Horne	CA Stadium	23.08.14				
27.41	Angela Smith	CA Stadium	02.09.99				



Victorious Scottish Men's League Champions 2015



## ALL TIME TOP 10s – U-17 EVENTS

### U-17 MEN 100m

11.1	ALEXANDER CARNIE	Grangemouth	22.06.88
11.2	Ahmed Al-Kowarri	CA Stadium	23.07.95
11.3	Derek Giulianotti	Glenrothes	24.08.80
11.3	Mark Davidson	Dundee	25.08.85
11.3	Steve Mathers	Inverness	03.07.88
11.4	Martin Johnston	Balgownie	17.08.80
11.4	Richard Singer	CA Stadium	07.06.95
11.4	Patrick Slater	Dundee	28.06.81
11.4	Graham Thomson	CA Stadium	01.09.02
11.47	William Stark	Bourgoin-Jallieu	18.09.93

### U-17 MEN 200m

22.6	MARK DAVIDSON	Glenrothes	23.06.85
22.7	Derek Elmslie	Meadowbank	03.09.77
22.7	Alexander Carnie	Inverness	03.07.88
22.9	William Stark	Dundee	22.08.93
23.0	Ahmed Al-Kowarri	Crown Point	06.08.95
23.1	Richard Singer	Grangemouth	10.06.95
23.16	Steve Mathers	Meadowbank	10.07.88
23.2	Colin Wilson	Crown Point	10.08.91
23.2	Richard Gray	CA Stadium	28.08.02
<b>23.26</b>	<b>Ben Renton</b>	<b>CA Stadium</b>	<b>03.09.15</b>

### U-17 MEN 400m

49.21	AHMED AL-KOWARRI	Pitreevie	08.07.95
50.5	Mark Davidson	Dublin	20.07.85
50.50	Richard Singer	Meadowbank	23.06.95
51.1	Colin Wilson	Grangemouth	15.06.91
51.16	Michael Ferguson	Sheffield	03.09.11
51.3	Richard Gray	CA Stadium	11.09.02
51.42	Stuart Mathieson	Birmingham	16.08.97
<b>51.69</b>	<b>Ben Renton</b>	<b>Grangemouth</b>	<b>12.05.15</b>
51.8	Ewan Calder	Kirkwall	08.09.13
<b>51.89</b>	<b>Charlie Beeson</b>	<b>Grangemouth</b>	<b>02.09.15</b>



Stewart Millar

### U-17 MEN 800m

1:54.8	COLIN DONALD	Crawley	21.07.84
1:55.6	Thomas Blackie	Balgownie	26.06.84
<b>1:55.64</b>	<b>Stewart Millar</b>	<b>Stretford</b>	<b>21.07.15</b>

1:56.11	Steven Rusling	Sheffield	17.08.03
1:56.4	Adam Watt	CA Stadium	05.08.01
1:56.6	Ross Arbuckle	Meadowbank	27.05.78
1:56.6	Lewis Walker	Kirkby	27.07.75
1:56.7	Alan Wales	CA Stadium	05.08.01
1:57.34	Steven Murray	Scotstoun	02.08.13
1:57.8	Frank Boyne	Grangemouth	21.08.82

### U-17 MEN 1500m

4:01.1	ROSS ARBUCKLE	Meadowbank	28.05.78
4:04.11	Alan Wales	Cardiff	04.07.03
4:04.3	Adam Watt	Grangemouth	17.06.01
4:05.2	Gary Riddell	Inverness	24.08.86
4:05.9	David Stephen	Glenrothes	24.08.80
4:06.34	Mark Kennedy	Scotstoun	20.07.02
4:06.5	Frank Boyne	Glenrothes	06.06.82
4:07.6	Lewis Walker	Grangemouth	31.08.75
4:08.22	Darren Shinnie	Grangemouth	24.08.03
4:08.5	Robert Mitchell	Meadowbank	28.05.77

### U-17 MEN 3000m

8:42.4	ROSS ARBUCKLE	Meadowbank	19.08.78
8:45.19	William Duncan	Sheffield	16.08.03
8:46.12	Darren Shinnie	Sheffield	16.08.03
8:55.57	Adam Watt	Meadowbank	13.05.01
8:56.09	Alan Wales	Grangemouth	10.06.01
8:57.2	David Stephen	Balgownie	24.06.80
9:05.25	James Joy	Grangemouth	09.06.07
9:06.05	Alex Thoirs	Grangemouth	11.06.05
9:08.9	Mark Kennedy	Grangemouth	15.06.02
9:09.8	Robert Mitchell	Balgownie	11.05.77

### U-17 MEN 1500m STEEPLECHASE

4:25.0	FRANK BOYNE	Pitreevie	19.06.82
4:27.80	Alex Thoirs	Tullamore	16.07.05
4:27.8	Adam Watt	Grangemouth	15.06.01
4:30.6	William Duncan	Scotstoun	10.08.03
4:32.2	Simon Walker	CA Stadium	24.06.95
4:32.47	Andrew Clark	Grangemouth	25.08.02
4:33.73	Steven Rusling	Grangemouth	29.08.04
4:37.4	Stuart Forbes	Grangemouth	15.06.01
4:39.00	Darren Shinnie	Grangemouth	13.06.03
4:39.68	Alan Wales	Blackpool	15.07.00

### U-17 MEN 100m HURDLES

13.9	RICHARD SINGER	Grangemouth	17.06.95
14.08	William Stark	Grangemouth	29.08.93
14.3	John Oxley	CA Stadium	09.09.01
14.4	Steven Ledingham	Scotstoun	20.06.81
14.4	David Stewart	Inverness	24.08.86
14.42	Mark Dobbie	Grangemouth	15.05.93
14.54	Stephen Miller	Hexham	19.05.02
14.7	Duncan Mathieson	Balgownie	25.06.85
14.71	Ryan Hewitson	Bedford	19.08.12
<b>14.77</b>	<b>Scott Macgregor</b>	<b>CA Stadium</b>	<b>06.09.15</b>

### U-17 MEN 400m HURDLES

55.37	RICHARD SINGER	Colwyn Bay	15.07.95
57.38	Richard Gray	Tullamore	03.08.02
57.8	Alasdair Love	CA Stadium	01.06.93
58.0	Mark Davidson	Dundee	25.08.85
58.6	Steven Ledingham	Balgownie	07.06.81
58.6	Barry Middleton	Grangemouth	15.06.91
59.11	Paul Torry	Carmarthen	17.07.99
59.2	Paul Allan	Balgownie	19.08.86
59.27	Robert Miller	Grangemouth	17.08.00
59.30	Jonathan Mann	Grangemouth	13.06.09

### U-17 MEN HIGH JUMP

1.98	KEITH OAG	Dublin	13.08.94
1.97	Duncan Mathieson	Dublin	20.07.85
1.91	Ryan Hewitson	Ashford	21.07.12
1.91	Kevin Lutton	CA Stadium	09.05.01
1.90	Grant Robertson	CA Stadium	05.04.14
1.85	Craig Noble	CA Stadium	07.06.92
1.83	Miller Mathieson	Balgownie	01.08.81
1.81	William Stark	Linwood	24.07.93
1.80	George Petrie/Ian Lind/Peter Sutherland/William Smy		79 / 89 / 04 / 08

**U-17 MEN POLE VAULT**

3.77	ALASDAIR LOWE	CA Stadium	23.08.14
3.60	David Mann	Wishaw	27.08.11
3.20	Miller Mathieson	Balgownie	24.06.81
3.15	Fraser Benzie	CA Stadium	11.09.99
3.10	William Stark	Bourgoin-Jallieu	19.09.93
3.05	Kenny Lyon	Balgownie	26.07.77
2.95	Duncan Mathieson	Dundee	25.08.85
2.85	Mark Petchey	Balgownie	14.06.83
2.80	F Fenton/R Manson/P Allan/C Jones/B Benzie/S Lyon	77 / 83 / 86 / 89 / 01 / 08	

**U-17 MEN LONG JUMP**

6.82	DEREK ELM SLIE	Heriot-Watt	22.05.77
6.62	William Stark	Dublin	17.07.93
6.60	Duncan Mathieson	Balgownie	13.08.85
6.24	Mark Dobbie	Bourgoin-Jallieu	18.09.93
6.24	William Smy	Banchory	17.08.08
6.18	Stewart Clark	Dundee	02.08.09
6.14	Peter Sutherland	Dundee	06.06.04
6.12	Dinkar Sabnis	Inverness	08.04.90
6.10	Sam Lyon	CA Stadium	10.06.09
6.09	Robert Miller	Ellon	23.09.00

**U-17 MEN TRIPLE JUMP**

13.82	WILLIAM STARK	Grangemouth	29.08.93
13.13	Sam Lyon	Grangemouth	12.06.09
12.94	Stewart Clark	Perth	07.06.09
12.74	Dinkar Sabnis	Grangemouth	26.08.90
12.70	Derek Elmslie	Madowbank	03.09.77
12.61	Steven Ledingham	Balgownie	16.08.81
12.61	Duncan Mathieson	Glenrothes	23.06.85
12.60	David Parham	Balgownie	23.05.76
12.55	Mark Dobbie	Grangemouth	29.08.93
12.46	Paul McAndrew	Dundee	30.04.95

**U-17 MEN SHOT**

13.27	KEVIN LUTTON	CA Stadium	05.08.01
12.78	Duncan Mathieson	Balgownie	28.05.85
12.66	Derek Giulianotti	Balgownie	14.09.80
12.59	Ryan Legge	Inverness	05.09.10
12.37	William Stark	Dundee	11.09.93
12.32	Andrew McCallum	Dundee	11.09.93
12.16	Peter Fraser	Grangemouth	28.08.94
12.06	David Robinson	Balgownie	16.08.78
11.88	David Minty	Peterhead	23.04.89
11.87	Neil Gillanders	Dundee	25.08.85

**U-17 MEN DISCUS**

41.46	PETER FRASER	CA Stadium	16.07.94
36.60	Andrew McCallum	Grangemouth	23.06.93
35.38	David Minty	Inverness	09.04.89
34.92	Fraser Benzie	CA Stadium	02.09.99
33.86	Christian Dick	Grangemouth	07.06.13
32.76	David Robinson	Balgownie	09.04.78
32.74	Richard Singer	Inverness	28.05.95
32.50	Craig Anderson	Balgownie	20.09.87
32.42	Kevin Lutton	CA Stadium	22.04.01
32.40	Edward McKenzie	Balgownie	17.06.82

**U-17 MEN HAMMER**

45.50	DAVID ROBINSON	Balgownie	21.06.78
44.80	Keith Simpson	CA Stadium	22.06.97
43.56	Barry Dobbie	CA Stadium	26.09.96
40.16	David Minty	Inverness	02.07.89
30.78	George Petrie	Balgownie	16.09.78
38.80	David Gagel	Balgownie	01.07.80
<b>37.55</b>	<b>Conor Hewitson</b>	<b>CA Stadium</b>	<b>07.08.14</b>
36.04	Peter Fraser	Meadowbank	15.05.94
35.45	Matthew Maitland	Elgin	19.09.99
33.84	Craig Anderson	Inverness	30.08.87
31.26	Derek Giulianotti	Balgownie	14.09.80

**U-17 MEN JAVELIN**

58.36	PETER FRASER	Birmingham	30.07.94
51.41	Kevin Lutton	Tullamore	21.07.01
51.05	Keith Simpson	Meadowbank	19.06.98
47.28	Robert Miller	Grangemouth	25.06.00
43.63	Bruce Benzie	Grangemouth	10.06.01
43.42	Andrew McCallum	CA Stadium	23.09.93

43.24	Stephen Miller	CA Stadium	04.08.02
42.16	Tom Brodie	Dundee	27.04.08
41.44	Paul Henderson	CA Stadium	20.05.04
41.24	Mark Dobbie	Bourgoin-Jallieu	18.09.93

**U-17 MEN OCTATHLON**

4518	WILLIAM STARK	Linwood	25.07.93
4388	Paul Torry	Ayr	19.06.99
4327	Stephen Miller	Grangemouth	25.08.02
4260	Robert Miller	Grangemouth	03.09.00
4057	Andrew McCallum	Linwood	25.07.93
3582	Chris Jones	CA Stadium	09.07.89
3356	Fraser Benzie	CA Stadium	08.08.99
3287	Jamie Thomson	Scotsotun	21.05.06
3181	Ronald Smith	CA Stadium	15.07.95
2906	Chris Fowler	Dumfries	19.07.92

**U-17 MEN DECATHLON**

5238	STEPHEN MILLER	Stoke	29.09.02
5227	Duncan Mathieson	Balgownie	15.05.85
4690	Miller Mathieson	Balgownie	24.06.81
4216	Steven Ledingham	Balgownie	26.07.81
4191	Edward McKenzie	Balgownie	10.08.83

\*The above Octathlon and Decathlon scores were those produced at the time and do not allow for changes in implements or scoring systems.

**U-17 WOMEN 100m**

11.9	LOUISE PATERSON	CA Stadium	09.06.91
<b>12.12</b>	<b>Rebecca Matheson</b>	<b>CA Stadium</b>	<b>06.09.15</b>
12.2	Fiona Auld	Balgownie	22.08.76
12.2	Hayley Bowers	Peterhead	24.05.98
12.2	Zoey Clark	Perth	01.05.11
12.2	Katrina Leys	Crown Point	16.06.90
12.3	Kathleen Madigan	Livingston	17.05.86
12.37	Lesley-Ann Mearns	Birmingham	13.08.05
12.4	Michelle Bruce	Pitreevie	05.09.82
12.4	Debra Carle	Balgownie	17.06.80

**U-17 WOMEN 200m**

24.7	LOUISE PATERSON	Crown Point	16.06.90
24.89	Zoey Clark	Scotstoun	29.08.10
24.94	Kelsey Stewart	CA Stadium	23.06.13
25.05	Lesley-Ann Mearns	Birmingham	14.08.05
25.1	Kathleen Madigan	Coatbridge	04.05.86
<b>25.33</b>	<b>Rebecca Matheson</b>	<b>Grangemouth</b>	<b>30.08.15</b>
25.4	Nicola Imrie	Crown Point	20.06.92
25.5	Katrina Leys	Coatbridge	28.05.89
25.5	Michelle Bruce	Grangemouth	13.06.82
25.59	Lorna Johnston	Grangemouth	17.06.00
25.6	Sandra Gunn	CA Stadium	26.07.92

**U-17 WOMEN 300m**

38.66	KELSEY STEWART	Dublin	20.07.13
39.44	Zoey Clark	Inverness	05.09.10
40.21	Louise Paterson	Crystal Palace	17.08.91
40.9	Lorna Johnston	Grangemouth	16.06.00
41.21	Rebecca Mortimer	Grangemouth	20.08.05
41.3	Morag Keenan	Meadowbank	19.06.93
41.4	Emma Cloggie	CA Stadium	18.04.04
41.5	Nicola Gauld	Coatbridge	17.05.98
<b>41.7</b>	<b>Rebecca Matheson</b>	<b>Dundee</b>	<b>02.08.15</b>
42.0	Hayley Bowers	CA Stadium	26.05.99

**U-17 WOMEN 400m**

55.10	KELSEY STEWART	Colwyn Bay	03.08.13
55.96	Zoey Clark	Scotstoun	08.05.11
57.24	Louise Paterson	Waterford	11.08.90
57.4	Lorna Johnston	CA Stadium	13.09.00
57.7	Dawn Kitchen	Meadowbank	17.06.78
58.5	Bridie McGlashan	Glenrothes	14.09.86
58.6	Debra Carle	Balgownie	11.08.81
58.86	Jaclyn Anderson	Meadowbank	04.09.94
58.9	Emma Cloggie	CA Stadium	18.08.04
59.0	Susan Hendry	CA Stadium	16.06.92

**U-17 WOMEN 800m**

2:13.29	KELSEY STEWART	Manchester	01.06.13
2:13.36	Dawn Simpson	Ayr	13.08.88
2:14.3	Carolyn Sheehan	Inverness	19.08.84
2:14.44	Ellie Buchan	Trafford	27.06.09
2:15.36	Emma Cloggie	Solihull	06.08.03
2:16.8	Jaclyn Anderson	CA Stadium	18.07.93
2:17.1	Lydney Still	Inverness	05.06.94
<b>2:17.09</b>	<b>Rebecca Eggeling</b>	<b>Grangemouth</b>	<b>13.06.15</b>
<b>2:17.70</b>	<b>Naomi Lang</b>	<b>CA Stadium</b>	<b>10.09.15</b>
2:18.2	Lisa Davidson	Coatbridge	20.05.90

**U-17 WOMEN 1500m**

4:32.7	KATHRYN SHEPHERD	Crystal Palace	19.07.74
4:34.8	Kate Rice	Carmarthen	05.08.89
<b>4:39.60</b>	<b>Naomi Lang</b>	<b>Grangemouth</b>	<b>22.08.15</b>
4:42.2	Carolyn Sheehan	Balgownie	20.08.86
<b>4:42.39</b>	<b>Rebecca Eggeling</b>	<b>Grangemouth</b>	<b>22.08.15</b>
4:43.5	Ellie Buchan	Dundee	27.04.08
4:48.02	Eilidh Prise	Grangemouth	08.06.12
4:46.6	Allison Diamond	Grangemouth	05.06.82
4:49.6	Trisha Ronney	Grangemouth	08.05.83
4:49.9	Dawn Simpson	Wishaw	07.08.88

**U-17 WOMEN 3000m**

10:20.6	EILIDH PRISE	CA Stadium	30.06.12
10:35.0	Claire Becker	CA Stadium	26.07.92
10:39.2	Ellie Buchan	CA Stadium	30.04.08
<b>10:42.4</b>	<b>Rebecca Eggeling</b>	<b>Dundee</b>	<b>28.06.15</b>
10:42.8	Carolyn Sheehan	Balgownie	15.05.85
10:43.9	Suzie Reid	CA Stadium	23.07.89
10:45.3	Jillian Grams	CA Stadium	22.07.90
10:45.7	Anna Kyle	Meadowbank	25.08.96
10:46.7	Christie Noble	CA Stadium	20.06.07
10:47.3	Vicky Clark	CA Stadium	18.07.93

**U-17 WOMEN 100m HURDLES**

15.5*	LYNDSAY PEDDIE	Balgownie	12.06.83
15.6*	Jenny Bole	Grangemouth	14.06.81
15.7	Deirdre Auld	Balgownie	17.06.79
16.11*	Sophie Hamilton	Grangemouth	13.07.13
16.9	Bridie McGlashan	Inverness	24.08.86
17.2*	Laura Beveridge	Pitreavie	24.04.83
18.8	Pamela Forbes	Dundee	16.05.82
19.4	Rebecca Rice	Inverness	24.08.86
19.5	Lyndsey Campbell	Balgownie	30.06.81
19.9	Shirley Antoine	Balgownie	15.08.81

\*2'6" hurdles

**U-17 WOMEN 80m HURDLES**

11.48	YASMIN MILNE	Grangemouth	11.06.10
11.7	Catrina Pennet	Grangemouth	11.06.00
<b>11.76</b>	<b>Alix Still</b>	<b>Grangemouth</b>	<b>11.07.15</b>
11.9	Gail Murchie	Grangemouth	10.07.88
<b>11.93</b>	<b>Grace Carter</b>	<b>CA Stadium</b>	<b>06.09.15</b>
12.0	Katy Philip	Grangemouth	23.06.93
12.1	Lisa Humphreys	CA Stadium	30.06.10
12.1	Bridie McGlashan	Livingston	17.05.86
12.2	Lyndsay Peddie / Pamela Gray / Georgia Summers		81/95/14

**U-17 WOMEN 300m HURDLES**

44.14	SYLVIA KAMYA	Carmarthen	06.08.05
44.73	Angela Shearer	CA Stadium	27.05.01
45.7	Catrina Pennet	CA Stadium	02.07.00
45.84	Sophie Hamilton	Grangemouth	08.06.13
46.28	Rebecca Mortimer	Grangemouth	26.08.06
46.34	Rebecca Dougall	Scotstoun	27.07.97
46.48	Lisa Humphreys	Scotstoun	14.08.10
46.7	Yasmin Milne	CA Stadium	16.06.10
46.9	Wendy Pennet	CA Stadium	06.06.96
46.9	Lise Theron	CA Stadium	20.04.14

**U-17 WOMEN 400m HURDLES**

66.0	BRIDIE MCGLASHAN	Balgownie	19.08.86
69.4	Linda Falconer	Balgownie	11.09.77
71.0	Katy Philip	Ayr	06.09.92
71.3	Shirley Antoine	Balgownie	08.06.82
71.3	Trisha Ronney	Balgownie	08.06.83
72.58	Rhona MacLennan	Meadowbank	28.04.85

71.4	Jenny Bole	Balgownie	01.07.80
71.4	Rosslyn Duncan	Balgownie	08.06.83
71.7	Lyndsay Green	Coatbridge	26.05.96
71.9	Deborah Johnston	Balgownie	08.06.83

**U-17 WOMEN HIGH JUMP**

1.69	ELLIE WORKMAN	Birmingham	15.08.09
1.66	Lyndsay Peddie	Balgownie	30.07.83
1.61	Shirley Gray	Balgownie	19.06.77
1.61	Beth Philip	CA Stadium	11.09.89
<b>1.60</b>	<b>Kate MacKay</b>	<b>CA Stadium</b>	<b>06.09.15</b>
1.60	Donna Quirie	CA Stadium	30.06.93
1.59	Emma Caldwell	Grangemouth	29.07.12
1.58	Heather Pirie	Coatbridge	08.08.91
1.58	Anne Watt	Balgownie	06.09.81
1.57	Suzie Robertson	Grangemouth	01.06.91

**U-17 WOMEN POLE VAULT (Top 6)**

2.80	SAM SOMERS	CA Stadium	05.06.11
2.65	Sophie Hamilton	CA Stadium	19.05.13
2.30	Erin Runcie	CA Stadium	30.06.13
2.20	Freya McKay	CA Stadium	24.08.14
2.10	Samantha Edgar	CA Stadium	24.08.14
2.10	Alix Still	Hutcheson's	20.06.14

**U-17 WOMEN LONG JUMP**

5.71	KIRSTEN YOUNG	CA Stadium	26.06.05
5.64	Lea Masson	Balgownie	18.09.77
5.53	Donna Quirie	Grangemouth	27.06.93
5.53	Sarah Still	Crown Point	20.06.92
5.52	Deidre Auld	Balgownie	09.09.79
5.52	Lyndsay Peddie	Balgownie	11.09.83
5.47	Ellie Workman	Grangemouth	13.06.09
5.40	Cheryl McHardy	CA Stadium	26.07.98
5.38	Laura Beveridge	Antrim	06.08.83
<b>5.32</b>	<b>Katie Forbes</b>	<b>Dundee</b>	<b>21.06.15</b>

**U-17 WOMEN TRIPLE JUMP**

11.48	KIRSTEN YOUNG	Birmingham	15.08.04
11.44	Donna Quirie	Birmingham	08.08.93
11.03	Cheryl McHardy	Sheffield	16.08.98
10.68	Nicola Gauld	CA Stadium	05.07.98
10.40	Sylvia Kamyia	Dundee	05.06.05
<b>10.21</b>	<b>Kate MacKay</b>	<b>Dundee</b>	<b>28.06.15</b>
10.11	Jennifer Reid	Banchory	27.08.94
9.83	Emma Cloggie	Banchory	31.08.02
9.77	Nikki Corsie	Meadowbank	20.06.98
9.72	Chloe Davie	Lerwick	14.09.14



Alix Still – U17 Scottish heptathlon champion 2015

**U-17 WOMEN SHOT (4kg)**

11.85	HELEN COWE	Elgin	16.07.83
10.69	Alison Horne	Forres	05.07.14
10.29	Sarah Lyon	Tullamore	04.07.99
9.86	Jennifer Reid	Banchory	04.09.94
9.60	Shirley Gray	Balgownie	18.06.78
9.54	Marian Simpson	Coatbridge	28.08.94
9.48	Rhona MacLennan	Coatbridge	04.05.86
9.43	Gail Murchie	Meadowbank	12.06.88
9.35	Saffron Cummings	Kirkwall	08.09.13
9.31	Anita Smith	Balgownie	12.06.83

**U-17 WOMEN SHOT (3kg)**

12.45	ALISON HORNE	CA Stadium	20.04.14
10.64	Saffron Cummings	Perth	11.05.14
<b>10.24</b>	<b>Alix Still</b>	<b>Grangemouth</b>	<b>11.07.15</b>
10.00	Erin Runcie	CA Stadium	23.08.14

**U-17 WOMEN DISCUS**

38.08	HELEN COWE	Grangemouth	09.07.83
35.21	Erin Runcie	CA Stadium	28.08.14
32.16	Marian Simpson	CA Stadium	02.06.94
32.14	Alison Horne	CA Stadium	23.08.14
29.28	Pamela Bruce	Pitreavie	20.04.80
27.34	Cheryl McHardy	Coatbridge	03.08.97
26.02	Jennifer Reid	Banchory	04.09.94
25.88	Lesley Fowler	Arbroath	20.08.95
25.60	Angela Smith	CA Stadium	04.09.97
25.34	Lorraine Dearie	Glenrothes	14.05.86

**U-17 WOMEN HAMMER (4kg)**

31.58	Marian Simpson	Birmingham	30.07.94
25.72	Catrin Dickson	CA Stadium	08.09.05
24.27	Kristie Hindle	Meadowbank	18.05.14
23.16	Katherine Masson	CA Stadium	04.09.95
22.70	Kylie Davidson	Grangemouth	11.06.04
19.87	Sarah Lyon	Coatbridge	30.05.99
19.68	Angela Smith	CA Stadium	28.05.98
19.51	Mollie Hepburn	Inverness	16.09.07
19.24	Cheryl McHardy	Elgin	21.09.97
<b>18.25</b>	<b>Samantha Edgar</b>	<b>Grangemouth</b>	<b>30.08.15</b>

**U-17 WOMEN HAMMER (3kg)**

30.96	ERIN RUNCIE	CA Stadium	07.08.14
<b>28.55</b>	<b>Samantha Edgar</b>	<b>Dundee</b>	<b>28.06.15</b>
28.12	Kristie Hindle	Dundee	04.05.14

**U-17 WOMEN JAVELIN (600g)**

35.98	ELLIE WORKMAN	Perth	26.04.09
35.78	Emily Dougall	CA Stadium	29.05.94
33.09	Kimberley Miles	Sheffield	02.09.01
31.26	Lesley Fowler	CA Stadium	02.05.95
30.66	Marian Simpson	Coatbridge	23.05.93
30.32	Gillian Wilson	Meadowbank	18.08.91
28.89	Sophie Anderson	Grangemouth	26.08.12
28.50	Kathy Rapley	Coatbridge	25.05.97
27.42	Vicky Clark	Grangemouth	15.05.93
27.22	Laura Crockford	Meadowbank	12.05.96

**U-17 WOMEN JAVELIN (500g)**

<b>30.91</b>	<b>IONA COLQUHOUN</b>	<b>CA Stadium</b>	<b>19.09.15</b>
28.80	Sophie Evans	Hutcheson's	20.06.14

**U-17 WOMEN HEPTATHLON**

<b>4412</b>	<b>ALIX STILL</b>	<b>Grangemouth</b>	<b>12.07.15</b>
<b>(11.76, 1.54, 10.24, 26.53, 5.20, 19.16, 2:26.96)</b>			
4390	Ellie Workman	Birmingham	16.08.09
<b>(12.88, 1.69, 8.60, 27.55, 5.13, 32.49, 2:36.87)</b>			
4192*	Lyndsay Peddie	Wishaw	05.06.83
<b>(16.2, 1.55, 8.97, 27.9, 5.04, 29.94, 3:03.8)</b>			
3931	Louise Paterson	Stoke	08.07.90
3872	Kimberley Miles	Sheffield	02.09.01
3872	Donna Quirie	Linwood	25.07.93
3813	Jennifer Reid	Linwood	25.07.93
3786	Rebecca Dougall	Linwood	20.07.97
3688	Sarah Still	CA Stadium	20.09.92
3656*	Sophie Hamilton	Grangemouth	14.07.13

The above Heptathlon scores were those produced at the time and do not allow for changes in implements or scoring systems.

\* 100m hurdles



2015 Scottish Relay Championships

Back - Callum Symmons, Aaron Odentz, Stewart Millar, Charlie Beeson, Michael Ferguson  
 Front - Andrew Ferguson, Steven Murray, Mathew Kilner, James Joy

## ALL TIME TOP 10s – U-15 EVENTS

### U-15 BOYS 100m

11.5	ALEXANDER CARNIE	Crown Point	07.09.86
<b>11.58</b>	<b>Lewis Bisset</b>	<b>CA Stadium</b>	<b>06.09.15</b>
11.6	Ahmed Al-Kowarri	Crown Point	07.08.93
11.7	Paul Manson	Balgownie	20.08.78
11.8	Stuart Mathieson	Inverness	28.05.95
11.9	Graham Thomson	CA Stadium	09.09.01
11.9	Andrew Keelan	Inverness	03.07.88
11.92	Christopher Maslen	Grangemouth	12.06.99
12.0	Richard Singer	Peterhead	06.06.93
12.1	Cameron/Morton/Butler/Stark/Sorbie		

75 / 75 / 82 / 91 / 12

### U-15 BOYS 200m

23.1	ALEXANDER CARNIE	Crown Point	07.09.86
23.5	Ahmed Al-Kowarri	Grangemouth	23.06.93
23.86	Stuart Bridgeford	Hutcheson's	20.06.14
<b>24.06</b>	<b>Lewis Bisset</b>	<b>Grangemouth</b>	<b>22.05.15</b>
24.2	Mark Davidson	Balgownie	30.07.83
24.32	Stuart Mathieson	Pitreavie	09.07.95
24.45	William Stark	CA Stadium	22.06.91
24.5	Paul Manson	Coatbridge	02.09.78
24.6	Richard Singer	CA Stadium	18.07.93
24.6	Bruce Sorbie	CA Stadium	12.07.12

### U-15 BOYS 300m(Top 9)

40.40	BEN RENTON	Grangemouth	28.07.13
40.5	Stewart Millar	Dundee	05.05.13
<b>40.5</b>	<b>Arran Phommavanh</b>	<b>Dundee</b>	<b>02.08.15</b>
40.98	Alasdair Lowe	CA Stadium	29.08.13
41.41	Stuart Bridgeford	Grangemouth	28.07.13
41.49	Callum Davidson	Inverness	01.06.14
<b>41.66</b>	<b>Fergus Rule</b>	<b>Grangemouth</b>	<b>09.08.15</b>
42.05	Harry Kilner	CA Stadium	22.06.14
<b>42.3</b>	<b>Declan Alexander</b>	<b>Perth</b>	<b>12.04.15</b>

### U-15 BOYS 400m

52.5	COLIN DONALD	Grangemouth	26.06.82
52.7	Ahmed Al-Kowarri	Crown Point	07.08.93
53.1	Stuart Mathieson	Grangemouth	17.06.95
53.61	Richard Singer	Grangemouth	11.07.93
53.8	Stewart Millar	CA Stadium	25.07.13
54.2	Andrew Keelan	Grangemouth	18.06.88
54.93	Colin Wilson	Grangemouth	27.08.89
55.1	Steven Rusling	CA Stadium	04.08.02
55.50	Mark Davidson	Scotstoun	11.06.83
55.9	Ben Renton	CA Stadium	25.07.13

### U-15 BOYS 800m

2:00.77	STEVEN RUSLING	Birmingham	11.08.02
2:01.39	Stewart Millar	Scotstoun	02.08.13
2:01.8	Colin Donald	Grangemouth	26.06.82
2:04.75	Ben Renton	CA Stadium	29.08.13
<b>2:06.51</b>	<b>Harry Hall</b>	<b>CA Stadium</b>	<b>10.09.15</b>
2:07.1	Michael Anderson	Inverness	09.09.90
2:07.2	Euan Cameron	Grangemouth	18.06.77
<b>2:07.73</b>	<b>Jack Gillespie</b>	<b>Grangemouth</b>	<b>23.08.15</b>
2:08.22	Mark Haskett	Grangemouth	06.07.03
2:09.0	Ewan Calvert / Steven Murray		88 / 11

### U-15 BOYS 1500m

4:21.2	STEVEN RUSLING	CA Stadium	04.08.02
4:24.50	Alan Wales	Grangemouth	10.07.99
4:26.0	Frank Boyne	Glenrothes	24.08.80
4:26.37	Mark Kennedy	Inverness	09.07.00
4:26.43	Steven Murray	Wishaw	27.08.11
4:26.51	Alex Thoires	Grangemouth	06.07.03
4:27.6	Kevin Smart	Meadowbank	28.05.77
4:28.6	David Stephen	Glenrothes	16.04.78
4:28.7	Geoff Main	Crown Point	07.08.88
<b>4:29.21</b>	<b>Harry Hall</b>	<b>Grangemouth</b>	<b>13.06.15</b>

### U-15 BOYS 3000m

9:34.4	ALEX THOIRS	Dundee	29.06.03
9:39.2	Steven Rusling	Grangemouth	17.08.02
9:43.8	Mark Kennedy	CA Stadium	23.07.00
10:00.2	Alan Wales	Dundee	27.06.99
10:00.7	Mark Haskett	CA Stadium	21.05.03

10:02.5	James Joy	CA Stadium	26.06.05
10:14.2	Robin Sutherland	Balgownie	07.05.86
10:14.4	Stuart Forbes	CA Stadium	03.05.98
10:19.7	Simon Walker	CA Stadium	20.06.93
10:25.9	Richard Crighton	Dundee	29.06.03

### U-15 BOYS 80m HURDLES

11.95	BRUCE SORBIE	Grangemouth	21.06.12
12.00	William Stark	Grangemouth	25.08.91
12.1	Derek Elmslie	Balgownie	22.06.75
12.3	Finlay Morton	Meadowbank	21.09.75
<b>12.30</b>	<b>Arran Phommavanh</b>	<b>Grangemouth</b>	<b>09.08.15</b>
12.4	Mark Davidson	Dundee	26.06.83
12.4	Ian Lind	Crown Point	07.08.88
12.5	Chris Jessiman	Inverness	30.08.87
12.5	Christopher Maslen	CA Stadium	12.09.99
<b>12.58</b>	<b>Robbie Farquhar</b>	<b>CA Stadium</b>	<b>06.09.15</b>

### U-15 BOYS HIGH JUMP

1.75	KEVIN LUTTON	CA Stadium	05.09.99
1.73	Duncan Mathieson	Balgownie	30.07.83
1.71	William Stark	CA Stadium	24.08.91
1.70	George Petrie	Balgownie	03.09.77
1.66	Scott Macgregor	CA Stadium	22.09.13
1.65	Michael Johnston	Coatbridge	05.09.76
1.65	Andrew Keelan	Pitreavie	31.07.88
1.65	Alasdair Lowe	Grangemouth	16.08.12
1.65	Miller Mathieson	Balgownie	09.09.79
1.64	Steven Stark	CA Stadium	28.08.93



Petrofac League winners

### U-15 BOYS POLE VAULT

3.10	ALASDAIR LOWE	Grangemouth	26.08.12
2.61	Sam Lyon	CA Stadium	20.05.07
2.60	Miller Mathieson	Scotstoun	16.06.79
2.30	Bruce Sorbie	Grangemouth	29.07.12
2.25	Duncan Mathieson	Balgownie	25.07.82
2.10	Alex Brown	C Stadium	28.07.13
2.10	Jamie Thomson	Meadowbank	15.05.04
2.00	Thomas Joy	Scotstoun	14.05.05
2.00	David Stewart	Balgownie	08.09.84
1.95	Bruce Benzie	CA Stadium	12.09.98

### U-15 BOYS LONG JUMP

<b>6.02</b>	<b>ROBBIE FARQUHAR</b>	<b>Grangemouth</b>	<b>09.08.15</b>
5.88	Bruce Sorbie	Grangemouth	29.07.12
5.82	William Stark	CA Stadium	04.07.91
5.71	Derek Elmslie	Pitreavie	29.06.75
5.70	Richard Singer	CA Stadium	22.08.93
5.55	Christopher Maslen	CA Stadium	29.06.99
5.47	Ahmed Al-Kowarri	Dundee	15.04.93
5.47	Miller Mathieson	Meadowbank	08.09.79
5.47	Wilson Moir	Meadowbank	03.09.77
5.37	Alexander Carnie		1986

### U-15 BOYS TRIPLE JUMP

12.10	WILLIAM STARK	Crown Point	10.08.91
<b>11.86</b>	<b>Robbie Farquhar</b>	<b>Grangemouth</b>	<b>23.08.15</b>
11.75	Wilson Moir	Saughton	22.05.77
11.66	Ian Lind	Glenrothes	11.09.88
11.48	Alan Cameron	Balgownie	22.06.75
11.33	David Parham	Meadowbank	21.09.75
11.32	Christopher Jessiman	Glenrothes	13.09.87
11.28	Paul Allan	Glenrothes	09.09.84
11.18	Alasdair Lowe	CA Stadium	25.04.12
11.09	Jamie Stewart	CA Stadium	24.07.94

**U-15 BOYS SHOT**

<b>12.91</b>	<b>JOHN ANGUS</b>	<b>Inverness</b>	<b>13.09.15</b>
11.89	Kevin Lutton	Dundee	27.06.99
11.78	Derek Elmslie	Balgownie	22.06.75
11.70	Adam Crighton	Grangemouth	13.06.09
11.30	Geoffrey Burton	Balgownie	12.08.78
11.17	Edward McKenzie	Balgownie	01.08.81
11.11	David Gagel	Balgownie	20.08.78
10.94	Peter Fraser		1992
10.72	Neil Gillanders	Balgownie	11.09.83
10.66	William Stark	CA Stadium	07.04.91

**U-15 BOYS DISCUS**

33.91	KEVIN LUTTON	Elgin	19.09.99
<b>33.42</b>	<b>John Angus</b>	<b>CA Stadium</b>	<b>16.09.15</b>
33.64	Edward McKenzie	Glenrothes	22.08.81
32.16	Peter Fraser	CA Stadium	03.05.92
30.87	Christian Dick	CA Stadium	30.08.12
30.80	Stuart Scoble	Scotstoun	04.09.83
29.28	Keith Simpson	CA Stadium	07.05.95
<b>28.52</b>	<b>Steven Sey</b>	<b>Inverness</b>	<b>13.09.15</b>
28.18	Fraser Benzie	Dundee	06.07.97
27.88	Andrew McCallum	CA Stadium	29.09.91

**U-15 BOYS HAMMER**

<b>32.76</b>	<b>JOHN ANGUS</b>	<b>Grangemouth</b>	<b>23.08.15</b>
32.38	George Petrie	Balgownie	21.08.77
31.90	David Gagel	Balgownie	16.09.78
30.57	Conor Hewitson	Grangemouth	26.08.12
26.43	Kevin Lutton	CA Stadium	27.05.99
25.76	Barry Dobbie	CA Stadium	16.06.94
20.04	Keith Simpson	CA Stadium	29.05.95
16.60	Gareth Orme	CA Stadium	29.05.95
14.13	Calum Davidson	CA Stadium	02.07.13
13.82	Fraser Benzie	CA Stadium	26.09.96

**U-15 BOYS JAVELIN**

50.70	KEITH SIMPSON	Inverness	08.09.96
48.22	Peter Fraser	Grangemouth	30.08.92
42.88	Kevin Lutton	Elgin	19.09.99
39.52	Tom Brodie	Dundee	02.07.06
37.70	Bruce Benzie	Grangemouth	12.06.99
37.94	Jamie Thomson	Grangemouth	16.06.04
36.66	Ahmed Al-Kowarri	CA Stadium	20.06.93
35.49	Stephen Miller	CA Stadium	23.07.00
33.71	Christopher Legge	CA Stadium	05.06.11
33.69	Sam Lyon	CA Stadium	21.06.07



Iain Boyd

**U-15 BOYS PENTATHLON (Top 4)**

2202	STUART MATHIESON	CA STADIUM	15.07.95
1720	Jamie Thomson	Pitreavie	28.05.04
1641	Stephen Miller	Grangemouth	02.09.00
1456	Thomas Joy	CA Stadium	28.05.05

\*The above Pentathlon scores were those produced at the time and do not allow for changes in implements or scoring systems.

**U-15 GIRLS 100m**

12.37	LESLEY-ANN MEARNES	BIRMINGHAM	13.08.05
12.4	Michelle Bruce	Grangemouth	13.06.82
12.5	Jenny Bole	Balgownie	12.08.78
12.5	Fiona Lumsden	CA Stadium	09.06.91

12.5	Kathleen Madigan	Pitreavie	05.05.84
12.5	Louise Paterson	Grangemouth	22.06.89
12.7	Angela Shearer	CA Stadium	05.09.99
12.7	Kim Smith	Balgownie	07.09.80
12.7	Shelda Stalker	Balgownie	06.09.81
12.8	Masson/Butler/Steel/Hair/Mathieson/Cummings/Hamilton		76/88/89/95/99/11/11

**U-15 GIRLS 200m**

25.05	LESLEY-ANN MEARNES	Birmingham	14.08.05
25.5	Michelle Bruce	Grangemouth	13.06.82
25.89	Louise Paterson	Grangemouth	01.07.89
26.13	Kelsey Stewart	Scotstoun	31.07.11
26.3	Sandra Gunn	Coatbridge	20.05.90
26.3	Kathleen Madigan	Pitreavie	05.05.84
26.51	Angela Shearer	Sheffield	14.08.99
26.63	Gemma Hair	Greenock	04.06.95
26.7	E Cloggie/K Cussell/K Leys/F Lumsden/J Reid		02/78/87/90/92

**U-15 GIRLS 800m**

2:13.36	DAWN SIMPSON	Ayr	13.08.88
2:14.3	Carolyn Sheehan	Inverness	19.08.84
2:16.02	Ellie Buchan	Grangemouth	19.08.07
2:16.8	Jaclyn Anderson	CA Stadium	18.07.93
2:18.51	Emma Cloggie	Grangemouth	22.06.02
2:19.0	Michelle Cherry	Antrim	06.08.83
2:19.05	Eilidh Prise	Scotstoun	29.08.10
2:19.7	Kate Murdoch	Meadowbank	31.05.09
2:20.31	Kelsey Stewart	CA Stadium	05.06.11
2:20.50	Jennifer MacLean	Meadowbank	17.06.95

**U-15 GIRLS 1500m**

4:43.5	CAROLYN SHEEHAN	Crawley	21.07.84
4:43.9	Ellie Buchan	CA Stadium	05.09.07
4:46.6	Allison Diamond	Grangemouth	05.06.82
4:49.37	Naomi Lang	Hutcheson's	21.06.14
4:49.69	Eilidh Prise	Inverness	05.09.10
4:49.9	Dawn Simpson	Wishaw	07.08.88
4:50.36	Rebecca Eggeling	Greensboro USA	25.07.13
4:52.0	Michelle Cherry	Coatbridge	17.06.84
4:52.8	Caroline Clarkson	Coatbridge	26.05.91
4:54.9	Jaclyn Anderson	Coatbridge	12.09.93

**U-15 GIRLS 75m HURDLES**

11.24	SANDRA GUNN	Grangemouth	23.06.90
11.60	Grace Carter	Kilmarnock	10.08.14
11.62	Catriona Pennet	Inverness	13.09.98
11.7	Jenny Bole	Balgownie	17.06.79
11.70	Hannah Mathieson	Inverness	09.07.00
11.7	Lyndsay Peddie	Balgownie	07.09.80
11.8	Gemma Hair	Coatbridge	21.05.95
11.8	Amanda Lochhead	Grangemouth	12.07.80
11.80	Yasmin Milne	Grangemouth	14.06.08
11.8	Katy Philip	Crown Point	15.06.91

**U-15 GIRLS HIGH JUMP**

1.58	KATE MACKAY	CA Stadium	24.08.14
1.58	ANNE WATT	Balgownie	06.09.81
1.57	Suzie Robertson	Grangemouth	01.06.91
<b>1.53</b>	<b>Carmen Neat</b>	<b>CA Stadium</b>	<b>19.09.15</b>
1.50	Emma Caldow	Scotstoun	29.08.10
1.50	Kimberley Miles	CA Stadium	12.09.99
1.50	Kate Murdoch	CA Stadium	30.08.09
1.50	Lyndsay Peddie	Balgownie	06.09.81
1.49	Kate Rice	Grangemouth	14.06.85
1.48	K Leys / W Pennet / N Gauld		88/95/96

**U-15 GIRLS LONG JUMP**

5.38	DEIRDRE AULD	Meadowbank	18.06.77
5.33	Kirsten Young	CA Stadium	20.04.03
5.27	Sarah Still	Dundee	09.09.90
5.12	Laura Beveridge	Balgownie	21.06.81
5.11	Jenny Bole	Balgownie	10.09.78
5.10	Lyndsay Peddie	Meadowbank	13.06.81
5.07	Linda Davidson	Balgownie	12.06.83
5.01	Jennifer Lynch	Balgownie	23.08.75
5.01	Donna Quirie	Waterford	11.08.90
4.97	Claire Middleton	Pitreavie	14.06.92

**U-15 GIRLS SHOT (3.25kg)**

12.18	HELEN COWE	Swansea	08.08.81
10.29	Rhona MacLennan	Coatbridge	02.09.84
10.14	Sophie Anderson	CA Stadium	17.06.12
10.13	Marian Simpson	Coatbridge	31.05.92
10.00	Sarah Lyon	Inverness	13.09.98
9.88	Gail Murchie	Livingston	17.05.86
9.61	Jennifer Reid	Crown Point	16.08.92
9.60	Lyndsay Peddie	Balgownie	15.08.81
9.49	Pamela Bruce	Pitreavie	06.05.78
9.37	Laura Crockford	Meadowbank	12.05.96

**U-15 GIRLS SHOT (3kg)**

12.45	ALISON HORNE	CA Staidum	20.04.14
10.64	Saffron Cummings	Perth	11.05.14
10.00	Erin Runcie	CA Stadium	23.08.14

**U-15 GIRLS DISCUS**

31.92	HELEN COWE	Balgownie	16.08.81
28.06	Pamela Bruce	Balgownie	03.09.78
26.10	Marian Simpson	Coatbridge	13.09.92
25.82	Cheryl McHardy	Pitreavie	17.08.96
25.34	Lorraine Dearie	Glenrothes	14.09.86
24.78	Gillian Tindall	Glenrothes	02.09.79
24.36	Lesley Fowler	Dundee	22.08.93
24.34	Alanah O'Donnell	Hutcheson's	21.06.14
24.34	Angela Smith	CA Stadium	09.06.96
23.08	Kathy Rapley	Grangemouth	14.05.95

**U-15 GIRLS HAMMER (Top 3)**

24.69	KRISTIE HINDLE	Grangemouth	28.07.13
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24.03	Sophie Anderson	Grangemouth	26.08.12
14.49	Iona Colquhoun	Dundee	04.05.14

**U-15 GIRLS JAVELIN (600g, from 1991)**

30.32	Emily Dougall	Grangemouth	24.06.92
28.89	Sophie Anderson	Grangemouth	26.08.12
28.74	Marian Simpson	Meadowbank	17.05.92
27.22	Laura Crockford	Meadowbank	12.05.96
26.82	Kathy Rapley	CA Stadium	03.09.95
25.73	Jade Christie	CA Stadium	25.07.99
24.72	Lesley Fowler	Meadowbank	05.09.93
23.84	Jennifer Reid	CA Stadium	31.05.92
23.60	Angela Shearer	CA Stadium	05.09.99
23.46	Emma Coutts	Crown Point	27.04.97

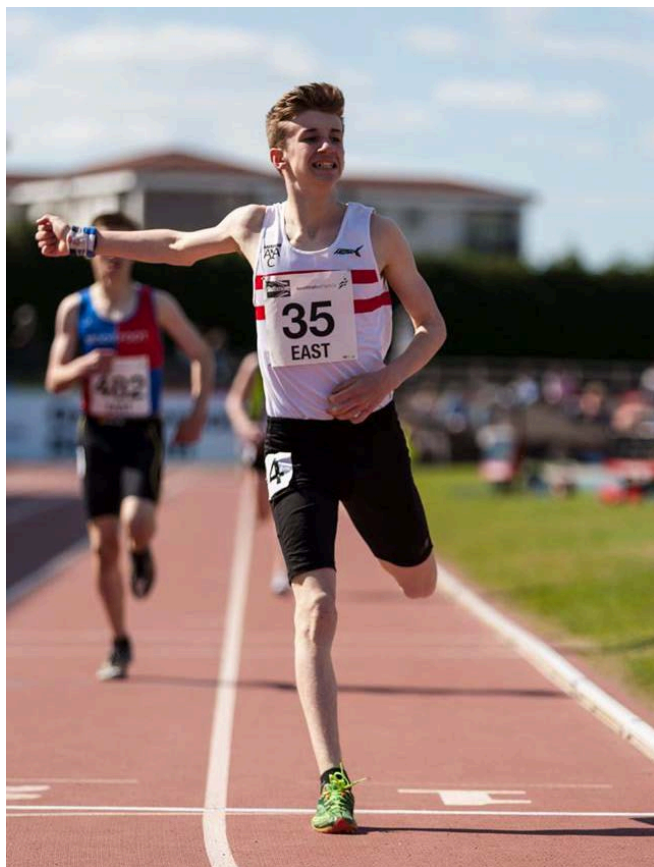
**U-15 GIRLS JAVELIN (500g)**

29.15	Iona Colquhoun	CA Stadium	24.08.14
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**U-15 GIRLS PENTATHLON\***

2859	Lyndsay Peddie	Balgownie	15.08.81
2856	Jennifer Lynch	Grangemouth	09.08.75
2842	Deirdre Auld	Pitreavie	14.05.77
2754	Catriona Pennet	Scotstoun	03.05.98
2675	Amanda Lochhead	Grangemouth	24.08.80
2642	Shelda Stalker	Pitreavie	27.06.81
2640	Linda Davidson	Wishaw	05.06.83
2627	Rhona MacLennan	Wishaw	05.06.83
2620	Lea Masson	Meadowbank	28.08.76
2595	Kate MacKay	Grangemouth	14.06.14

\*The above Pentathlon scores were those produced at the time and do not allow for changes in implements or scoring systems.



Harry Hall – U15 Boys Scottish 800m Champion 2015



Aberdeen Sports Council awards 2015

**ALL TIME TOP 10s – VETERAN\* EVENTS****\*Men over-40, women over-35****VETERAN MEN 100m**

11.7	ALAN MACKENZIE	Nairn	18.08.90
11.7	TREVOR MADIGAN	Balgownie	31.08.85
11.7	ROBIN RILLEY	Not known	1979
11.7	STAN WALKER	CA Stadium	13.09.09
11.9	Chris Coulter	Balgownie	05.09.87
11.91	Mark Davidson	Pitreavie	15.06.14
12.0	Forbes Bruce	Balgownie	08.08.81
12.0	Brian Gordon	Linkfield	03.09.88
12.0	Malcolm Clarkson	Balgownie	05.09.87
12.1	A Stirling/D Shepherd		87/92

**VETERAN MEN 200m**

23.83	STAN WALKER	Grangemouth	18.05.11
24.1	Robin Riley	Balgownie	09.09.79
24.42	Mark Davidson	Pitreavie	15.06.14
24.6	Frank Gauld	CA Stadium	10.06.00
24.6	Denis Shepherd	CA Stadium	26.08.92
24.7	Malcolm Clarkson	Linkfield	06.09.88
24.7	Allan Stirling	Crown Point	28.06.87
24.8	Brian Gordon	Grangemouth	27.08.88
25.0	Trevor Madigan	Coatbridge	14.07.85
25.2	Alan Fulton	CA Stadium	22.08.91

**VETERAN MEN 400m**

53.0	DENIS SHEPHERD	CA Stadium	29.06.93
54.8	Alan Fulton	CA Stadium	18.06.91
54.8	Frank Gauld	CA Stadium	10.06.00
55.2	Allan Stirling	Malmö (SWE)	28.07.86
56.0	Mike Simpson	CA Stadium	27.05.97
56.2	Roderick MacFarquhar	Balgownie	11.08.82
56.40	Kenny Lyon	Sheffield	08.09.01
56.6	Jim Burr	CA Stadium	13.09.95
56.8	Bill Scullion	CA Stadium	16.06.93
57.17	Mark Davidson	CA Stadium	09.05.13

**VETERAN MEN 800m**

2:01.0	DENIS SHEPHERD	Dundee	22.08.93
2:01.1	Hunter Watson	Coatbridge	30.05.76
2:02.72	Roderick MacFarquhar	Strasbourg	15.07.82
2:06.1	Alan Fulton	Inverness	10.06.95
2:08.1	Frank Gauld	Dundee	28.05.00
2:08.8	Ken Hogg	Dundee	18.06.89
2:10.3	Dave Armitage	CA Stadium	24.08.91
2:10.7	Jim Burr	CA Stadium	27.08.94
2:11.2	Bill Scullion	CA Stadium	28.08.93
2:13.1	John Ballentine/Frank Smith		93 / 01

**VETERAN MEN 1500m**

4:08.0	HUNTER WATSON	Coatbridge	12.06.77
4:11.2	Roderick MacFarquhar	Balgownie	10.08.83
4:15.3	Mike Simpson	CA Stadium	03.09.97
4:18.7	Colin Youngson	CA Stadium	26.08.93
4:20.7	Ken Hogg	Linkfield	06.09.88
4:23.4	John Ballentine	Linwood	25.07.93
4:25.3	Charlie Haskett	CA Stadium	24.08.00
4:27.5	Dave Armitage	CA Stadium	26.08.93
4:28.4	Bill Scullion	CA Stadium	26.08.93
4:28.9	Graham Milne	Peterhead	13.05.90

**VETERAN MEN 3000m**

8:50.9	COLIN YOUNGSON	CA Stadium	22.07.90
8:56.6	Roderick MacFarquhar	Balgownie	30.07.83
9:18.6	Mike Simpson	CA Stadium	03.06.97
9:21.9	Steve Taylor	Forres	07.07.79
9:24.0	Charlie Haskett	CA Stadium	06.06.01
9:29.0	John Ballentine	CA Stadium	26.07.92
9:30.6	Mel Edwards	CA Stadium	23.07.89
9:32.3	Davy Grubb	CA Stadium	23.07.89
9:35.0	Alastair Wood	Balgownie	14.05.81
9:39.2	Ian Fraser	CA Stadium	22.07.90

**VETERAN MEN 5000m**

14:57.0	ALISTAIR WOOD	Meadowbank	12.07.75
15:24.8	Colin Youngson	Grangemouth	29.06.91
15:28.0	Roderick MacFarquhar	Balgownie	24.05.83
15:48.0	Graham Milne	Balgownie	29.06.88

15:54.6	George Sim	Inverness	18.05.92
15:57.2	Mike Simpson	CA Stadium	14.08.97
16:14.2	Mel Edwards	Balgownie	15.05.85
16:23.26	John Ballentine	Jarrow	17.07.93
16:27.51	Frank Boyne	Grangemouth	29.08.10
16:30.4	Davy Grubb	CA Stadium	04.07.89

**VETERAN MEN 10000m**

30:33.4	ALISTAIR WOOD	Meadowbank	06.05.73
31:39.2	Colin Youngson	Crown Point	15.07.90
32:29.0	Roderick MacFarquhar	Balgownie	06.04.83
32:42.0	Donald Ritchie	Inverness	08.09.84
33:09.6	Mike Simpson	C A Stadium	01.05.97
33:11.37	Bill Adams	Finland	24.06.91
34:06.7	John Ballentine	Coatbridge	11.07.92
34:17.6	Graham Milne	Grangemouth	03.09.88
34:40.8	Mel Edwards	CA Stadium	04.05.89
34:51.4	Ken Hogg	CA Stadium	08.05.90

**VETERAN MEN 3000m STEEPLECHASE (Top 3)**

10:25.99	FRANK BOYNE	Meadowbank	19.04.09
10:31.7	Dave Armitage	Grangemouth	04.09.91
11:50.4	Gordon Ramsay	CA Stadium	30.06.94

**VETERAN MEN 100m HURDLES (Top 6)**

16.4	DENIS SHEPHERD	CA Stadium	30.06.92
17.0	Angel Alicea	CA Stadium	04.04.93
17.1	Kenny Lyon	CA Stadium	08.06.05
17.2	Robert Masson	Balgownie	09.09.87
17.5	Trevor Madigan	Balgownie	06.04.86
21.3	Bill Lonsdale	CA Stadium	11.06.03

**VETERAN MEN 400m HURDLES (Top 8)**

59.0	DENIS SHEPHERD	CA Stadium	01.06.93
66.2	Allan Stirling	Balgownie	09.09.87
66.9	Kenny Lyon	CA Stadium	28.06.01
67.4	Dave Walker	CA Stadium	01.06.93
68.8	Trevor Madigan	Balgownie	19.08.86
72.4*	Edward McKenzie	Inverness	12.05.07
73.1*	Tom Leeson	Perth	17.05.15
77.1	Bill Lonsdale	CA Stadium	27.06.02

\* 3' hurdles

**VETERAN MEN HALF-MARATHON**

67:13	DAVID CLARK	Aberdeen	07.07.85
67:13	Colin Youngson	Glasgow	11.09.88
68:52	Fraser Clyne	Liverpool	25.08.96
69:24	Donald Ritchie	Inverness	23.03.85
69:27	George Sim	Dyce	14.07.91
70:19	Roderick MacFarquhar	Peterhead	26.08.84
70:22	Graham Milne	Peterhead	19.06.88
70:50	Bill Adams	Mariehamn (Finland)	29.06.91
72:27	Ken Hogg	Dyce	27.03.88
73:26	Ben Preece	Inverness	20.03.88

**VETERAN MEN MARATHON**

2:18:01	DAVID CLARK	Florence (Italy)	02.12.84
2:21:14	Alistair Wood	Edinburgh	28.06.75
2:21:26	Donald Ritchie	London	21.04.85
2:28:25	Fraser Clyne	Greenock	15.09.96
2:28:38	Colin Youngson	Linkfield	22.05.88
2:32:57	George Sim	Dundee	12.05.91
2:33:39	Roderick MacFarquhar	Aberdeen	16.09.84
2:36:15	Ben Preece	London	23.04.89
2:34:53	Bill Adams	London	21.04.91
2:39:06	Jim Morrison	London	09.05.82

**VETERAN MEN HIGH JUMP**

1.67	DENIS SHEPHERD	Inverness	12.09.92
1.65	Bill Lonsdale	CA Stadium	21.05.03
1.65	James MacGregor	Wishaw	28.08.11
1.65	Trevor Madigan	Balgownie	01.07.87
1.65	Robert Masson	Balgownie	01.07.87
1.55	Kenny Lyon	CA Stadium	12.05.04
1.48	Edward McKenzie	P'o Alegre (BRA)	16.10.13
1.40	Malcolm Clarkson	CA Stadium	07.06.89
1.40	Bill Skinner	Birmingham	10.08.14
1.30	Ken Peddie	Balgownie	15.05.84



**VETERAN MEN POLE VAULT (Top 5)**

3.65	KENNY LYON	CA Stadium	01.09.01
3.60	Robert Masson	Balgownie	08.07.87
2.80	Edward McKenzie	Grangemouth	16.04.11
2.25	Trevor Madigan	Balgownie	06.04.86
1.90	Ian Morrison	Balgownie	10.08.82

**VETERAN MEN LONG JUMP**

5.95	KENNY LYON	CA Stadium	01.04.01
5.76	Robert Masson	Balgownie	20.09.87
5.75	Trevor Madigan	Balgownie	05.09.87
5.55	Miller Mathieson	Balgownie	05.08.79
5.55	Forbes Bruce	Balgownie	05.08.79
5.49	Malcolm Clarkson	Balgownie	05.09.87
5.48	Chris Coulter	Balgownie	05.09.87
5.46	Denis Shepherd	CA Stadium	02.09.92
<b>5.42</b>	<b>Tom Leeson</b>	<b>CA Stadium</b>	<b>06.09.15</b>
5.27	Mark Davidson	CA Stadium	03.09.14

**VETERAN MEN TRIPLE JUMP**

12.21	TREVOR MADIGAN	Balgownie	27.07.85
11.84	Kenny Lyon	CA Stadium	11.05.03
11.30	Frank Gauld	CA Stadium	30.07.00
<b>11.23</b>	<b>Tom Leeson</b>	<b>Dundee</b>	<b>02.08.15</b>
11.20	Chris Coulter	Balgownie	17.08.87
11.03	Robert Masson	CA Stadium	11.05.93
10.75	Bill Lonsdale	Derby	07.06.03
10.44	Malcolm Clarkson	Grangemouth	19.06.88
10.43	Alan Young	CA Stadium	28.05.05
10.04	Bill Skinner	Izmir	28.08.14

**VETERAN MEN SHOT**

13.04*	DARREN CHAPMAN	CA Stadium	18.04.10
13.01	Edward McKenzie	CA Stadium	27.08.09
12.32	Robert Masson	CA Stadium	26.08.89
11.68	Forbes Bruce	Balgownie	08.08.81
11.65	Mark Davidson	CA Stadium	27.08.09
11.16	Kenny Lyon	CA Stadium	30.08.07
11.00	Trevor Madigan	CA Stadium	15.05.91
10.75	Jim Burr	CA Stadium	02.09.93
10.71	Frank Gauld	CA Stadium	25.08.99
10.62	John Leys	CA Stadium	15.05.91

\* Senior men's implements

**VETERAN MEN DISCUS**

39.86	ROBERT MASSON	CA Stadium	03.09.92
37.68	Edward McKenzie	CA Stadium	06.09.12
33.45*	Darren Chapman	CA Stadium	29.04.12
32.49	Kenny Lyon	CA Stadium	26.08.04
32.20	Forbes Bruce	Balgownie	03.08.82
32.17	Colin Harris	CA Stadium	28.05.05
30.52	Paddy Grant	CA Stadium	02.09.99
30.15	Frank Gauld	CA Stadium	24.08.00
<b>30.03</b>	<b>Tom Leeson</b>	<b>Perth</b>	<b>17.05.15</b>
28.30	Ian Maitland	Dundee	11.09.93

\* Senior men's implements

**VETERAN MEN HAMMER**

36.95	EDWARD MCKENZIE	CA Stadium	03.09.09
34.35	Robert Masson	CA Stadium	19.04.98
31.73	Trevor Madigan	CA Stadium	16.09.04
30.98*	Bob Ingram	Dundee	25.08.85
27.86	Alistair Simpson	CA Stadium	29.05.97
27.41*	Darren Chapman	CA Stadium	19.08.10
27.06	Alan Bews	CA Stadium	22.05.91
25.86	Forbes Bruce	Balgownie	30.06.82
23.64	Allan Stirling	Balgownie	19.08.86
23.42	Jim Campbell	CA Stadium	22.05.91

\* Senior men's implements

**VETERAN MEN JAVELIN**

43.88*	ROBERT MASSON	CA Stadium	02.04.89
41.65*	Edward McKenzie	Grangemouth	14.07.07
<b>40.24*</b>	<b>Tom Leeson</b>	<b>Meadowbank</b>	<b>30.08.15</b>
39.55*	Kenny Lyon	Sheffield	08.09.01
36.28*	Andy Dougall	CA Stadium	07.04.91
35.79*	Darren Chapman	CA Stadium	20.05.12
32.84*	Ian Maitland	CA Stadium	04.04.93
32.60*	Douglas Cooper	CA Stadium	07.04.91
31.38*	Dave Walker	Inverness	13.06.92

30.06\* Angel Alicea CA Stadium 04.04.93

\* Senior men's implements

**VETERAN MEN DECATHLON (Top 5)**

4738	TREVOR MADIGAN	Balgownie	30.04.86
3658	Robert Masson	CA Stadium	16.07.95

**Age-graded**

6490	Robert Masson	Oxford	07.07.07
5647	Kenny Lyon	Sheffield	09.09.01
<b>4616</b>	<b>Edward McKenzie</b>	<b>Lyon</b>	<b>05.08.15</b>
4506	Bill Lonsdale	Grangemouth	25.08.02

The above Decathlon scores were those produced at the time and do not allow for changes in implements or scoring systems.

**VETERAN WOMEN 100m**

12.7	KATHLEEN MADIGAN	CA Stadium	23.08.06
12.9	Janet Lyon	CA Stadium	22.06.97
13.54	Fiona Davidson	Pitreavie	21.06.08
13.6	Ann Imrie	CA Stadium	23.08.95
13.9	Heather Wisley	Grangemouth	27.08.88
14.2	Linda Michie	CA Stadium	24.08.05
14.3	Shona McKinnon	CA Stadium	10.06.00
14.4	Joyce Hogg	Grangemouth	27.08.88
14.4	Laura Mahady	CA Stadium	26.08.09
14.4	Tracy Wilson	CA Stadium	28.08.93

**VETERAN WOMEN 200m**

26.5	JANET LYON	Coatbridge	08.06.97
26.7	Kathleen Madigan	Dundee	10.04.05
28.2	Ann Imrie	CA Stadium	24.08.94
28.7	Laura Mahady	CA Stadium	19.08.09
29.4	Joyce Hogg	Linksfield	06.09.88
30.0	Linda Michie	CA Stadium	30.08.06
30.2	Shona McKinnon	CA Stadium	28.08.02
30.6	Tracey Wilson	CA Stadium	03.04.94
31.3	Penny Johnson	Kirkwall	08.09.13
33.2	Brigitte Mulsant	CA Stadium	30.08.89

**VETERAN WOMEN 400m**

61.05	LAURA MAHADY	Lahti (FIN)	07.08.09
63.16	Kathleen Madigan	Tullamore (IRL)	09.08.08
63.6	Janet Lyon	Dundee	15.04.01
63.79	Sonia Armitage	Grangemouth	21.06.03
64.4	Heather Wisley	Grangemouth	27.08.88
66.1	Joyce Hogg	Linksfield	21.08.88
67.1	Nancy MacKinnon	CA Stadium	10.05.89
68.4	Kathryn Mearns	CA Stadium	24.05.00
70.1	Ann Imrie	CA Stadium	14.09.94
72.5	Annette Orme	CA Stadium	16.06.92

**VETERAN WOMEN 800m**

2:19.3	SONIA ARMITAGE	CA Stadium	08.08.04
2:19.50	Laura Mahady	Lahti (FIN)	12.08.09
2:20.6	Heather Wisley	Inverness	13.05.90
2:24.4	Nancy MacKinnon	CA Stadium	10.09.88
2:26.4	Kathryn Mearns	CA Stadium	07.09.97
2:33.6	Joyce Hogg	Grangemouth	03.09.88
2:35.1	Hazel Gaskell	CA Stadium	02.09.93
2:39.1	Annette Orme	CA Stadium	24.08.95
2:51.3	Janet Lyon	CA Stadium	24.08.00
2:51.4	Barbara Pidgeon	CA Stadium	08.09.94

**VETERAN WOMEN 1500m**

4:39.12	SONIA ARMITAGE	Meadowbank	02.06.96
4:47.4	Heather Wisley	Inverness	24.06.90
4:50.73	Laura Mahady	Lahti (FIN)	06.08.09
4:57.1	Kathryn Mearns	Peterhead	24.08.97
5:00.4	Rhona Buchan	CA Stadium	05.09.07
5:01.7	Lynda Bain	CA Stadium	05.05.91
5:07.4	Nancy MacKinnon	CA Stadium	06.09.88
5:20.7	Annette Orme	Dundee	04.06.95
5:21.8	Joyce Hogg	CA Stadium	06.09.88
5:44.8	Carole Hawthorn	Balgownie	14.08.84

**VETERAN WOMEN 3000m**

9:51.9	HEATHER WISLEY	Coatbridge	20.05.90
10:03.1	Sonia Armitage	Coatbridge	29.08.98
10:26.2	Lynda Bain	CA Stadium	09.06.91
10:42.8	Hazel Gaskell	CA Stadium	18.07.93
10:48.2	Nancy MacKinnon	CA Stadium	23.07.89
10:59.35	Veronique Oldham	Meadowbank	13.07.14
11:00.2	Laura Mahady	CA Stadium	21.05.03
11:00.4	Rhona Buchan	Dundee	09.07.06
11:19.0	Kathryn Mearns	CA Stadium	21.05.03
11:20.5	Helen Brown	Balgownie	29.06.88

**VETERAN WOMEN 5000m**

17:48.80	SONIA ARMITAGE	Chester-le-Street	31.07.99
18:49.7	Rhona Buchan	CA Stadium	29.08.07
19:02.1	Laura Mahady	CA Stadium	28.05.08
19:07.8	Kathryn Mearns	CA Stadium	14.08.97
19:41.1	Lynda Bain	CA Stadium	24.09.91
20:15.9	Margaret Stafford	CA Stadium	24.09.91
20:46.7	Nicola Smith	CA Stadium	16.05.11
21:40.28	Sinead Stenhouse	CA Stadium	08.05.14
21:57.9	Bing Kerr	CA Stadium	04.07.89
22:08.9	Jane MacKay	CA Stadium	10.05.10

**VETERAN WOMEN 10000m (Top 9)**

37:18.2	HEATHER WISLEY	CA Stadium	04.05.89
38:18.5	Sonia Armitage	CA Stadium	04.07.02
42:20.6	Kathryn Mearns	CA Stadium	03.07.03
46:29.3	Trish McLauchlan	CA Stadium	22.06.09
46:43.0	Maureen MacInnes	CA Stadium	22.06.09
47:03.5	Jane MacKay	CA Stadium	22.06.09
48:40.8	Janice Gordon	CA Stadium	04.07.02
48:42.8	Nancy MacKinnon	CA Stadium	04.07.02
49:33.1	Ann Clark	CA Stadium	22.06.09

**VETERAN WOMEN HALF MARATHON**

82:09	ULLI SIMPSON	CA Stadium	26.08.90
84:05	Lynda Bain	Linksfield	29.08.93
85:42	Hazel Gaskell	Linksfield	29.08.93
85:51	Heather Wisley	Linksfield	28.08.88
86:54	Sonia Armitage	Aviemore	19.10.08
87:48	Diana Jermieson	Rannoch	25.06.89
88:50	Angela Hepburn	Elgin	04.09.05
89:35	Jackie Nuttall	Dyce	27.03.88
89:43	Margaret Stafford	Inverdee	29.03.92
90:58	Nancy MacKinnon	Peterhead	17.06.90

**VETERAN WOMEN MARATHON**

3:00:32	MARGARET STAFFORD	London	22.04.90
3:15:52	Diana Jermieson	Beach	28.05.89
3:18:57	Angela Hepburn	Fort William	18.04.10
3:24:22	Olive Fraser	London	23.04.89
3:27:42	Leona Hart	Dundee	28.04.85
3:32:33	Betty May	London	21.04.91
3:37:09	Maureen McInnes	Amsterdam	15.10.06
3:42:53	Bing Kerr	London	23.04.89
3:54:48	Carol Hawthorn	Aberdeen	16.09.84
3:54:57	Margaret Beveridge	Elgin	06.08.89

**VETERAN WOMEN 80m HURDLES (Top 4)**

14.6	JANET LYON	CA Stadium	04.04.04
15.8	Ann Imrie	CA Stadium	02.04.00
16.0	Joyce Hogg	CA Stadium	07.04.91
16.4	Shona McKinnon	CA Stadium	16.04.04

**VETERAN WOMEN 400m HURDLES (Top 2)**

73.0	JANET LYON	CA Stadium	27.06.00
75.5	Joyce Hogg	Coatbridge	24.06.90

**VETERAN WOMEN HIGH JUMP (Top 4)**

1.40	FIONA DAVIDSON	Grangemouth	18.05.08
1.35	Janet Lyon	Meadowbank	31.08.97
1.35	Shona McKinnon	Pitreavie	13.07.02
1.30	Joyce Hogg	CA Stadium	06.06.89

**VETERAN WOMEN POLE VAULT (Top 1)**

2.81	JANET LYON	CA Stadium	14.05.04
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**VETERAN WOMEN LONG JUMP**

<b>5.25</b>	<b>FIONA DAVIDSON</b>	<b>Grangemouth</b>	<b>11.07.15</b>
4.74	Linda Michie	CA Stadium	05.07.06
4.49	Shona McKinnon	CA Stadium	10.06.00
4.45	Janet Lyon	CA Stadium	04.04.04
4.36	Joyce Hogg	Cwmbran	24.07.88
4.23	Kathleen Madigan	CA Stadium	28.05.05
4.05	Heather Young	CA Stadium	21.08.02
3.99	Ann Imrie	CA Stadium	23.08.95
3.73	Irene Dougall	CA Stadium	02.09.92
3.54	Annette Orme	CA Stadium	23.08.95

**VETERAN WOMEN TRIPLE JUMP (Top 5)**

<b>11.34</b>	<b>FIONA DAVIDSON</b>	<b>Lyon</b>	<b>15.08.15</b>
9.25	Shona McKinnon	Pitreavie	19.05.01
8.69	Linda Michie	Dundee	10.07.05
8.46	Joyce Hogg	Crown Point	15.07.90
7.38	Heather Young	Grangemouth	21.06.03

**VETERAN WOMEN SHOT**

8.82	LINDA MICHIE	CA Stadium	05.07.06
8.45	Kathleen Madigan	Newtonmore	05.08.06
8.17	Shona McKinnon	Drumadrochit	26.08.00
8.13	Fiona Davidson	CA Stadium	12.09.13
7.76	Joyce Hogg	Cwmbran	23.07.88
7.47	Janet Lyon	CA Stadium	28.08.97
7.44	Anne Lindsay	Grangemouth	27.08.88
7.14	Margaret Lyon	CA Stadium	26.07.98
7.14	Heather Young	Coatbridge	25.07.04
7.13	Sheena Pirie	CA Stadium	16.05.91

**VETERAN WOMEN DISCUS**

23.94	ANNE LINDSAY	Grangemouth	19.06.88
23.52	Fiona Davidson	CA Stadium	29.04.12
22.34	Ann Imrie	CA Stadium	10.08.97
20.94	Dorothy Davidson	Balgownie	24.02.85
19.89	Kathleen Madigan	Perth	11.05.14
19.52	Shona McKinnon	CA Stadium	24.07.00
19.30	Joyce Hogg	CA Stadium	21.06.89
19.26	Linda Michie	CA Stadium	31.08.06
18.09	Margaret Lyon	CA Stadium	05.07.98
17.68	Nancy Mackinnon	Dundee	18.06.89

**VETERAN WOMEN HAMMER (Top 5)**

31.86	KATHLEEN MADIGAN	Dundee	08.06.14
<b>28.34</b>	<b>Fiona Davidson</b>	<b>CA Stadium</b>	<b>20.08.15</b>
20.94	Joyce Hogg	CA Stadium	16.06.94
14.61	Linda Michie	CA Stadium	07.09.06
14.05	Heather Young	Coatbridge	25.07.04

**VETERAN WOMEN JAVELIN (Top 7)**

(Recorded from 1991, when the new specification javelin was introduced at club level)

28.40	BARBARA MACDONALD	CA Stadium	07.04.96
23.68	Shona McKinnon	Pitreavie	13.07.02
21.65	Kathleen Madigan	CA Stadium	20.06.13
20.09	Linda Michie	CA Stadium	22.06.06
17.94	Joyce Hogg	CA Stadium	22.08.91
14.08	Helen Wilson	Dundee	18.06.89
13.03	Margaret Lyon	CA Stadium	04.04.99

**VETERAN WOMEN HEPTATHLON (Top 1)**

2600	SHONA MCKINNON	Grangemouth	25.08.02
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**VETERAN WOMEN PENTATHLON (Top 2)**

2750	SHONA MCKINNON	Pitreavie	31.05.03
2450	Joyce Hogg	Coatbridge	09.09.89

The above Pentathlon scores were those produced at the time and do not allow for changes in implements or scoring systems

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## ALL TIME INDOOR RANKINGS (SENIOR EVENTS)

### MEN 60m (Top 20)

6.89	STEPHEN DUNLOP	Sheffield	21.02.14
6.99	Barry Middleton	Kelvin Hall	13.01.96
7.0	Mark Davidson	Kelvin Hall	04.01.89
7.0	Murray King	Kelvin Hall	26.01.91
7.06	Duncan Mathieson	Kelvin Hall	15.02.97
7.1	Richard Chessor	Kelvin Hall	23.04.03
7.1	Ian Garioch	Aberdeen SV	12.12.09
7.1	Gavin Irvine	Aberdeen SV	16.12.12
7.2	Chukwudi Onyia	Aberdeen SV	16.12.12
7.21	Neil Fachie	Kelvin Hall	30.11.05
7.25	Ronald Smith	Kelvin Hall	31.01.99
7.29	Sam Lyon	Aberdeen SV	26.01.14
7.30	Donald Ross	Kelvin Hall	23.01.94
7.3	Dinkar Sabnis	Kelvin Hall	27.10.91
7.3	Robbie Shaw	Aberdeen SV	13.01.13
7.33	Richard Singer	Kelvin Hall	03.02.96
<b>7.35</b>	<b>Myles Nelson</b>	<b>Aberdeen SV</b>	<b>22.02.15</b>
7.37	Ray Elrick	Kelvin Hall	17.01.98
7.38	Paul Allan	Kelvin Hall	25.02.89
7.39	Scott Rankin	Kelvin Hall	17.02.02

### MEN 200m (Top 20)

21.86	STEPHEN DUNLOP	Emirates A	08.02.14
21.90	Mark Davidson	Kelvin Hall	17.02.90
22.07	Barry Middleton	Kelvin Hall	19.01.97
22.08	Sam Lyon	Emirates A	08.02.14
22.38	Gavin Irvine	Emirates A	02.03.13
22.60	Murray King	Kelvin Hall	15.01.89
22.71	Ian Garioch	Kelvin Hall	28.10.09
22.86	Robbie Shaw	Emirates A	08.02.14
23.1	Richard Chessor	Kelvin Hall	23.04.03
23.20	Ahmed Al-Kowarri	Kelvin Hall	13.01.96
23.31	Ronald Smith	Kelvin Hall	31.01.99
<b>23.47</b>	<b>Ewan Calder</b>	<b>Emirates E</b>	<b>15.02.15</b>
23.47	Donald Ross	Kelvin Hall	23.01.94
23.5	Alexander Carnie	Kelvin Hall	30.10.88
<b>23.61</b>	<b>Ryan Hewitson</b>	<b>Emirates E</b>	<b>15.02.15</b>
23.63	Cameron Brown	Emirates A	06.02.14
23.72	Bruce Gibb	Kelvin Hall	06.02.10
23.74	Bob Drummond	Kelvin Hall	07.12.91
23.78	Steve Mathers	Kelvin Hall	29.01.89
23.89	Richard Singer	Kelvin Hall	03.02.96

### MEN 400m (Top 20)

47.44	BARRY MIDDLETON	Birmingham	25.01.97
47.65	Mark Davidson	Athens	11.02.89
48.84	Ian Garioch	Kelvin Hall	06.02.10
50.25	Duncan Mathieson	Kelvin Hall	25.02.89
50.32	Paul Davidson	Kelvin Hall	15.01.95
50.88	Ahmed Al-Kowarri	Kelvin Hall	15.02.04
50.93	Murray King	Kelvin Hall	11.12.88
<b>50.95</b>	<b>Daniel Rees</b>	<b>Emirates A</b>	<b>15.02.15</b>
51.07	Paul Allan	Kelvin Hall	25.02.89
51.40	Ewan Calder	Emirates A	06.02.14
51.49	Ronald Smith	Kelvin Hall	28.02.09
52.19	Kenny Lyon	Kelvin Hall	25.02.89
52.40	Andrew Grant	Kelvin Hall	12.03.05
52.45	Steve Ledingham	Kelvin Hall	26.01.91
52.50	Gareth Lake	Emirates A	18.01.14
52.64	Steve Mathers	Kelvin Hall	18.02.90
52.85	Andrew Ferguson	Kelvin Hall	21.01.12
53.1	Richard Singer	Kelvin Hall	10.02.94
53.15	Lewis Alexander	Emirates A	06.02.14
53.2	Kevin Morice	Kelvin Hall	06.11.02

### MEN 800m

1:51.90	MYLES EDWARDS	Lee Valley	26.01.14
1:56.75	Frank Boyne	Kelvin Hall	07.02.93
1:57.31	Adam Watt	Kelvin Hall	17.02.02
1:57.8	Mark Davidson	Kelvin Hall	25.02.89
<b>1:57.89</b>	<b>Stewart Millar</b>	<b>Emirates A</b>	<b>14.02.15</b>
1:57.9	Ewan Calvert	Kelvin Hall	12.02.92
1:59.34	Steven Rusling	Kelvin Hall	18.01.04
2:00.07	Stewart Mason	Kelvin Hall	30.01.99
2:00.33	Matthew Kilner	Emirates A	15.02.14
2:00.43	Steven Murray	Emirates A	15.02.14
2:01.13	David Stephen	Ingliston	31.01.87

2:01.31	Alasdair Love	Kelvin Hall	15.01.95
2:01.56	Robert Thornhill	Kelvin Hall	06.11.02
<b>2:01.64</b>	<b>Callum Symmons</b>	<b>Emirates A</b>	<b>05.02.15</b>
2:02.01	Mark Kennedy	Kelvin Hall	12.01.02
2:04.40	Paul Davidson	Kelvin Hall	10.01.99
2:04.6	James Lowrie	Kelvin Hall	12.02.92
2:05.1	Robin Sutherland	Kelvin Hall	12.02.92
2:05.11	Simon Walker	Kelvin Hall	30.01.97
2:05.5	Stuart Forbes	Kelvin Hall	31.01.02

### MEN 1000m (Top 10)

2:30.94	MARK KENNEDY	Kelvin Hall	06.03.04
2:45.79	Paul Allan	Kelvin Hall	04.02.90
<b>2:48.19</b>	<b>Daniel Rees</b>	<b>Emirates A</b>	<b>15.03.15</b>
2:48.50	Barry Middleton	Kelvin Hall	15.02.92
2:50.28	Paul Torry	Kelvin Hall	12.03.00
2:52.24	Robert Miller	Kelvin Hall	26:01.03
2:54.6	Kenny Lyon	Kelvin Hall	26.02.89
2:55.06	Stephen Miller	Kelvin Hall	26.01.03
2:55.1	Duncan Mathieson	Kelvin Hall	26.02.89
2:56.02	Mark Dobbie	Kelvin Hall	19.02.95

### MEN 1500m (Top 10)

<b>3:50.47</b>	<b>MYLES EDWARDS</b>	<b>Emirates A</b>	<b>24.01.15</b>
4:01.57	David Stephen	Ingliston	01.02.87
4:02.6	Mark Kennedy	Kelvin Hall	12.02.04
4:02.91	Michael Ferguson	Emirates A	02.03.13
4:04.40	Adam Watt	Kelvin Hall	02.03.03
4:05.8	Alan Wales	Kelvin Hall	31.01.02
4:07.3	Willie Duncan	Kelvin Hall	12.02.04
4:07.52	Eoin Durkan	Sheffield	25.02.12
<b>4:10.13</b>	<b>Stewart Millar</b>	<b>Emirates A</b>	<b>04.02.15</b>
4:10.44	Michael Anderson	Kelvin Hall	21.02.93

### MEN 3000m (TOP 10)

<b>8:23.10</b>	<b>MYLES EDWARDS</b>	<b>Emirates A</b>	<b>03.01.15</b>
8:27.22	Alan Wales	Sheffield	26.02.06
8:29.68	Mark Haskett	Emirates A	09.02.13
8:31.63	Ben Hukins	Cardiff	11.03.00
8:32.88	Ray Creswell	Kelvin Hall	14.01.89
8:48.70	Chris Smith	Kelvin Hall	12.03.98
8:52.83	Frank Boyne	Kelvin Hall	15.01.94
8:58.7	Colin Youngson	Kelvin Hall	26.02.89
9:10.85	Michael Ferguson	Emirates A	09.02.13
9:12.4	Roderick MacFarquhar	Kelvin Hall	26.03.89

### MEN 60m HURDLES (TOP 10)

8.32	DUNCAN MATHIESON	Kelvin Hall	16.02.97
8.60	Tom Leeson	Kelvin Hall	16.02.97
<b>8.7</b>	<b>Ryan Hewitson</b>	<b>Emirates A</b>	<b>07.02.15</b>
8.71	Robert Miller	Kelvin Hall	15.02.04
8.8	Paul Allan	Kelvin Hall	14.02.90
9.17	Andrew Grant	Kelvin Hall	27.01.01
9.28	Mark Dobbie	Kelvin Hall	15.01.95
9.30	Kenny Lyon	Kelvin Hall	26.02.89
9.74	Paul Torry	Kelvin Hall	09.02.02
10.31	Richard Durkin	Kelvin Hall	13.01.96

### MEN HIGH JUMP (Top 11)

1.99	DUNCAN MATHIESON	Kelvin Hall	25.02.89
<b>1.97</b>	<b>Ryan Hewitson</b>	<b>Aberdeen SV</b>	<b>04.04.15</b>
1.92	Keith Oag	Kelvin Hall	04.03.95
1.90	Andrew Grant	Kelvin Hall	26.01.02
1.90	Kevin Lutton	Kelvin Hall	24.02.01
1.87	Grant Robertson	Aberdeen SV	26.01.14
1.86	Paul Allan	Kelvin Hall	03.02.90
1.85	Ian Lind	Kelvin Hall	03.02.90
1.85	Craig Noble	Kelvin Hall	05.02.93
1.82	Tom Leeson	Kelvin Hall	16.02.97
1.80	David Partridge	Aberdeen SV	24.03.13
1.80	Dinkar Sabnis	Kelvin Hall	02.12.90
1.80	Michael Spink	Kelvin Hall	24.01.93
1.79	Robert Miller	Kelvin Hall	09.02.02
1.79	William Stark	Kelvin Hall	07.03.93
<b>1.78</b>	<b>Alasdair Lowe</b>	<b>Aberdeen SV</b>	<b>14.12.14</b>
1.77	Sam Lyon	Aberdeen SV	21.03.10
1.75	Paul Torry	Kelvin Hall	11.03.00
1.73	Stewart Clark	Kelvin Hall	11.02.12
<b>1.73</b>	<b>Daniel Rees</b>	<b>Emirates A</b>	<b>14.03.15</b>

**MEN POLE VAULT**

4.10	DAVID MANN	Emirates A	19.01.13
4.00	Duncan Mathieson	Kelvin Hall	16.02.97
3.80	Tom Leeson	Kelvin Hall	16.02.97
<b>3.80</b>	<b>Alasdair Lowe</b>	<b>Emirates A</b>	<b>04.02.15</b>
3.70	Kenny Lyon	Kelvin Hall	26.02.89
3.60	Robert Masson	Kelvin Hall	26.03.89
3.50	Fraser Benzie	Kelvin hall	26.01.02
3.50	Douglas McAllister	Perth	20.03.76
3.40	Mark Dobbie	Kelvin Hall	18.02.96
3.25	Sam Lyon	Aberdeen SV	17.09.14
3.25	Jools Peters	Aberdeen SV	17.09.14
<b>3.21</b>	<b>Daniel Rees</b>	<b>Emirates A</b>	<b>15.03.15</b>
3.20	Paul Allan	Kelvin Hall	26.02.89
3.20	Paul Torry	Kelvin Hall	10.02.02
3.10	Robert Miller	Kelvin Hall	26.01.03
3.00	Chris Jones	Kelvin Hall	18.02.90
2.90	Hugh Kilpatrick	Kelvin Hall	04.02.90
<b>2.90</b>	<b>Hamish Leeson</b>	<b>Emirates A</b>	<b>04.02.15</b>
2.90	Craig Loney	Kelvin Hall	17.01.04
2.85	David Partridge	Aberdeen SV	16.06.12

**MEN LONG JUMP (Top 10)**

7.14	DUNCAN MATHIESON	Kelvin Hall	26.01.91
7.07	Dinkar Sabnis	Kelvin Hall	23.01.94
7.01	Sam Lyon	Emirates A	02.02.14
6.93	William Stark	Kelvin Hall	16.01.00
6.87	Chukwudi Onyia	Aberdee SV	16.12.12
6.72	Robert Miller	Kelvin Hall	02.03.03
6.62	Mark Dobbie	Kelvin Hall	17.02.96
6.45	Stewart Clark	Aberdeen SV	12.12.09
6.42	Tom Leeson	Kelvin Hall	15.02.97
6.34	Paul Allan	Kelvin Hall	03.02.90

**MEN TRIPLE JUMP (Top 10)**

15.24	CHUKWUDI ONYIA	Sheffield	08.02.14
13.97	William Stark	Kelvin Hall	23.01.94
13.77	Dinkar Sabnis	Kelvin Hall	14.03.92
13.62	Sam Lyon	Kelvin Hall	19.02.12
13.52	Paul Allan	Kelvin Hall	14.02.90
12.76	Robert Miller	Kelvin Hall	02.03.03
12.53	Stewart Clark	Kelvin Hall	21.01.12
12.40	Paul McAndrew	Kelvin Hall	03.02.96
12.39	Michael Spink	Kelvin Hall	21.02.93
12.13	C Rhodes/D Prentice		94 / 96

**MEN SHOT (Top 10)**

16.98	SCOT THOMPSON	Cardiff	21.02.10
14.10	Paul Allan	Kelvin Hall	10.03.93
13.62	Duncan Mathieson	Kelvin Hall	15.02.97
13.23	Donald Clerk	Perth	20.03.76
12.88	Bruce McKay	Perth	20.03.76
12.70	Bruce Shepherd	Kelvin Hall	26.01.92
12.63	Gordon Smith	Kelvin Hall	16.01.88
12.27	Darren Chapman	Aberdeen SV	21.03.10
12.18	Fintan McCabe	Kelvin Hall	16.02.08
12.06	Tom Leeson	Kelvin Hall	15.02.97

**MEN HEPTATHLON (TOP 5)**

5275	DUNCAN MATHIESON	Kelvin Hall	16.02.97
(7.06; 7.06; 13.62; 1.94; 8.32; 4.00; 3:05.43)			
4629	Paul Allan	Kelvin Hall	04.02.90
(7.5; 12.79; 1.86; 6.34; 8.95; 3.20; 2:45.79)			
4592	Tom Leeson	Kelvin Hall	16.02.97
(7.45; 6.42; 12.06; 1.82; 8.60; 3.80; 3:14.17)			
3946	Paul Torry	Kelvin Hall	10.02.02
3794	Mark Dobbie	Kelvin Hall	16.02.97

**WOMEN 60m**

<b>7.52</b>	<b>ZOEY CLARK</b>	<b>Sheffield</b>	<b>20.02.15</b>
7.74	Dawn Kitchen	Meadowbank	19.01.86
7.78	Dawn Flockhart	Kelvin Hall	15.01.95
7.79	Aileen Connelly	Kelvin Hall	14.01.06
7.83	Katrina Leys	Birmingham	21.02.93
7.83	Lesley-Ann Mearns	Kelvin Hall	17.02.05
7.84	Gail Murchie	Kelvin Hall	24.01.93
7.9	Susan Tengtanga	Aberdeen SV	12.12.09
7.91	Alison Wylie	Emirates A	17.02.13
7.92	Kirsten Young	Kelvin Hall	06.02.05
7.95	Corrie Butler	Kelvin Hall	24.02.91

7.95	Louise Paterson	Kelvin Hall	21.02.92
7.96	Kathleen Madigan	Meadowbank	15.02.87
7.96	Sarah Still	Kelvin Hall	24.01.99
8.02	Sandra Gunn	Kelvin Hall	24.02.91
<b>8.07</b>	<b>Sophia Hamilton</b>	<b>Aberdeen SV</b>	<b>22.02.15</b>
<b>8.07</b>	<b>Kelsey Stewart</b>	<b>CA Stadium</b>	<b>14.12.14</b>
<b>8.08</b>	<b>Katie Forbes</b>	<b>Emirates A</b>	<b>05.02.15</b>
8.1	Ademide Ademuyewo	Aberdeen SV	16.12.12
8.1	Catrina Pennet	Aberdeen SV	13.01.13

**WOMEN 200m**

<b>23.96</b>	<b>ZOEY CLARK</b>	<b>Emirates A</b>	<b>01.02.15</b>
24.86	Dawn Flockhart	Kelvin Hall	22.01.95
25.34	Aileen Connelly	Cardiff	05.02.06
25.51	Lesley-Ann Mearns	Kelvin Hall	17.02.05
25.57	Katrina Leys	Kelvin Hall	24.01.99
25.96	Alison Wylie	Emirates A	17.02.13
25.6	Louise Paterson	Kelvin Hall	14.03.92
26.02	Ademide Ademuyewo	Emirates A	17.02.13
26.63	Rebecca Mortimer	Kelvin Hall	15.01.06
26.64	Sandra Gunn	Kelvin Hall	01.03.92
26.64	Sarah Still	Kelvin Hall	21.02.93
26.96	Susan Tengtanga	Kelvin Hall	20.02.10
27.06	Emma Caldow	Kelvin Hall	03.03.12
27.1	Emma Cloggie	Kelvin Hall	18.01.09
27.1	Susan Hendry	Kelvin Hall	25.10.95
<b>27.11</b>	<b>Rebecca Matheson</b>	<b>Emirates A</b>	<b>14.02.15</b>
27.13	Sophie Clayton	Emirates A	19.01.13
27.23	Lorna Johnston	Kelvin Hall	10.01.99
27.30	Kirsten Young	Kelvin Hall	17.02.05
27.41	Kathleen Madigan / Marie Dobson		06 / 11

**WOMEN 400m (Top 10)**

55.27	EMMA CLOGGIE	Birmingham	05.03.06
<b>56.16</b>	<b>Kelsey Stewart</b>	<b>Emirates A</b>	<b>15.02.15</b>
56.24	Susan Hendry	Birmingham	19.02.95
57.83	Ademide Ademuyewo	Emirates A	18.01.14
58.54	Nicola Gauld	Kelvin Hall	26.01.02
59.06	Aileen Connelly	Kelvin Hall	12.03.05
59.15	Fiona Davidson	Kelvin Hall	09.01.99
59.80	Lorna Johnston	Kelvin Hall	13.01.01
60.23	Marie Dobson	Kelvin Hall	26.02.11
<b>61.2</b>	<b>Emma Leask</b>	<b>Emirates A</b>	<b>17.01.15</b>



U17 4x100m Scottish champions – Katie Forbes, Alix Still, Rhia Badial, Rebecca Matheson with Eilish McCoglan (centre)

**WOMEN 800m (Top 10)**

2:11.47	NICOLA GAULD	Kelvin Hall	18.01.04
2:13.15	Susan Hendry	Kelvin Hall	15.12.96
2:14.32	Emma Cloggie	Birmingham	20.02.05
2:14.98	Emma Leask	Sheffield	23.02.14
2:16.58	Ellie Buchan	Kelvin Hall	04.02.10
<b>2:17.52</b>	<b>Kelsey Stewart</b>	<b>Emirates A</b>	<b>17.01.15</b>
2:18.28	Lynsey Still	Kelvin Hall	03.02.96
2:22.20	Sarah Still	Kelvin Hall	18.02.01
<b>2:22.75</b>	<b>Lise Theron</b>	<b>Emirates A</b>	<b>05.02.15</b>
2:22.77	Sonia Armitage	Linz, Austria	17.03.06

**WOMEN 1500m (Top 10)**

4:26.20	NICOLA GAULD	Cardiff	05.02.06
4:45.85	Sonia Armitage	Linz, Austria	20.03.06
4:46.81	Ellie Buchan	Cardiff	03.02.08
<b>4:47.38</b>	<b>Rebecca Eggeling</b>	<b>Emirates A</b>	<b>04.02.15</b>
4:48.54	Gemma Cormack	Emirates A	12.01.13
4:50.90	Eilidh Prise	Kelvin Hall	09.02.12
4:51.1	Heather Wisley	Kelvin Hall	25.03.90
<b>4:51.90</b>	<b>Naomi Lang</b>	<b>Emirates A</b>	<b>04.02.15</b>
4:55.78	Carly Hall	Kelvin Hall	23.01.11
4:57.90	Hannah Smith	Kelvin Hall	15.01.94

**WOMEN 3000m (TOP 5)**

9:56.20	RHONA AUCKLAND	Kelvin Hall	09.02.12
10:23.35	Gemma Cormack	Emirates A	12.01.13
10:44.37	Janet Fraser	Kelvin Hall	14.01.89
11:23.81	Laura Mahady	Kelvin Hall	12.02.05
12:23.44	Chantelle Clark	Kelvin Hall	15.01.06

**WOMEN 60m HURDLES (TOP 10)**

8.79	CATRIONA PENNET	Kelvin Hall	15.02.04
8.84	Sarah Still	Kelvin Hall	12.03.00
8.94	Gail Murchie	Kelvin Hall	07.02.93
9.3	Yasmin Milne	Aberdeen SV	20.03.11
9.47	Sylvia Kamyra	Kelvin Hall	28.02.09
<b>9.53</b>	<b>Sophia Hamilton</b>	<b>Aberdeen SV</b>	<b>04.04.15</b>
9.61	Ellie Workman	Kelvin Hall	14.02.10
9.81	Lisa Humphreys	Aberdeen SV	26.01.14
9.90	Nicola Kemp	Kelvin Hall	15.02.98
<b>9.91</b>	<b>Grace Angus</b>	<b>Emirates A</b>	<b>15.03.15</b>

**WOMEN HIGH JUMP (Top 10)**

1.71	ELLIE WORKMAN	Kelvin Hall	05.02.09
1.66	Sarah Still	Kelvin Hall	18.02.01
1.60	Beth Philip	Kelvin Hall	27.10.91
1.60	Heather Pirie	Kelvin Hall	06.02.94
<b>1.57</b>	<b>Kate MacKay</b>	<b>Emirates A</b>	<b>15.03.15</b>
1.55	Nicola Gauld	Kelvin Hall	30.01.97
1.55	Kimberley Miles	Kelvin Hall	08.12.01
1.52	Linda Davidson	Kelvin Hall	25.02.89
1.50	Shona Simpson / Wendy Pennet / Grace Angus		88 / 96 / 14

**WOMEN POLE VAULT (Top 10)**

3.00	LAURA KUTT	Kelvin Hall	04.02.12
2.90	Sam Somers	Aberdeen SV	04.01.12
2.70	Janet Lyon	Kelvin Hall	09.02.02
2.52	Sophia Hamilton	Aberdeen SV	06.05.13
2.35	Erin Runcie	Aberdeen SV	24.03.13
2.15	Chloe Allan	Aberdeen SV	04.12.11
2.10	Alix Still	Aberdeen SV	05.01.14
2.06	Sophie Anderson	Aberdeen SV	28.09.11
1.95	Freya McKay	Aberdeen SV	17.09.14
1.91	Lise Theron	Aberdeen SV	28.09.11

**WOMEN LONG JUMP (Top 10)**

5.88	LINDA DAVIDSON	Birmingham	21.02.93
5.82	Sarah Still	Kelvin Hall	12.03.00
5.36	Kirsten Young	Kelvin Hall	06.02.05
5.21	Donna Quirie	Kelvin Hall	21.02.93
5.21	Ellie Workman	Kelvin Hall	22.02.09
5.13	Saffron Cummings	Emirates A	15.02.14
5.13	Kirstie Duncan	Aberdeen SV	11.12.11
5.13	Nicola Kemp	Kelvin Hall	21.02.93
<b>5.11</b>	<b>Katie Forbes</b>	<b>Emirates A</b>	<b>05.02.15</b>
<b>5.10</b>	<b>Grace Angus</b>	<b>Emirates A</b>	<b>05.02.15</b>

**WOMEN TRIPLE JUMP (Top 10)**

11.18	LINDA DAVIDSON	Kelvin Hall	26.01.92
11.03	Fiona Davidson	Kelvin Hall	16.01.05
11.00	Kirsten Young	Birmingham	26.02.05
10.87	Sylvia Kamyra	Kelvin Hall	17.01.10
10.52	Janet Abladey	Kelvin Hall	04.02.12
10.44	Donna Quirie	Kelvin Hall	06.02.94
10.26	Nicola Gauld	Kelvin Hall	15.11.00
10.15	Heather Pirie	Kelvin Hall	22.01.95
9.98	Nicola Kemp	Kelvin Hall	06.02.94
<b>9.69</b>	<b>Chloe Davie</b>	<b>Aberdeen SV</b>	<b>22.02.15</b>

**WOMEN SHOT (Top 10)**

13.89	HELEN COWE	Kelvin Hall	27.02.93
11.38	Emily Ruyle	Aberdeen SV	26.01.14
10.32	Alison Horne	Emirates A	15.02.14
9.71	Sarah Still	Kelvin Hall	18.02.01
9.31	Gail Murchie	Kelvin Hall	06.03.93
9.20	Fiona Pirie	Kelvin Hall	24.01.93
<b>9.11</b>	<b>Erin Runcie</b>	<b>Aberdeen SV</b>	<b>04.04.15</b>
8.99	Sarah Lyon	Kelvin Hall	31.01.99
8.96	Ellie Workman	Kelvin Hall	22.02.09
8.93	Saffron Cummings	Aberdeen SV	23.02.14

**WOMEN PENTATHLON (TOP 9)**

3778	SARAH STILL	Kelvin Hall	13.03.00
	(5.82; 8.84; 1.62; 9.52; 2:23.11)		
3159	Ellie Workman	Sheffield	09.01.11
	(9.77, 1.62, 9.79, 4.88, 2:37.59)		
2866	Gail Murchie	Kelvin Hall	06.03.93
	(8.96; 1.45; 9.31; 4.70; 2:54.42)		
2745	Heather Pirie	Kelvin Hall	19.02.95
<b>2724</b>	<b>Grace Angus</b>	<b>Emirates A</b>	<b>15.03.15</b>
2583	Kimberley Miles	Kelvin Hall	10.02.02
2465	Nicola Gauld	Kelvin Hall	14.02.99
2427	Nicola Kemp	Kelvin Hall	16.02.97
1988	Shona McKinnon	Kelvin Hall	10.02.02

## Kyloe Energy Limited

- Subsurface consultancy
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## 2015 TOP 5 CLUB RANKINGS

Covering the athletics year ended 31 October 2015

### SENIOR MEN

<b>60m</b>	
6.96i	Stephen Dunlop
7.29i	Gavin Irvine
7.43i	Sam Lyon
7.53i	Robin Johnson
7.67i	Stan Walker (M45)

<b>100m</b>	
10.84	Stephen Dunlop
11.32	Sam Lyon
11.36	Christian Volodiev-Hristov
11.49	Gavin Irvine
11.53	Robbie Shaw

<b>200m</b>	
22.90	Sam Lyon
22.93i	Stephen Dunlop
23.1	Christian Volodiev-Hristov
23.49	Robbie Shaw
24.03	Stan Walker (M45)

<b>300m</b>	
37.69	Robbie Shaw
39.30	Stan Walker (M45)
39.56	Fraser McGillivray
43.79	Lewis Clow
47.96	Bill Skinner (M55)

<b>400m</b>	
53.3	Christian Volodiev-Hristov
53.41	Fraser McGillivray
54.79	Jools Peters
55.5	Andrew Ferguson
62.56i	Bill Skinner (M55)

<b>800m</b>	
1:52.09	Michael Ferguson
1:54.79	Myles Edwards
1:55.70	James Joy
2:03.78	Andrew Ferguson
2:07.84	Eoghan Macnamara

<b>1,500m</b>	
3:47.20	Myles Edwards
3:50.35	Michael Ferguson
4:02.96	James Joy
4:43.1	Barry Gibson
5:04.45	Paul Eggeling (M45)

<b>3,000m</b>	
8:23.10i	Myles Edwards
9:42.2	Andrew Ferguson

<b>5,000m</b>	
14:45.08	Will MacKay
16:38.69	Euan Webster
21:44.6	Colin Youngson (M65)

<b>10,000m</b>	
30:30.35	Will MacKay
37:57.85	Michael Simpson
37:58.27	Euan Webster
42:37.30	Colin Brown (M50)
43:49.74	Peter Mutch

<b>3,000m Steeplechase</b>	
10:26.70	Andrew Ferguson
10:30.03	James Joy
10:56.62	Gareth Lake

<b>110m Hurdles</b>	
20.76	Jools Peters

### 400m Hurdles

65.53	Alasdhair Love (M35)
	Tom Leeson (M50)

### High Jump

1.70	Sam Lyon
1.68	Jools Peters
1.65	James Macgregor (M45)
1.39i (1.38)	Edward McKenzie (M45)
1.31i	Bob Masson (M65)

### Pole Vault

3.70	Jools Peters
2.80i	Sam Lyon
2.70i	Bob Masson (M65)
2.60	Kenny Lyon (M50)
2.60	Edward McKenzie (M45)

### Long Jump

6.97	Sam Lyon
5.42	Tom Leeson (M50)
5.06	Jools Peters
4.74i	Bill Skinner (M55)
4.55i	Edward McKenzie (M45)

### Triple Jump

14.81	Sam Lyon
11.50i	Eoghan MacNamara
11.23	Tom Leeson (M50)
9.75i	Bill Skinner (M55)

### Shot

11.51	Jools Peters
11.23i (10.64)	John Fyvie
10.98	Edward McKenzie (M45)
10.34	Tom Leeson (M50)

### Discus

33.86	John Fyvie
32.54	Jools Peters
30.69	Edward McKenzie (M45)
27.38	Bob Masson (M65)

### Hammer

42.83	John Fyvie
29.55	Edward McKenzie (M45)
20.73	Tom Leeson (M50)

### Javelin

46.23	Sam Lyon
40.82	Jools Peters
40.24	Tom Leeson (M50)
37.51	Edward McKenzie (M45)
29.53	Bob Masson (M65)

### Decathlon

4967	Jools Peters
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### PARA MEN

#### 60m

8.43i	Lewis Clow (T37)
8.65i	Alexander Ahmed (T20)
9.35i	Ian Boyd (T37, U20)

#### 100m

12.65	Lewis Clow (T37)
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#### 200m

26.56	Lewis Clow (T37)
29.94i	Ian Boyd (T37, U20)

#### 300m

43.79	Lewis Clow (T37)
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#### 400m

66.07	Lewis Clow (T37)
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### VETERAN MEN

#### 60m

7.67i	Stan Walker (M45)
8.45i	John McKeown (M40)
8.64i	Bill Skinner (M55)
8.71i	Eddie McKenzie (M45)
9.02i	Trevor Madigan (M70)

#### 100m

11.99i (12.01)	Stan Walker (M45)
12.39	John McKeown (M40)
13.24	Nicol Baird (M35)
13.30	Edward McKenzie (M45)
13.79	Bill Skinner (M55)

#### 200m

24.03	Stan Walker (M45)
25.63	John McKeown (M40)
26.47	Nicol Baird (M35)
28.41i	Bill Skinner (M55)
31.60i	Trevor Madigan (M70)

#### 300m

39.10	Stan Walker (M45)
47.96	Bill Skinner (M55)
51.5	Alan Fulton (M65)
61.5	Bob Masson (M65)

#### 400m

62.56i	Bill Skinner (M55)
63.71	Edward McKenzie (M45)
72.31i (75.60)	Alan Fulton (M65)

#### 800m

2:21.49	Nicol Baird (M35)
2:34.17	Athol Burnett (M50)
2:51.1	Alan Fulton (M65)
2:56.86	Bill Skinner (M55)
2:57.77	Mark Findlay (M45)

#### 1,000m

4:18.42i	Eddie McKenzie (M45)
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#### 1,500m

5:04.45	Paul Eggeling (M45)
5:20.06	James Macgregor (M50)
5:59.6	Colin Youngson (M65)
6:18.41	Mark Findlay (M45)
6:38.14	Eddie McKenzie (M45)

#### 5,000m

21:44.6	Colin Youngson (M65)
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#### 10,000m

42:37.30	Colin Brown (M50)
43:52.75	Tom Litterick (M50)

#### 60m Hurdles (3'3")

9.61i	Mark Davidson (M45)
11.82i	Eddie McKenzie (M45)

#### 110m Hurdles (3'3")

20.51	Eddie McKenzie (M45)
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#### 400m Hurdles (3')

65.53	Alasdhair Love (M35)
73.1	Tom Leeson (M50)

#### High Jump

1.65	James Macgregor (M45)
1.39i (1.38)	Edward McKenzie (M45)
1.31i	Bob Mason (M65)
1.25	Trevor Madigan (M70)

**Pole Vault**  
 2.70i Bob Masson (M65)  
 2.60i Kenny Lyon (M50)  
 2.60 Edward McKenzie (M45)

**Long Jump**  
 5.42 Tom Leeson (M50)  
 4.74i Bill Skinner (M55)  
 4.55 Edward McKenzie (M45)  
 4.18 Athol Burnett (M50)  
 4.12 Trevor Madigan (M70)

**Triple Jump**  
 11.23 Tom Leeson (M 50)  
 9.75i Bill Skinner (M55)

**Shot (7.26 Kg)**  
 10.98 Edward McKenzie (M45)  
 10.34 Tom Leeson (M50)

**Shot (6 Kg)**  
 8.96 Kenny Lyon (M50)

**Shot (5 Kg)**  
 12.74 Edward McKenzie (M45)  
 9.47i (9.29) Bob Masson (M65)  
 8.77 James Macgregor (M45)

**Discus (2 Kg)**  
 30.69 Edward McKenzie (M45)  
 30.03 Tom Leeson (M50)  
 27.38 Bob Masson (M65)

**Discus (1.5 Kg)**  
 29.10 Kenny Lyon (M50)

**Discus (1kg)**  
 36.43 Bob Masson (M65)

**Hammer (7.26 K)**  
 29.55 Edward McKenzie (M45)  
 20.73 Tom Leeson (M50)

**Hammer (5Kg)**  
 28.47 Bob Masson (M65)

**Javelin (800g)**  
 40.24 Tom Leeson (M50)  
 37.51 Edward McKenzie (M45)  
 29.53 Bob Masson (M65)

**Javelin (600g)**  
 31.15 Bob Masson (M65)

**Weight (15.88kg)**  
 8.71 Edward McKenzie (M45)

**Decathlon (M40)**  
 4616 Edward McKenzie (M45)

**Indoor Heptathlon (M40)**  
 2961 Edward McKenzie (M45)

**Weight Pentathlon**  
 2534 Edward McKenzie (M45)

**UNDER-20 MEN**

**60m**  
 7.35i Myles Nelson  
 7.42i David Irvine  
 7.47i Ryan Hewitson  
 7.62i Daniel Rees  
 7.64i David MacLean

**100m**  
 11.53 Daniel Rees  
 11.81 Myles Nelson  
 11.83 Thomas Carter  
 11.84 David MacLean  
 11.98 Gregor Duncan

**200m**  
 23.0 Daniel Rees  
 23.39 Ewan Calder  
 23.49 David MacLean  
 23.61i Ryan Hewitson  
 23.63 Thomas Carter

**300m**  
 38.81 David MacLean

**400m**  
 49.95 Daniel Rees  
 51.4 Ewan Calder  
 52.0 Myles Nelson  
 53.3 Matthew Kilner  
 53.74 Jordan Chapman

**800m**  
 2:00.06 Matthew Kilner  
 2:00.06 Steven Murray  
 2:01.64i (2:04.24) Callum Symmons  
 2:04.43 Conor O'Riordan  
 2:08.06 Gregor Dewhirst

**1,000m**  
 2:48.19i Daniel Rees  
 3:20.14i Hamish Leeson

**1,500m**  
 4:06.18 Callum Symmons  
 4:13.06 Jordan Chapman  
 4:16.65 Steven Murray  
 4:30.60 Gregor Dewhirst  
 4:30.96 Daniel Rees

**3,000m**  
 10:15.1 Gregor Dewhirst

**5,000m**  
 16:12.03 Jordan Chapman

**60m hurdles (3'6")**  
 8.7i Ryan Hewitson

**60m hurdles (3'3")**  
 8.48i Ryan Hewitson  
 8.93i Daniel Rees  
 9.36i Hamish Leeson  
 9.59i Alasdair Lowe

**110m Hurdles (3'6")**  
 15.47 Ryan Hewitson  
 16.19 Daniel Rees  
 18.30 Alasdair Lowe  
 18.57 Hamish Leeson  
 21.61 Kieran Gauld

**110m Hurdles (3'3")**  
 15.23 Ryan Hewitson  
 15.53 Daniel Rees  
 17.71 Hamish Leeson  
 20.76 Alasdair Lowe  
 22.04 Kieran Gauld

**400m Hurdles**  
 55.99 Daniel Rees  
 82.0 Kieran Gauld

**High Jump**  
 1.97i (1.90) Ryan Hewitson  
 1.80 Daniel Rees  
 1.80i (1.70) Grant Robertson  
 1.78i (1.70) Alasdair Lowe  
 1.58i (1.50) Hamish Leeson

**Pole Vault**  
 3.80i (3.71) Alasdair Lowe  
 3.50 Daniel Rees  
 3.00 Hamish Leeson

2.30i Kieran Gauld

**Long Jump**  
 6.11i (6.09) Hamish Leeson  
 6.08 Daniel Rees  
 5.99 Alasdair Lowe  
 5.88 Jonathan Hosie  
 5.36 Kieran Gauld

**Triple Jump**  
 11.87 Jonathan Hosie  
 11.72 Hamish Leeson  
 11.23i Alasdair Lowe  
 10.45i (10.32) Kieran Gauld

**Shot (6.25k)**  
 9.69 Daniel Rees  
 9.54i (9.32) Conor Hewitson  
 9.31i (9.18) Alasdair Lowe  
 9.12i (9.06) Ryan Hewitson  
 7.34 Kieran Gauld

**Discus (2kg)**  
 27.53 Daniel Rees

**Discus (1.75kg)**  
 29.00 Daniel Rees  
 20.52 Kieran Gauld  
 15.89 Conor Hewitson

**Hammer (7.26kg)**  
 18.94 Kieran Gauld

**Hammer (6kg)**  
 31.80 Conor Hewitson  
 23.63 Kieran Gauld  
 17.98 Alasdair Lowe

**Javelin**  
 30.61 Daniel Rees  
 20.65 Kieran Gauld  
 17.49 Hamish Leeson

**Decathlon**  
 5852 Daniel Rees

**Heptathlon (indoor)**  
 4054 Daniel Rees  
 3439 Hamish Leeson

**UNDER-17 MEN**

**60m**  
 7.68i Cameron Brown  
 7.76i Kareem Mahdy  
 7.89i Harry Kilner  
 7.97i Areeb Sherjil  
 7.98i Sorasit Suprapoch

**100m**  
 11.66 Ben Renton  
 12.0 Areeb Sherjil  
 12.01 Cameron Ralph  
 12.20 Callum Davidson  
 12.2 Sorasit Suprapoch

**200m**  
 23.26 Ben Renton  
 24.45 Callum Davidson  
 24.7 Areeb Sherjil  
 25.07 Cameron Ralph  
 25.2/25.20 Cook, Macgregor, Suprapoch

**300m**  
 39.37 Callum Davidson  
 39.90 Areeb Sherjil  
 41.49 Andrew Baldwin  
 42.38 Ronald Kamwa



**400m**  
 51.69 Ben Renton  
 51.89 Charlie Beeson  
 57.20 Callum Davidson  
 57.2 Harry Kilner

**800m**  
 1:55.64 Stewart Millar  
 1:59.86 Charlie Beeson  
 2:02.02 Aaron Odentz  
 2:04.2 Ben Renton  
 2:11.09 Craig Smith

**1,500m**  
 4:09.75 Stewart Millar  
 4:17.2 Aaron Odentz  
 4:19.54 Conor O'Riordan  
 4:29.4 Charlie Beeson  
 4:32.98 Craig Smith

**3,000m**  
 9:33.3 Aaron Odentz  
 9:46.58 Calum Kitching  
 10:04.7 Craig Smith

**60m Hurdles (U18)**  
 9.20i Scott Macgregor

**100m Hurdles**  
 14.77 Scott Macgregor

**400m Hurdles**  
 65.8 Scott Macgregor  
 69.2 Callum Davidson

**High Jump**  
 1.66i Jamie Topley  
 1.65 Scott Macgregor  
 1.55 Angus Cook  
 1.54 Ben Renton  
 1.40 Callum Davidson

**Long Jump**  
 5.69 Tom Nash  
 5.22 Harry Kilner  
 4.84 Scott Macgregor  
 4.84 Samuel Oyewusi  
 4.79 Callum Davidson

**Triple Jump**  
 11.41 Scott Macgregor  
 11.19 Ben Renton  
 9.89i Callum Davidson  
 9.74i Angus Cook

**Shot (5kg)**  
 9.83i (9.23) Ronald Kamwa  
 9.62 Ben Renton  
 7.46i Cameron Walker  
 7.42 Callum Davidson  
 6.72 Nuh Affendi

**Discus (1.5kg)**  
 18.63 Callum Davidson

**Hammer (5km)**  
 18.89 Callum Davidson

**Javelin (700g)**  
 18.42 Harry Kilner  
 16.96 Nuh Affendi

**UNDER-15 BOYS**

**60m**  
 7.66i Lewis Bisset  
 8.19i Sami Ahriz  
 8.26 Arran Phommavanh  
 8.28i John Angus  
 8.29i Fergus Rule

**100m**  
 11.58 Lewis Bisset  
 12.4 Harry Hall  
 12.45 Sami Ahriz  
 12.5 Robbie Farquhar  
 12.77 Arran Phommavanh

**200m**  
 24.06 Lewis Bisset  
 25.28 Robbie Farquhar  
 25.3 Sami Ahriz  
 25.55 John Angus  
 25.77 Arran Phommavanh

**300m**  
 40.5 Arran Phommavanh  
 41.66 Fergus Rule  
 42.3 Declan Alexander  
 46.3 Adam Brown  
 49.04 Haroun Al-Mahtot

**800m**  
 2:06.51 Harry Hall  
 2:07.73 Jack Gillespie  
 2:10.56 Nicholas Tierney  
 2:21.78 Cameron Stone  
 2:23.64 Cameron Callow

**1,500m**  
 4:29.21 Harry Hall  
 4:29.93 Jack Gillespie  
 4:34.2 Nicholas Tierney  
 4:54.14 Cameron Stone  
 4:58.37 Adam Brown

**80m Hurdles (2'9")**  
 12.30 Arran Phommavanh  
 12.58 Robbie Farquhar  
 13.9 Murray Addison

**High Jump**  
 1.55i (1.50) John Angus  
 1.50 Robbie Farquhar  
 1.47 Murray Addison  
 1.44 Lewis Bisset  
 1.40 John Gamba

**Pole Vault**  
 2.40 Robbie Farquhar

**Long Jump**  
 6.02 Robbie Farquhar  
 5.14 Harry Hall  
 5.04 John Angus  
 4.90 Sami Ahriz  
 4.85 Arran Phommavanh

**Triple Jump**  
 11.86 Robbie Farquhar  
 10.55 John Gamba  
 10.15i Arran Phommavanh  
 9.60 Murray Addison  
 7.86i Adam Brown

**Shot (4kg)**  
 12.91 John Angus  
 9.03 Steven Sey  
 8.16 Murray Addison  
 7.17 Robbie Farquhar

**Discus (1.25kg)**  
 33.42 John Angus  
 28.52 Steven Sey  
 19.99 John Gamba  
 19.45 Murray Addison  
 11.40 Greg MacKay

**Hammer (4kg)**  
 32.76 John Angus

**Javelin (600g)**  
 31.92 Oliver Nash  
 25.98 Murray Addison  
 22.13 Steven Sey  
 17.44 Cameron Callow  
 10.52 Cameron Stone

**Pentathlon**  
 1561 Murray Addison

**UNDER-13 BOYS**

**60m**  
 8.68i Ryan Matheson  
 8.93i Athol Gordon  
 9.66i Lewis Watt  
 9.83i Kai Crawford  
 9.99i Tristyn Clark

**100m**  
 13.8 Declan Alexander  
 13.83 Ryan Matheson  
 14.4 Thomas Robertson  
 14.47 Athol Gordon  
 14.9 Callum Gibson

**200m**  
 28.90 Ryan Matheson  
 30.16 Athol Gordon  
 30.5 Thomas Robertson  
 30.50 Lewis Watt  
 30.8 Morgan Ritchie

**800m**  
 2:30.11 Lewis Watt  
 2:33.9 Morgan Ritchie  
 2:35.95 Sam Griffin  
 2:42.2 Oscar Lecore  
 2:59.1 Fin Renton

**1200m**  
 4:02.15 Lewis Watt  
 4:30.45 Fin Renton  
 5:08.9 Andrew Jamieson

**1,500m**  
 5:00.87 Lewis Watt  
 5:32.3 Thomas Robertson  
 5:43.6 Fin Renton  
 6:16.4 Andrew Jamieson

**60m Hurdles**  
 11.99i Athol Gordon

**75m Hurdles (2'6")**  
 14.59 Ryan Matheson  
 14.92 Athol Gordon  
 15.5 Thomas Robertson  
 17.1 Hugo Gamba

**High Jump**  
 1.20 Ryan Matheson  
 1.15 Lewis Watt  
 1.10 Athol Gordon  
 1.10 Oscar Lecore

**Long Jump**  
 4.26 Athol Gordon  
 4.13 Ryan Matheson  
 4.08 Lewis Watt  
 3.90 Oscar Lecore  
 3.73i Callum Millar

**Shot (3.25kg)**  
 7.22 Athol Gordon  
 6.54 Oscar Lecore  
 6.39i Max Mc Kenzie  
 6.05i Greg McKay  
 5.67i Tristyn Clark

**Discus (1kg)**

16.50 Athol Gordon  
13.11 Hugo Gamba

**Javelin**

26.32 Athol Gordon  
18.33 Oscar Lecore  
13.33 Fin Renton  
12.75 Hugo Gamba  
8.37 Andrew Jamieson

**UNDER-11 BOYS****60m**

9.54i Callum McGregor  
9.66i Jasper Lecore  
10.33i Jack McGregor

**100m**

15.5 Aleksander Jovcic  
15.54 Callum McGregor  
15.85 Jasper Lecore  
16.03 Kai Crawford  
16.08 Aiden Phommavanh

**200m**

32.5 Aleksander Jovcic  
32.8 Kai Crawford  
35.2 Archie McDonald  
37.72 Sam Baverstock

**600m**

1:57.6 Callum McGregor  
2:04.0 Archie McDonald  
2:11.9 Aleksander Jovcic  
2:13.5 Finlay Cooper  
2:14.80 Aiden Phommavanh

**800m**

2:35.24 Kai Crawford  
2:48.1 Archie McDonald  
2:49.9 Callum McGregor  
2:57.2 Aleksander Jovcic  
2:58.97 Rhys Crawford

**High Jump**

1.17 Callum McGregor  
1.10 Jasper Lecore  
0.95 Aleksander Jovcic

**Long Jump**

3.71 Callum McGregor  
3.53 Aleksander Jovcic  
3.50 Kai Crawford  
3.30 Finlay Cooper  
3.25 Aiden Phommavanh

**Shot**

6.52 Jasper Lecore  
6.24 Callum McGregor  
4.85 Aiden Phommavanh  
4.67 Kai Crawford  
4.28 Rhys Crawford

**Javelin**

10.55 Jasper Lecore  
4.83 Archie McDonald

**SENIOR WOMEN****60m**

7.52i Zoey Clark  
8.54i Marie Dobson  
8.78i Kathleen Madigan (W45)

**100m**

12.92 Ademide Ademuyewo  
13.10 Catriona Pennet  
13.13 Marie Dobson  
13.7 Jade Halket  
13.72 Kathleen Madigan (W45)

**200m**

23.62 Zoey Clark  
26.07 Catriona Pennet  
26.46 Ademide Ademuyewo  
26.78 Marie Dobson  
27.97i Emma Leask

**300m**

45.37 Jennifer Harrison

**400m**

53.11 Zoey Clark  
57.67 Emma Leask  
57.68 Ademide Ademuyewo  
59.59 Marie Dobson  
62.61 Jennifer Harrison

**800m**

2:08.00 Emma Leask  
2:14.67 Gemma Cormack  
2:32.59i (2:34.7) Sonia Armitage (W50)  
2:37.26 Katie Watson

**1,500m**

4:26.80 Gemma Cormack  
5:04.61i (5:05.2) Katie Watson  
5:10.4 Ana Maria Duran-Mingo  
5:18.28 (5:28.0) Sonia Armitage (W50)

**3,000m**

9:18.3 Rhona Auckland  
10:10.59 Ellie Buchan  
11:02.70 Ana Maria Duran-Mingo

**5,000m**

15:27.60 Rhona Auckland  
17:29.82 Ellie Buchan

**10,000m**

32:22.79 Rhona Auckland

**60m Hurdles**

8.86i Catriona Pennet

**100m Hurdles**

14.30 Catriona Pennet

**400m Hurdles**

65.74 Marie Dobson  
68.59 Jade Halket

**High Jump**

1.35 Marie Dobson

**Pole Vault**

2.20i Janet Lyon (W50)

**Long Jump**

5.40 Kirsten Young  
5.30 Jade Halket  
5.25 Fiona Davidson (W40)  
4.29 Marie Dobson

**Triple Jump**

11.35 Fiona Davidson (W40)

**Shot**

8.82 Jade Halket  
8.18 Fiona Davidson (W40)

**Discus**

20.81 Fiona Davidson (W40)  
20.75 Jade Halket

**Hammer**

28.34 Fiona Davidson (W40)

**Javelin**

24.23 Catriona Pennet  
19.06 Marie Dobson  
17.30 Jade Halket

**VETERAN WOMEN****60m**

8.78i Kathleen Madigan (W45)

**100m**

13.72 Kathleen Madigan (W45)  
15.28 Penny Johnson (W50)  
16.25 Ruth Watson (W45)

**200m**

28.90 Kathleen Madigan (W45)  
32.23 Penny Johnson (W50)

**800m**

2:32.59i (2:34.7) Sonia Armitage (W50)

**1500m**

5:18.28i (5:28.0) Sonia Armitage (W50)

**Pole Vault**

2.20i Janet Lyon (W50)

**Long Jump**

5.25 Fiona Davidson (W40)

**Triple Jump**

11.35 Fiona Davidson (W40)

**Shot**

8.18 Fiona Davidson (W40)

**Discus**

20.81 Fiona Davidson (W40)

**Hammer**

28.34 Fiona Davidson (W40)

**UNDER-20 WOMEN****60m**

8.07i Sophia Hamilton  
8.07i Kelsey Stewart  
8.90i Sophie Evans  
9.29i Erin Runcie

**100m**

12.66 Sophia Hamilton  
13.69 Grace Angus

**200m**

24.82 Kelsey Stewart  
26.7 Sophia Hamilton  
27.76 Grace Angus  
30.15 Alexandra Angus  
30.59i Yasmin Mitchell

**300m**

40.63 Kelsey Stewart  
51.39 Yasmin Mitchell

**400m**

55.01 Kelsey Stewart  
62.24 Megan Bramwell

**800m**

2:09.25 Kelsey Stewart  
2:19.98 Lise Theron  
2:30.58 Megan Bramwell  
2:53.0 Kirsteen MacKay

**1,500m**

5:05.70i Lise Theron  
5:13.0 Lucy McLeod  
5:23.24 Ellen Stickle

**3,000m**  
11:59.83 Lucy McLeod

**1,500m Steeplechase**  
5:37.34 Lise Theron

**60m Hurdles**  
9.53i Sophia Hamilton  
9.91i Grace Angus  
10.08i Bronagh Miller

**100m Hurdles**  
15.9 Grace Angus  
16.4 Sophia Hamilton

**400m Hurdles**  
65.80 Lise Theron  
68.1 Sophia Hamilton

**High Jump**  
1.48i (1.42) Grace Angus  
1.30 Rachael Palmer

**Long Jump**  
5.17 Grace Angus  
5.10 Sophia Hamilton  
4.54 Rachael Palmer  
4.47 Erin Runcie  
4.06i Rachel Smith

**Triple Jump**  
9.14 Grace Angus

**Shot**  
10.86i (9.83) Alison Horne  
9.11i (9.03) Erin Runcie  
8.51i (8.50) Sophia Hamilton  
7.99 Grace Angus  
7.23i Sophie Evans

**Discus**  
32.90 Erin Runcie  
31.79 Alison Horne

**Hammer**  
33.89 Erin Runcie  
15.80 Sophia Hamilton

**Javelin**  
22.85 Sophia Hamilton  
18.15 Erin Runcie

**Pentathlon**  
2610 Grace Angus

**Pentathlon (indoor)**  
2724 Grace Angus

#### UNDER-17 WOMEN

**60m**  
8.08i Katie Forbes  
8.13i Rebecca Matheson  
8.39i Sarah Nicol  
8.43i Alix Still  
8.45i Katie Patullo

**100m**  
12.12 Rebecca Matheson  
12.61 Katie Forbes  
12.82 Rhia Badial  
12.98 Alix Still  
13.13 Georgia Summers

**200m**  
25.33 Rebecca Matheson  
26.0 Katie Forbes  
26.53 Alix Still  
27.09 Sarah Nicol  
27.51 Rhia Badial

**300m**  
41.7 Rebecca Matheson  
43.2 Sarah Nicol  
43.54 Talia Mathers  
44.52 Hannah McMahon  
44.9 Alix Still

**800m**  
2:17.09 Rebecca Eggeling  
2:17.70 Naomi Lang  
2:26.20 Talia Mathers  
2:26.96 Alix Still  
2:29.87 Hannah McMahon

**1,500m**  
4:39.60 Naomi Lang  
4:42.39 Rebecca Eggeling  
4:51.36 Clare Stewart  
5:17.84 Eva Prato Luna  
5:19.95 Hannah Mutch

**3,000m**  
10:42.4 Rebecca Eggeling

**60m Hurdles**  
9.29i Alix Still  
9.30i Georgia Summers  
9.50i Grace Carter  
9.82i Kate MacKay

**80m Hurdles**  
11.76 Alix Still  
11.93 Grace Carter  
12.23 Georgia Summers  
12.5 Kate MacKay

**300m Hurdles**  
48.17 Kate MacKay  
48.77 Georgia Summers  
49.07 Grace Carter  
53.9 Hannah McMahon

**High Jump**  
1.60 Kate MacKay  
1.54 Alix Still  
1.53 Talia Mathers  
1.40 Grace Carter  
1.35i Iona Colquhoun

**Pole Vault**  
2.20 Freya McKay

**Long Jump**  
5.32 Katie Forbes  
5.20 Alix Still  
4.94 Kate MacKay  
4.87i (4.80) Freya McKay  
4.59 Grace Carter

**Triple Jump**  
10.21 Kate MacKay  
9.69i Chloe Davie  
9.51 Grace Carter  
8.04 Hannah McMahon

**Shot**  
10.24 Alix Still  
9.20 Iona Colquhoun  
8.56 Kate MacKay  
8.36 Samantha Edgar  
7.31 Grace Carter

**Shot**  
8.28i Kristie Hindle

**Discus**  
23.50 Samantha Edgar  
21.17 Iona Colquhoun  
21.09 Alannah O'Donnell  
14.88 Hannah McMahon

**Hammer (4kg)**  
18.25 Samantha Edgar

**Hammer (3kg)**  
28.55 Samantha Edgar

**Javelin (500g)**  
30.91 Iona Colquhoun  
21.90 Alix Still  
18.34 Kate MacKay  
18.30 Samantha Edgar

**Pentathlon**  
3000 Alix Still

**Pentathlon (indoor)**  
3067 Alix Still  
2832 Kate MacKay

**Heptathlon**  
4412 Alix Still

#### UNDER-15 GIRLS

**60m**  
9.06i Ellie Summers  
9.07i Jane Davidson  
9.21i Carmen Neat  
9.31i Eilidh Shanks  
9.38i Emily Ironside

**100m**  
13.78 Eilidh Shanks  
13.84 Jane Davidson  
14.34 Vivienne Archibald  
14.54 Katie MacDonald  
14.54 Carmen Neat

**200m**  
29.33 Vivienne Archibald  
29.65 Jane Davidson  
29.7 Carmen Neat  
30.1 Kirsty Oldham  
30.21 Eilidh Shanks

**300m**  
46.10 Kirsty Oldham  
48.16 Jasmine Collett

**800m**  
2:26.14 Kirsty Oldham  
2:31.10 Laura McNeil  
2:33.6 Jasmine Collett  
2:58.86 Carmen Neat  
3:05.33 Jane Davidson

**1,500m**  
5:05.25 Laura McNeil  
5:05.30 Kirsty Oldham  
5:15.83 Elizabeth McCall  
5:38.3 Jasmine Collett  
5:56.96 Lucy George

**60m Hurdles**  
9.96i Ciara Stenhouse  
10.24i Millie Skidmore  
10.25i Jane Davidson  
10.92i Carmen Neat

**75m Hurdles**  
12.4 Jane Davidson  
13.42 Carmen Neat  
13.61 Hannah Lawrie  
13.96 Millie Skidmore

**High Jump**  
1.53 Carmen Neat  
1.40 Olivia James  
1.35 Jane Davidson  
1.25 Holly Griffiths  
1.25 Kirsty Oldham

**Long Jump**

4.41	Jane Davidson
4.35	Carmen Neat
4.25	Katie MacDonald
4.16	Eilidh Shanks
4.13	Vivienne Archibald

**Shot**

8.81	Katie MacDonald
8.61	Lucy George
6.87	Olivia James
6.64i	Ellie Summers
6.07	Eilidh Shanks

**Discus**

15.77	Kassidy Mathers
15.13	Lucy George
14.10	Katie MacDonald
11.97	Hannah Lawrie
10.38	Kirsty Oldham

**Javelin**

21.22	Olivia James
17.70	Katie MacDonald
15.40	Lucy George
13.45	Carmen Neat
12.21	Hannah Lawrie

**Pentathlon**

1924	Jane Davidson
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**UNDER-13 GIRLS****60m**

9.47i	Sophie Jennings
9.50i	Emilia Jovcic
9.62i	Morag Shepherd
9.96i	Iona Hamilton-Thompson

**75m**

11.3	Iona Hamilton-Thompson
11.79	Adele Gillespie
12.33	Erin Williams
13.09	Ella Thoms

**100m**

14.27	Emilia Jovcic
14.40	Erin Williams
14.47	Ella Sherwood
14.50	Lindsey Ireland
14.80	Iona Hamilton-Thompson

**150m**

23.3	Iona Hamilton-Thompson
23.74	Morag Shepherd
24.5	Ella Thoms
25.15	Eilidh Dempsey

**200m**

30.55	Ella Sherwood
30.8	Iona Hamilton-Thompson
31.07	Morag Shepherd
31.63	Sophie Jennings
32.26	Erin Williams

**800m**

2:51.8	Eilidh Dempsey
2:55.45	Adele Gillespie
2:57.91	Ella Thoms
2:58.95	Ella Sherwood
3:01.93	Sophie Jennings

**1,200m**

4:37.47	Eilidh Dempsey
4:42.5	Adele Gillespie
5:03.7	Molly McLeod

**60m Hurdles**

11.06i	Emilia Jovcic
11.11i	Erin Williams
11.43i	Ella McKinnon

12.72i	Iona Hamilton-Thompson
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**70m Hurdles**

12.04	Erin Williams
12.65	Emilia Jovcic
12.96i	Ella McKinnon
13.72	Morag Shepherd
13.93	Ella Sherwood

**High Jump**

1.39	Erin Williams
1.37	Emilia Jovcic
1.30	Ella Thoms
1.26	Ella Sherwood
1.20	Hannah Ingram

**Long Jump**

4.25	Erin Williams
3.90	Ella Sherwood
3.81	Ella McKinnon
3.62	Iona Hamilton-Thompson
3.38	Lindsey Ireland

**Shot**

7.27	Ella Sherwood
6.31	Morag Shepherd
5.87	Emilia Jovcic
5.50	Erin Williams
5.36	Sophie Jennings

**Discus**

9.68	Iona Hamilton-Thompson
8.27	Morag Shepherd

**Javelin**

10.15	Iona Hamilton-Thompson
9.89	Morag Shepherd
8.18	Emilia Jovcic

**UNDER-11 GIRLS****60m**

10.21i	Angela Kelly
10.91i	Naomi Eggeling

**75m**

12.43	Angela Kelly
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**80m**

14.9	Charlotte Ritchie
15.0	Naomi Eggeling

**100m**

16.03	Angela Kelly
16.72	Abbi Collett
17.41	Daisy Waite
17.47	Naomi Eggeling
17.7	Charlotte Ritchie

**200m**

36.0	Abbi Collett
36.9	Naomi Eggeling

**600m**

2:18.1	Abbi Collett
2:21.9	Naomi Eggeling
2:32.95	Angela Kelly

**800m**

3:09.87	Abbi Collett
3:16.5	Naomi Eggeling
3:32.17	Angela Kelly

**High Jump**

1.00	Naomi Eggeling
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**Long Jump**

3.22	Sophie Jennings
3.14	Angela Kelly
2.99	Naomi Eggeling
2.90	Abbi Collett

**Shot**

5.04	Angela Kelly
3.66	Naomi Eggeling
3.15	Abbi Collett

**Javelin**

10.31	Angela Kelly
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# MEMBERSHIP INFORMATION

## HONORARY LIFE MEMBERS

Sonia Armitage  
Rhona Auckland  
Alan Bews  
James Davidson  
Dorothy Davidson  
Mel Edwards  
Ken Hogg  
Joyce Hogg  
Linda Kemp  
Terry Kerr  
Trevor Madigan  
Bob Masson  
Alison Mathieson  
Miller Mathieson  
Ian Morrison  
Denis Shepherd  
Sheila Smart  
Hunter Watson

## HONORARY MEMBERS – 2015/2016

David Beattie, Forbes Bruce, John Crossman, Andy Dobbie, Linda Dobbie, Ernie Dunster, Hugo Fletcher, Frank Gauld, June Ingram, Eleanor MacKay, Frances Murray, Sheena Pirie, Edwin Reid, John Shepherd, Grant Smith, Colin Young, Colin Youngson

## COMMITTEE – 2015/2016

President	Mark Davidson	01224 310488
Vice President	Stan Walker	
Secretary/Communications Officer	Craig Mathers	
Finance Officer	Eddie McKenzie	
Coaching Co-coordinator	Joyce Hogg	01224 703434
Competition Co-ordinator	Nichola Crawford	
Officials Co-ordinator	Vacant	

Committee Members Ewan Calder, Alan Dick, Conor Hewitson, Liz Hewitson, James Joy and Jon Millar

Welfare Officer Nichola Crawford

Ex Officio:

Club Manager – Brian Pahlmann

Pathways Development Officer – Ruth Watson

## EQUIPMENT

A discount is offered by Run 4 It, 21 Holburn Street, Aberdeen and The Running Shop, 193 George Street, Aberdeen

## TROPHY WINNERS – 2015

### MEN

Anderson Shield – Sprints	Robbie Shaw
Middle Distance Shield	No award
Bond Cup – Jumps	Sam Lyon
Throws Cup	Eddie McKenzie
Al Kindregan – 800 metres	Athol Burnett
Simon Wynn – 1500 metres	No award
Overall Veteran Cup	Eddie McKenzie
Veteran Over-40 Cup	Eddie McKenzie
Veteran Over-50 Shield	James Macgregor
Veteran age-graded Cup	James Macgregor
Geoff Burton – U-17 Men's Throws	Callum Davidson
Junior Men's Merit Cup	Daniel Rees
King Trophy – U-17 Merit	Stewart Millar
City of Aberdeen – U-15 Merit	Harry Hall
Angus Cup – U-13 Merit	Athol Gordon
U-11 Merit Shield	Kai Crawford
10km Road Salver	Michael Simpson
Half Marathon	Ray Creswell
Alex King Trophy (over-40 half-m)	Ray Creswell
James Youngson Trophy (over-50 hm)	Ray Creswell
Dinesh Lutchman Trophy	
Novice Sprinter	Arran Phommavanh

### WOMEN

Sprints Shield	Marie Dobson
Middle Distance Shield	No award
Jumps Shield	No award
Throws Trophy	Erin Runcie
Ron Kitchen Shield – 400 metres	Zoey Clark
Joy L Edwards – High Jump	Kate MacKay
Veteran O-35	No award
Veteran O-45	No award
Veteran age-graded Cup	No award
Ladies' Merit Cup	Rhona Auckland
U-20 Merit Cup	Kelsey Stewart
U-17 Merit Cup	Alix Still
Bank of Scotland U-15 Merit Cup	Carmen Neat
U-13 Merit Cup	Erin Williams
Founders' Cup – U-11 Merit	No award
10km Road Salver	Nicola Gauld
Half Marathon	Kerry Prise
John Leys Memorial Trophy	Rebecca Matheson
Miller Mathieson Quaich	Fiona Davidson
Douglas Smart Memorial Shield	
Novice Javelin Thrower	Angela Kelly
Jackie Dunster	
Most Improved	Erin Williams

Hunter Construction Trophy – best team performance  
Men's track & field team

1. The Club shall be called ABERDEEN AMATEUR ATHLETIC CLUB.
  2. The purposes of the club are to provide facilities for and promote the amateur sports of athletics in the City of Aberdeen and the surrounding area and community participation in the same.
  - 3 (I) Membership of the club shall be open to anyone interested in the sport on application regardless of sex, age, disability, ethnicity, nationality, sexual orientation, religion or other beliefs. However, limitation of membership according to available facilities is allowable on a non-discriminatory basis.
    - (ii) The club may have different classes of membership and subscription on a non-discriminatory and fair basis. The Club will keep subscriptions at levels that will not pose a significant obstacle to people participating.
    - (iii)The club committee may refuse membership, or remove it, only for good cause such as conduct or character likely to bring the Club or sport into disrepute. Appeal against refusal or removal may be made by means of the complaints procedure set out in clause 18.
  4. (I) the committee may enrol honorary members into the club.
    - (ii) Honorary membership shall be for one year, but it may be renewed.
    - (iii) Honorary members shall not be eligible to represent the club in competition, but shall otherwise have the same privileges as other members.
  5. (I) Life membership shall be granted to members of the club by the membership at an AGM. Nominations shall be made in writing by a member of the club to the committee at a committee meeting preceding the AGM.
    - (ii) Certain criteria must be satisfied before the committee put forward a nomination to the AGM. Criteria will include *inter alia* membership of the club for a minimum total period of 25 years, an outstanding performance at any time whilst representing the club or their country internationally, representation at an international level at a major championship, or generally providing an outstanding contribution towards the club over a significant period of time. Satisfaction of any such criteria will be at the discretion of the committee.
    - (iii) A life member shall have the same privileges as ordinary members but need not pay a subscription.
  6. (I) The office-bearers of the club shall consist of a president, vice-president, secretary/communications officer, finance officer, coaching co-ordinator, competition co-ordinator and officials co-ordinator. These, together with a minimum of five other members, shall form the committee of the club.
    - (ii) A committee shall be elected at each annual general meeting of the club. Only club members are eligible to serve on the committee.
    - (iii) The committee may fill any vacancy which occurs within it.
    - (iv) Five members shall form a quorum at committee meetings.
    - (v) The committee shall normally meet once every month or at any time on the requisition of the president, secretary or any three members of the committee.
    - (vi) The minimum period of notice of a meeting shall be 48 hours.
  7. (I) the committee may appoint sub - committees.
    - (ii) Non-members of the committee may be co-opted to these sub-committees.
    - (iii) Conveners of sub - committees shall report to meetings of the full committee.
    - (iv) The quorum at a sub - committee meeting shall consist of not less than one half of the members of the sub - committee.
  8. (I) an annual general meeting shall be held between 1<sup>st</sup> October and 15<sup>th</sup> November each year.
    - (ii) Items for inclusion on the agenda must be received by the Secretary in writing not later than the preceding 31st August.
  9. The business at an annual general meeting shall include:
    - (I) Minutes.
    - (ii) Secretary's report.
    - (iii) Treasurer's report and audited financial statement.
    - (iv) Amendments to the constitution.
    - (v) Election, by ballot, of a committee.
    - (vi) Determination of the subscriptions for the following year.
    - (vii) Other business of which due notice has been given.
    - (viii)Any other competent business. (Decisions on business brought up under this heading shall be made by the committee).
  10. Special general meetings may be called at any time by the committee or upon a written request signed by at least twelve members.
  11. Each annual or special general meeting shall be called by a notice sent to members at least seven days before the date of the meeting. The notice shall enumerate the items of business.
  12. (I) Members under fourteen years of age shall not be eligible to vote at any general meeting of the club.
    - (ii) Twenty members aged fourteen or over shall constitute a quorum at any general meeting.
  13. At any general meeting, committee or sub – committee meeting the person presiding shall, in the event of equality of voting, have a casting vote in addition to his normal vote
  14. The financial year of the club shall end on 30th September.
  15. The club shall be affiliated to Scottish Athletics Limited.
  16. The club colours shall be a white vest with two red hoops surmounted by a motif.
  17. (I) Subscriptions shall be payable on 1st January each year.
    - (ii) Any member who is one month in arrears with his or her subscription shall be deemed to have resigned from the club.
  18. (I) at the first committee meeting after the AGM, a disciplinary pool of at least five members of the club shall be agreed.
    - (ii) Any club member, or other relevant person, may ask the committee to investigate the conduct of another club member, which he/she considers is or may be injurious to the interests of the club. Such a request must be in writing and shall be addressed to either the secretary or the president of the club.
    - (iii) Upon receipt of a written complaint, the secretary or president as appropriate will arrange, as soon as possible, a meeting of at least two members of the disciplinary pool who will consider the complaint and decide on its merits. There will only be three possibilities;
      - The complaint is not serious enough to merit further action;
      - It is inappropriate for the club to investigate the complaint;
      - The complaint merits further action by the club.
- In all circumstances an outline of the complaint will be made known at the next committee meeting for ratification of the decision, after which the complainant(s) will be informed.
- (iv) If it has been decided that the complaint merits further action, then the secretary or president will convene a hearing of a disciplinary panel, comprising at least three members of those agreed by the committee, failing which other club members. No person will form part of any disciplinary panel if he / she were in any way involved in the incident(s) complained of, or is related in any way to the complainant or person complained against.
  - (v) The disciplinary panel will make such arrangements as it alone considers necessary to hear the complaint, including making such further enquiries as it sees fit.
  - (vi) The secretary or president will write to the member complained against giving details of the allegations and inviting the member to attend a disciplinary hearing, by sending a letter by registered post to the last known address of the member, or by hand if appropriate. This letter will be sent at least 10 calendar days prior to the date of the proposed hearing. The disciplinary panel shall allow the person against whom the allegations have been made the right to be present and to be accompanied and/or represented.
  - (vii) Should the disciplinary panel consider the hearing to be inconclusive, or should it require further information, then it will have the right to arrange a second hearing, following the procedure in (VI) above.
  - (viii)Within 14 days of the hearing the disciplinary panel will notify the member involved of its decision. It shall have the right to dismiss the complaint, suspend or expel the member, or impose such other penalty as it sees fit.

(ix) A member who has been found guilty of misconduct by the disciplinary panel may, within 30 days of receipt of a letter intimating that finding and any consequent penalty, appeal against the finding and/or the penalty. Such appeal(s) shall be in writing to the secretary or president and shall lay out the grounds for the appeal(s).

(x) Any appeal(s) will be considered by the committee at its next meeting after receipt of the appeal(s). The members of the disciplinary panel may speak at such a meeting, but may not vote on the appeal(s).

(xi) The decision of the committee on the appeal(s) shall be final.

19. (i) The property and funds of the club cannot be used for the direct or indirect private benefit of members other than as reasonably allowed by this constitution and all surplus income or profits are reinvested in the club.

(ii) The club may provide sporting and related social facilities, sporting equipment, coaching, courses, insurance cover, medical treatment, away-match expenses, post-match refreshments and other ordinary benefits of Community Amateur Sports Clubs as provided for in the Finance Act 2002.

(iii) The club may also in connection with the sports purposes of the club:

(a) sell and supply food, drink and related sports clothing and equipment;

(b) employ members (though not for playing) and remunerate them for providing goods and services, on fair terms set by the committee without the person concerned being present;

(c) pay for reasonable hospitality for visiting teams and guests;

(d) indemnify the committee and members acting properly in the course of the running of the club against any liability incurred in the proper running of the club (but only to the extent of its assets).

(iv) The committee will have due regard to the law on disability discrimination and child protection.

20. (i) The members may vote to wind up the club if not less than three quarters of those present and voting support that proposal at a properly convened annual or special general meeting.

(ii) The committee will then be responsible for the orderly winding up of the club's affairs.

(iii) After settling all liabilities of the club, the committee shall dispose of the net assets remaining to one or more of the following:

(a) To another club with similar sports purposes which is a registered charity and/or

(b) To another club with similar sports purposes which is a registered CASC and/or

(c) To the sport's governing body for use by them for related community sports.

21. Any member wishing to resign from the club should inform the secretary in writing.

22. (i) No alteration to this constitution shall be made except at a general meeting by a vote of at least two - thirds of the members present and eligible to vote.

(ii) Notice of any motion to alter this constitution shall be made in writing to the secretary at least four weeks before the meeting at which it is to be considered.

(iii) The secretary shall include such a motion in the notice calling the meeting.

23. Where there is any conflict between any of the above clauses, clauses 2, 3, 19 and 20 ("key clauses") will take priority. Interpretation of all the clauses must be consistent with the statutory requirements for CASCs (which means Community Amateur Sports Clubs as first provided for by the Finance Act 2002).

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